

Osher Lifelong Learning Institute
OLLI *at* **SOU**
Southern Oregon University



Fall 2025 Course Catalog

September 15 to November 21, 2025

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Come for the Classes, Stay for the Connections

SENIOR LIVING. SOUTHERN OREGON STYLE.



THE HEART OF SOUTHERN OREGON.

Ask a dozen people where to find it and you'll get a dozen answers.

But, of course, Rogue Valley Manor senior living might just be the correct answer.

Not only is there so much to do both on campus and off, but it also has the nicest, most incredible group of residents you could ever meet.

Come see for yourself.

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Call today for more information
or to schedule a visit.

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Osher Lifelong Learning Institute

OLLI *at* SOU

Southern Oregon University

Contacting OLLI at SOU

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Web: sou.edu/olli

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Ashland, OR 97520

SOU Campbell Center (Office and Classrooms)

655 Frances Lane

Ashland, Oregon

Office Hours

Monday-Friday

9 a.m. to 4 p.m.



On the Cover

A Japanese maple at Lithia Park shows fall colors.

Photo by Bob Palermini

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& Anne Coleman, Co-Chairs

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FALL 2025 Course Catalog

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SHARE YOUR PASSION!

Teach with OLLI at SOU

- Use your special knowledge to connect with others.
- No teaching experience or membership required.
- Create your own course, on Zoom or in-person.

For details,
scan the
QR code.



Winter 2026 Course Proposals Accepted Aug. 1-31

To join the list of prospective instructors to receive course-proposal deadline notices and training information, email Anne Coleman at apcoleman2019@gmail.com.

Did you know? Membership fees only cover about *half* of our operating costs!

Give to OLLI at SOU



Donate online at
giving.sou.edu/olli



Gifts to OLLI's Annual Fund support organizational operations and other areas of need.
Thank you for your generosity!

OLLI Leadership 2025-2026

Council Directors

John Schuyler, President
Sarah Tisch, Vice President and
President-Elect
Myrna Hall, Treasurer
Mary Devlin, Secretary
Colet Allen, Director
Tony Davis, Director
Fernando Gapasin, Director
Ann Magill, Director
Tom Woosnam, Director

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Ginny Blankinship and Anne
Coleman, Co-chairs
Finance
Myrna Hall, Chair
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and Recruitment
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Chair TBA
Programs and Activities
Karla Langland, Chair
Venue and Technology
Lorraine Vail, Chair

OLLI at SOU Administration

Administrative Director
Heather Inghram
Office Assistant
Paige Jensen
Program Specialist
Megan Rutherford

Greetings From the OLLI Council President

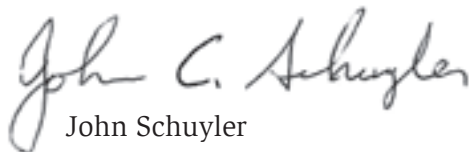
Welcome back to OLLI at SOU for the 2025 fall term. Whether you are new to OLLI or a seasoned member, I hope that you find the best way to personally engage with OLLI — whether as a student, instructor or volunteer.

The 2025-26 year promises to be another rich and successful year for OLLI. Here are a few items I want to share:

- We're continuing the Travel Pilot Project to ensure that we have sufficient feedback on a variety of trips, both extended overnight trips and local day trips. The information we gather will help us design the best possible program.
- This year is the first of five for the implementation of the 2030 Strategic Plan. Our goals are to make OLLI more sustainable, structurally sound, provide quality curriculum and facilitate social connections within our communities.
- We will soon have more details on the entity selected to develop an Older Adult Living Community on the SOU site next to the Campbell Center. We will learn how many people it might serve, the type of facilities provided and when construction will begin.
- Stay tuned for details on a theatrical production scheduled for next spring. The fun-filled show will raise funds for OLLI.

Our website is a great source of information and the easiest way to enroll in courses. Also, be sure to check out the weekly Newsflash for important news, especially for a great lineup of one-time programs beginning in September.

