

Tested positive for Covid-19



- Isolate for 5 days
- Wear a mask for 5 days after isolation ends
- Follow CDC guidelines at [CDC guidance](#)

*See page 2 for guidance on household member positive, household member or classmate is a close contact*

**KEY DEFINITIONS**

**Close contact/exposed:** [Exposure risks](#)

**Isolation** separates individuals who have tested positive for Covid-19 from other people

**Symptoms** include but are not limited to one or more of the following: fever, sore throat, cough, body aches, loss of taste or smell, headaches, fatigue, etc.

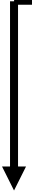
Close Contact/Exposed to someone who tested positive for Covid-19



Do I have symptoms?

YES

NO



- Stay home for 5 days
- Get tested on day 6
- If negative test result wear a mask for additional 5 days after testing
- If positive test result refer to guidance for positive Covid-19
- Follow CDC guidelines at [CDC guidelines](#)

- Wear a mask for 10 days
- Get tested on day 6
- If symptoms develop follow "Yes, I have symptoms" protocol
- If positive test result refer to guidance for positive Covid-19
- Follow CDC guidelines at [CDC guidelines](#)

If you are exhibiting any symptoms stay home and call SHWC (541-552-6136) for guidance

Household member (roommate, family member, significant other, etc.) tests positive for Covid-19



- Separate from household member, if possible (i.e., if sleeping in same bed, sleep on couch)
- Wear a mask for 10 days
- Get tested on day 6
- If positive test result refer to guidance for positive Covid-19
- If symptoms develop follow “Yes, I have symptoms” protocol (pg. 1)
- Follow [CDC guidelines](#)

Household member (roommate, family member, significant other, etc.) is a close contact/exposed to someone who tested positive for Covid-19



This means you are a contact of a contact and do not need to follow any restrictions.

- UNLESS the household member tests positive.
  - THEN follow the “household member tests positive for Covid-19 guidelines”.

My classmate/friend was in contact with someone who tested positive for Covid-19



This means you are a contact of a contact and do not need to follow any restrictions.

- UNLESS the classmate/friend tests positive.
  - THEN follow the “close contact/exposed to someone positive for Covid-19 guidelines” (pg. 1)

If you are exhibiting any symptoms stay home and call SHWC (541-552-6136) for guidance