## Associate of Science at Rogue Community College Articulated with Outdoor Adventure Leadership (OAL) at Southern Oregon University

Origination: 2020/21 Academic Year- until Revisited or terminated by RCC or SOU Revised Fall 2022

## About the Program

The Associate of Science degree has been developed with the cooperation and support of Southern Oregon University (SOU). The degree is fully articulated with SOU's Outdoor Adventure Leadership (OAL) program and allows students to transfer directly as juniors and to become admitted into the program at Southern Oregon University with no loss of credits to pursue a bachelor's degree.

Students should contact the SOU program early in the first year of their AS program to be advised about additional requirements and procedures for admission to the school or program. Students should be aware that if they transfer before completing this degree, their courses will be evaluated individually toward the general education requirements in effect at SOU.

## **Entry Requirements**

Students are required to take a college placement test to determine skill level and readiness indicated by test scores. As part of their program, students must begin with the courses within their skill levels as determined by placement test scores.

## **Advanced Standing**

Coursework from accredited colleges and universities will be accepted in accordance with college policies. A maximum of 24 vocational credits are transferable to SOU, and will be counted as elective credit. To ensure coursework is current, program courses over ten years old must be reviewed and approved by the appropriate department head before being accepted toward course requirements.

## **Graduation Requirements**

The Associate of Science degree will be awarded to students who complete all credits in this program with a grade of "C" or better. Some required courses may be graded on a pass/no pass basis. A grade of "P" for these courses indicates a student earned a "C" or better grade.

Note: Students who graduated from high school or completed a high school equivalency program in 1997 or after must have the following requirement for admission to a four-year Oregon state college or university: 1) two years of the same high school-level language, or 2) two terms of college-level language with a grade of "C-" or better (may be first-year language which can be used as elective credits). Students planning to complete a Bachelor of Arts (BA) degree at a four-year school will be required to complete the equivalent of one year of study of a foreign language at the second-year level (or above) before graduation.

## **Contacts:**

**RCC-** Rhonda Misner- Health, PE and Recreation Department Chair 541-956-7206 <u>-RMisner@roguecc.edu</u>

**SOU**- Adam Elson- Senior Instructor Health Physical Education and Leadership 541-552-6857 <u>elson@sou.edu</u>

# Course Requirements for the Associate of Science Articulated with the Outdoor Adventure Program at SOU

## Prerequisite courses for the AS degree at RCC

Please work with an RCC advisor to determine the pre-requisites you may need.

CS/CIS course 3-4 credits CS120 or above (0-4)

MTH95 Intermediate Algebra or MTH 96 Applied Algebra II or designated placement score (0-4) WR115 Introduction to Expository Writing or designated placement test score (0-3)

Total prerequisite credits (0-11)

## **General Education Requirements**

#### Writing and Oral Communication 12 credits

WR121 English Composition I (4)WR122 English Composition II (4) credits orWR227 Technical Writing (4)

Choose one Comm course from the following list: COMM218 Interpersonal Communication (4)

COMM111 Fundamentals of Speech (4)

COMM 225 Small Group Communication (4)

#### Mathematics 4-8 credits 1 course required

MTH243 Probability and Statistics (4)

Note: The Bachelor of Science degree requires two courses (7 or more credits) of math, designated programming, statistics, or logic courses. The second course may be completed at RCC or SOU. Please see your advisor for more details.

#### Humanities 9-12 credits

RCC recommended courses that will transfer to satisfy SOU's Humanities. Choose to meet at least 9 credits for transfer.

PHL101	Philosophical Problems (3)	
ENG275	The Bible as Literature (4)	
MUS105	Music Appreciation (3)	
REL201	World Religions (4)	
REL243	Nature, Religion and Ecology (4)	
PHL102	Ethics (4)	
HUM101	Introduction to Humanities (3)	
ENG107	World Literature (4)	
Other RCC courses that can apply to this requirement can be found on the SOU General Education		
Transfer Guide .		