Sincerely,



John Schuyler
Council President, OLLI at SOU



John Schuyler

Older Adult Living Community Partnership

Stay up-to-date on the progress of the older adult living community at the former site of Cascade Hall, adjacent to OLLI's home base of the Campbell Center.

Visit sou.edu/older-adult-living-community-provider-partnership



Join and register online at sou.edu/olli

- 1** Join OLLI at SOU if you are not yet a 2025-26 member.
Visit the [Join/Renew](#) webpage or see page 63.
- 2** August 11-22, submit up to three **Priority Registration** course requests on the [Catalog/Register](#) webpage.
- 3** On August 29, receive the status of Priority Registration course requests by email.
- 4** Beginning September 2, register for any open course during **Open Registration**.

Important Registration Dates – Fall 2025


August 11, 9 a.m.	Priority Registration Begins
August 22, 4 p.m.	Priority Registration Ends
August 29	Priority results emailed out with status of registered or waitlisted
September 2, 9 a.m.	Open Registration Begins Access our online course catalog at sou.edu/olli .
September 15	Fall Term Begins
November 21	Fall Term Ends


Identification of a Course Type and Location

 **In-person** course numbers include a letter at the end that denotes where the course meets.

A = Ashland/Talent **M** = Medford

 **Online** course numbers do not have a letter.

 **Hybrid** courses offer simultaneous in-person and online participation options. Register for the one option that you prefer. The in-person section has a letter at the end of the course number (SOC139A). The online section does not have a letter at the end (SOC139).

 Indicates the course requires a signed liability waiver.

Primary Course Locations

Ashland

SOU Campbell Center
655 Frances Lane
Ashland, OR 97520

Medford

RCC/SOU Higher Education Center
101 S. Bartlett St.
Medford, OR 97501

Medford

Rogue Valley Manor Skyline Plaza
1 Skyline Drive
Medford, OR 97504

NOTE: Parking information and directions: sou.edu/olli/about/contact. Addresses for courses held at other locations are included in each course description.

 Find our registration tutorial videos at www.youtube.com/@OLLlatSOU

Volunteers Make the Difference at OLLI

Since its inception 32 years ago, the Osher Lifelong Learning Institute at SOU has successfully lived its mission of being a member-run organization. The hundreds of volunteers who give of their time and talents are the secret sauce to OLLI at SOU's success. There were more than 200 volunteers who taught OLLI courses last year — the highest number on record. Other volunteers staffed events, led work teams and served on committees or the OLLI Council.

OLLI volunteers are the heart of this program. We congratulate and applaud all of our incredible volunteers for their leadership, generosity and commitment to create a vibrant, inclusive community and to make lifelong learning accessible to everyone.

As we continue our post-COVID comeback, we need you more than ever. OLLI can't thrive — or even function — without each and every volunteer. We encourage you to consider teaching a course, starting a Shared Interest Group or participating in our welcome-back social in September. Maybe you're interested in caring for the Campbell Center garden or spending a few hours per week helping in the OLLI office. Whatever your passion, we are sure you can find an avenue to nourish it at OLLI at SOU.

Remember: Come for the classes, stay for the connections.

Our best,



Janet Fratella, Vice President of University Advancement and Executive Director, SOU Foundation



Heather Inghram, OLLI at SOU Administrative Director



Janet Fratella



Heather Inghram



MEMBERSHIP BENEFITS

*Come for the classes,
Stay for the connections*

- ▶ Attend members-only social events throughout the year.
- ▶ Partake in one-time presentations and exciting activities.
- ▶ Participate in Shared Interest Groups and Talk to Us interviews.
- ▶ Unlock access to 300-plus courses over three terms.
- ▶ Learn from passionate instructors without the pressure of tests or grades.
- ▶ Embark on local, national and international travel adventures.
- ▶ Check out SOU Hannon Library materials free through the one-credit program.
- ▶ Receive \$10 off Friends of the Hannon Library at SOU membership.
- ▶ Purchase \$5 tickets to the Oregon Center for the Arts by visiting oca.sou.edu and choosing "OLLi" at checkout.
- ▶ Enjoy \$5-\$10 tickets to SOU athletic events (ticket price varies depending on sport) at sou Raiders.com. Choose "OLLi" at checkout.
- ▶ Engage in OLLi at SOU to bring what you want to see!

OREGON
CENTER FOR THE ARTS
AT SOUTHERN OREGON UNIVERSITY



Visit sou.edu/olli/get-involved/join for more information and to join today!

OLLI COURSES FALL 2025

Courses are listed by day of the week, then chronologically by start date.
Course descriptions begin on Page 10.

For the most up-to-date information on courses, visit the online course catalog at sou.edu/olli

























In-person:  Online:  Hybrid: 

TITLE	COURSE NUMBER	START DATE	SESSIONS	PACIFIC TIME	INSTRUCTOR(S)	FORMAT	PAGE
Monday							
Absolute Beginners American Mah-Jongg	REC318A	9/15	5	9–10:30	Jurta		41
Brush Up Your Russian	LANG171A	9/15	10	9–10:30	Levitt & Taylor		22
Gutenberg to TikTok: Media History and Its Impact	HIST313M	9/15	4	9–11	Meyer		19
The Body's Wisdom: Discovering the Chakra System	PERS343A	9/15	7	9–10:30	Schultz		40
The Cultural Legacy of Historic Monuments	HIST326M	9/15	2	10–noon	T. Anderson		21
Autumn Decor: Pumpkin Variations and Wreaths	REC311A	9/15	2	11–1	Ortiz		42
Home Maintenance and Repair	LIFE312A	9/15	9	11–12:30	Hrdlicka		25
Home Transition: Sell, Buy or Move to Senior Care	LIFE305	9/15	5	11–12:30	Berns		26
Playful Art 2	ARTS327A	9/15	4	11–12:30	Esposito & Fields		16
Broadway Musicals, Small Hits and Near Misses, Part1	ARTS363A	9/15	6	1–3	Fishel		13
Cybersecurity in an Online World	STEM130	9/15	8	1–2	T. W. Anderson		46
Exploring the Geography of the Pacific Northwest	NAT318A	9/15	2	1–3	T. Anderson		34
The World of Salads	REC324A	9/15	4	1–2:30	Pratt		45
Free the Ribs	MOV313A	9/15	6	2–3	Forest		33
Absolute Beginners Pickleball	REC103A	9/15	5	2:30–4	Frank		41
How Do Rogue Valley and European Wines Compare?	REC320A	9/15	6	3:30–5	Pratt		43
Introduction to Tai Chi for Health and Longevity	MOV144A	9/15	6	3:30–4:30	Forest		33
Learn How to Play Bridge!	REC321A	9/22	8	9–10:30	Yates		43
Imperial Fabergé: Jewelers to the Tsars	ARTS369	9/29	2	1–2:30	Rudie		15
Advanced Beginners Pickleball	REC137A	9/29	5	2:30–4	Frank		41
Landscapes With Chalk Pastels	ARTS370A-1	10/13	2	11–12:30	Wilkinson		15
Physics for Nonphysicists: Musical Instruments	STEM105A	10/13	6	11–12:30	Johnson		47
Journaling With Joy!	PERS243	10/13	2	1–3	Friedlander		38
Have Fun Learning About Birds	NAT130A	10/20	4	9–10:30	Rio		34
Hawks!	NAT135M	10/20	4	10:30–11:30	Ashford		35
Finding Home: Two Novels by Kate DiCamillo	LIT328A	10/20	3	11–12:30	Spence		29
Revisiting Our Founding Documents	SOC337M	10/27	2	9–10:30	Frohnmayr		52
Celebrating the Beauty We Have Lived	PERS337A	10/27	4	11–1	Assenmacher		37
Landscapes With Chalk Pastels	ARTS370A-2	10/27	2	11–12:30	Wilkinson		15
The Practice of Deep Attention for Writers	ARTS374A	10/27	4	11–1	Oberhansly		18
Round Kumihimo Braiding	REC301A	10/27	4	1–3	P. Foster		44
Completing Your Oregon Advance Directive	LIFE125A	10/27	4	1:30–3:30	Kliejunas		24
Exploring 'The Reader': The Novel and the Film	ARTS358	11/3	3	1–2:30	Vail & Crothers		10