Note: The Bachelor of Arts (BA) degree requires completion of 1 year of the same foreign language at 2nd year level or above, or 4 years of the same foreign language in high school (Cor better), or successful completion of a proficiency exam. Second year foreign language may simultaneously count for Humanities and the BA requirements

#### **SOCIAL SCIENCE 9-12 credits**

Choose courses that will complete the Social Science course requirement from the <u>SOU General</u> <u>Education Transfer Guide</u>. Choose course to meet at least 9 credits for transfer.

#### SCIENCE 11-12 credits

Three science courses two must have labs.Recommended RCC coursesG101/LIntroduction to Geology and lab (4)G102/LIntroduction to Geology II and lab (4)BI100SBBiology of Human Systems (3)Other RCC courses that can apply to this requirement can be found on the SOU General EducationTransfer Guide .

Total General Education Credits 45-52

## **CORE COURSES**

Courses marked with an asterisk can also be used to satisfy SOU General Education Requirements. It is highly recommended students work with an RCC advisor to choose the best courses.

#### **Program Specific Courses**

\*ENV111 Introduction to Environmental Science (3) This course can apply to SOU's lower division non-lab science requirement or

\*GEOG 110 Intro to Cultural and Human Geography (3) This course can apply to SOU's lower division Social Science requirement or \*GEOG120 World and Regional Geography (3) This course can apply to SOU's lower division Social Science requirement

HE253 Wilderness First Aid/CPR (3)

HE 131 Introduction to Exercise and Sport Science (3)

\*HE 250 Personal Health (3)

This course can apply to SOU's Social Science requirement

\*HPE 295 Health and Fitness for Life (3)

This course can apply to SOU's Social Science requirement

HE 259 Care and Prevention of Athletic Injury (3)

NFM225 Nutrition (4)

OAL150 Outdoor Living Skills (3)

OAL223 Wilderness Navigation (2)

OAL250 Foundations in Outdoor Leadership (3)

Credit Totals-21 accounting for courses that are required and also apply to SOU's lower division general education

## LAND CORE COURSES 3 credits

Choose a Minimum of 3 from the following

- PE185BMT Mountain Biking (1)
- PE185BPA Backpacking Adventure (1)
- PE185CRD Road Cycling (1)
- PE185HOA Hiking Oregon Adventure (1)
- PE185MTA Mountaineering Adventure (1)
- PE185RCA Rock Climbing Adventure (1)
- PE185RCB Rock Climbing Beginning (1)
- PE185SSS Snow Skiing/Snowboarding (1)
- PE185WSA Winter Survival and Snow Camping Adventure (1)
- PE185ZLG Zipline Guide Technical Skills (1)

## WATER CORE COURSES 3 credits

- Choose a minimum of 3 from the following
- PE185RRV River Rafting Adventure (1)
- PE185SUA Surfing Adventure (1)

PE185SKSA	Kayaking the Sea Coast Adventure (1)		
PE185KWW	Kayaking Whitewater (1)		
PE291	Red Cross Life Guard Training (2)		
Other required courses for the RCC AS degree:			
LIB127	Intro to Academic Research (1)		

#### APPROVED PROGRAM ELECTIVES

Complete 6-15 credits to reach 90 credits for the AS degree. Courses marked with an asterisk can also be used to satisfy SOU General Education requirements. SPAN 101,102and 103 are recommended, work closely with an RCC advisor to determine the courses best to complete the AS degree.

SPAN101	First Year Spanish I		
SPAN102	First Year Spanish II		
SPAN103	First Year Spanish III		
HE199	Special Studies in Health (1-3)		
HE208	HIV and Other Epidemics (1)		
*HE	250 Personal Health (3)		
HE 250 Personal Health (3) is not a required c			

HE 250 Personal Health (3) is not a required course but it is an approved program elective for the RCC AS in OAL and will apply to the SOU lower division general education Social Science requirement.

PE184 Adaptive Physical Education

PE185 Any physical education course not required within core requirements (3)

PE199 Special Studies in Physical Education (1-3)

PE280 CWE/Physical Education (2)

Any lower division transfer course not already required-variable credit

Total credits 90-92