TITLE	COURSE NUMBER	START DATE	SESSIONS	PACIFIC TIME	INSTRUCTOR(S)	FORMAT	PAGE
Tuesday							
Hot News & Cool Views	SOC139	9/16	9	9–10:30	Vann		50
How the Alphabet Got Its Groove: Hidden Influencers	SOC334A	9/16	5	10:30–12:30	Mortensen		51
Beginning Guitar: Chords	ARTS332M	9/16	9	11–noon	Lawson		11
Best American Short Stories of the Century, Part 3	LIT112A	9/16	7	11–12:30	Kelly		29
Front Porch Music	ARTS307A	9/16	8	11–noon	Hale		11
Lesbian Culture, Community and Relationships	SOC316	9/16	9	11–1	Felicity		51
Dancing Through Time	MOV316A	9/16	9	1–2:30	Stephens		32
Innovative Approaches to Poetry	ARTS373	9/16	5	1–3	Jaffe		18
Mic Check: A Fun Introduction to Voiceover	ARTS360A	9/16	6	1–2:30	Wasserman		10
Unraveling the Mysteries of Consciousness	PERS273	9/16	5	1–3	Kalb		40
Becoming a Refugee: Six Ukrainian Women’s Stories	PERS315	9/16	6	1:30–3:30	Paré		37
Understanding Medicare: The ABCs (and D)	LIFE120A	9/16	2	3:30–5	B. Foster		28
Enhance Your Photos Through Post-Processing	ARTS368A	9/23	4	9–10:30	Palermi		15
Cook Along: Tomato, Tomahto — It’s All Delish!	REC136	9/23	2	3:30–5:30	Schack		42
Mediumship Development: Brazilian Style	PERS300A	9/30	7	11–12:30	Vala		38
JPR: The Little Engine That Could	ARTS359A	9/30	6	1–3	Kramer		10
Cut-Up Poetry	ARTS276A	9/30	4	3:30–5	Ehrman		18
Stress Relief: Deep Relaxation and Wisdom Teachings	PERS309A	10/7	5	1–3	Hubler		39
The ‘Painterly Print’: Beginning Monotype Workshop	ARTS372A	10/7	3	3:30– 6	Cavecche		16
Mindful Movement: Stretching and Qigong	MOV125	10/14	4	9–10:30	Raynolds		33
Plato’s “Charmides” or The Tyrant’s Temperance	SOC336A	10/14	2	10–11:30	Rhoades		51
17th Century Persia: Book Arts of Isfahan	ARTS366	10/14	5	11–12:30	Taylor		16
Older Drivers and Safety	LIFE308M	10/14	2	1–4:30	Wise		27
Accessing Inner Guidance	PERS102A	10/14	4	1:30–2:30	Lash		36
See Like a Geologist: The Landscapes of Iceland	STEM121A	10/14	4	3:30–5	Grove		48
The History of the English Language	LANG172	10/28	2	11–12:30	Engel		23

Wednesday

History of Money in America: Barter to Bitcoin	HIST323A	9/17	4	9–10	Lane		19
Introduction to Drones	STEM322A	9/17	4	9–10:30	Snow & Koonce		46
Organizing Computer Files on PCs	STEM324A	9/17	2	9–10	Campbell		47
Sacred Walks: Caminos and Other Ventures	PERS346	9/17	4	9–10:30	Poethig		39
The Constitution in Everyday Life	SOC146-1	9/17	4	9–10	Massie		52
Art of the Roman Empire	ARTS348A	9/17	7	11–12:30	Renwick		14
Ditch the Drama: Fall in Love With Being Yourself	PERS338	9/17	4	11–12:30	Altman		37
English Country Dance	MOV106A	9/17	10	11–12:30	Friendly		32
The Constitution in Everyday Life	SOC146-2	9/17	4	11–noon	Massie		52
Slow Down to Run Fast	REC323A	9/17	5	11:45–12:30	Forest		44
Adventure Awaits at Willow-Witt Ranch	NAT317A	9/17	3	12:30–2:30	Perry & Sheldon		34
A Glance at the Merry Wives in the Forest of Arden	LIT326A	9/17	2	1–3	Stitham		28
AI-Assisted eBook Stories: Your Life, Your Story	ARTS367A	9/17	8	1–3	Walker		14
Better Together: The Work of the City of Ashland	SOC312	9/17	9	1–2	Cotta		49

TITLE	COURSE NUMBER	START DATE	SESSIONS	PACIFIC TIME	INSTRUCTOR(S)	FORMAT	PAGE
Social Singing	ARTS318A	9/17	10	1–2:30	Friendly		11
The American War in Vietnam: Lessons Never Learned	HIST325A	9/17	5	1–2:30	Guy		20
An Introduction to the Ancient Practice of Dowsing	PERS336A	9/17	6	3:30–5	Bosbach		36
Living With Climate Change: The Rogue Valley	STEM323A	9/17	10	3:30–5:30	Journet & Conway		46
Nature Journaling in Your Backyard and Beyond	NAT319A	9/17	3	3:30–5:30	Laidlaw & Schroeder		35
The Scopes ‘Trial of the Century’	HIST327A	9/17	7	3:30–5:30	Ehrlich		21
WisdomCircle: JourneyBetween Your Heart and Soul 3.0	PERS269	9/17	4	6:30–8:30	Kaufman		40
Travel Sketching	ARTS357A	9/24	8	9–10:30	Barnes		17
Contemporary American Poetry	LIT205M	9/24	4	10–11:30	Jaffe		29
Ethics in an Age of Existential Crises	SOC314A	9/24	9	11–12:30	Kastenberg		49
Beginning Excel for PCs	STEM138A	10/1	8	9–10:30	Campbell		45
Gen Z Speaks: Literature’s Newest Stars	SOC338	10/1	2	10:30–noon	Ackerman		50
Effective Decision Making	PERS149	10/1	5	11–12:30	Mueller		37
Give the Soul What It Needs: Symbols and Metaphors	PERS340A	10/1	6	1–3	Hammond		38
John Quincy Adams: ‘A Bulldog Among Spaniels’	HIST324A	10/1	5	1–3	Stitham		20
Enjoy German!	LANG109A	10/8	7	11–12:30	Gorsch–Nies		22
Pirates!	HIST318	10/8	4	3:30–5	Drury		20
Plumbing the West: Dams, Ditches and Diversions	NAT111A	10/15	6	9–10:30	Schuyler		35
Twice–Told Tales	LIT330A	10/15	5	11–12:30	Keeling		30
Further Experiments in AI	STEM210	10/15	5	1–2:30	Jarrard		46
Resources for Pre– and Post–Procedure Care	LIFE317	10/15	5	6:30–8	Bellegia		27
Retirement and Your Money: What You Should Know	LIFE121A	10/22	3	1–2:30	Bleicker		27
Adventures in Travel	LANG105	10/29	4	3:30–5	Davis		22
Cook Along: Aprons in Autumn	REC319	11/12	2	3:30–5:30	Schack		42

Thursday

How Congress Works in the Trump Era	SOC113A	9/18	10	9–10	Runkel		50
The Songs of Lennon and McCartney	ARTS362	9/18	8	9–10:30	Caraher		12
The Anatomy of an Irish Session	ARTS344A	9/18	3	9–11	O’Sannell		12
Japanese Mah–Jongg	REC110A	9/18	8	10–noon	Gamble		43
A Twain Legacy: Tom Sawyer and Huckleberry Finn	LIT327A	9/18	5	11–12:30	Campbell & Silbaugh		28
Songwriting	ARTS211	9/18	8	11–12:30	Caraher		12
‘This Is Happiness’	LIT329A	9/18	4	11–12:30	Chetron		30
A Simple Explanation of the Gnostic Gospel	PERS345A	9/18	10	1–2:30	Ropp		36
Aging Together, in Sickness and in Wealth	LIFE315	9/18	3	1–2	Rubin		24
Beginning and Winning Poker	REC304A	9/18	6	1–3	Stewart		42
Capitalism: The Good, the Bad and the Ugly	SOC110M	9/18	8	1–3	Earley		49
Fall of Reconstruction Through the Progressive Era	HIST321A	9/18	8	1–3	Gapasin		19
From Alexander to Actium: The Hellenistic World	HIST322	9/18	10	1–3	Roby		19
Using Apple Apps and iCloud	STEM174	9/18	4	1–3	Strudler		48
Walt Whitman’s ‘Song of Myself’	LIT107A	9/18	10	1–3	Ferguson		31
A Few Words on Activism	SOC332A	9/18	2	3:30–5	Shepherd		49
How Languages Are Learned	LANG169A	9/18	7	3:30–5	B. Evans		23

TITLE	COURSE NUMBER	START DATE	SESSIONS	PACIFIC TIME	INSTRUCTOR(S)	FORMAT	PAGE
Inching Into Intermediate Spanish	LANG151A	9/25	5	3:30–5:30	Coppedge		23
Line, Shape, Color: A Deep Dive	ARTS352A	9/25	7	3:30–5:30	Maitland-Gholson		16
Mime, Movement, Magic and Merriment	ARTS365A	9/25	7	4–5	Joy		13
Drama of the Progressive Era	LIT325A	10/2	8	9–10:30	Graybill		29
Coming of Age: The Rise of Orphan Genes	STEM316A	10/2	4	11–12:30	Wurtele		45
Nuclear Energy: The Past Is Prologue	STEM208	10/2	8	11–12:30	Kastenberg		47
Overcome Your Fear of Feeling Vulnerable	PERS341A	10/2	3	11–12:30	Gibson		39
John Quincy Adams: ‘A Bulldog Among Spaniels’	HIST324	10/2	5	1–3	Stitham		20
Conversaciones	LANG155	10/2	5	3:30–5	Blankinship		22
A Pickleball Round-Robin FUNdamentals Collective	REC313A	10/9	3	8:30–11:30	Frank		41
‘James’ and ‘Huckleberry Finn’: Everett vs. Twain	LIT308	10/23	5	11–12:30	Ormes		30
Sex Education: Factors Influencing Sexual Identity	STEM308	10/23	2	11–12:30	Gordian		48
Genius and the Gifted Brain: Exploring Intelligence	SOC333	10/30	3	11–12:30	Engel		50
Purifying Yourself Through Deep Nature Immersion	PERS326A	10/30	2	11–12:30	Gibson		39
There’s Magic in Math (and Vice Versa)	STEM325A	10/30	3	11–12:30	Lubliner		48
Scandals and Controversies in Rock and Pop Music	ARTS380	10/30	2	1–2:30	Abramovits		11
The Art of Agitation: Shrink Wool to Knitted Felt	REC130A	10/30	3	1:30–3	Mallette		44
Knitting for Beginners	REC312A	10/30	3	3:30–5	Mallette		43

Friday

How Congress Works in the Trump Era	SOC113M	9/19	10	9–10	Runkel		50
Revisionist Video History of Western Civilization	HIST306A	9/19	4	10:30–12:30	Cazares		20
The Healthy Brain and Aging	SOC319A	9/19	5	11–12:30	Greenwell		52
The Music of J. S. Bach: The Christmas Oratorio	ARTS361	9/19	6	11–12:30	P. Evans		12
Let’s Tangle: Introduction to the Zentangle Method	ARTS351A	9/19	5	1–3	Cleckner		15
Using Apple Apps and iCloud	STEM174A	9/19	4	1–3	Strudler		48
Elemental Wisdom: The Roots of Climate Change	PERS339A	9/26	7	1–3	Victor		38
End of Life Preparation, Part 1	LIFE107	9/26	3	1–2:30	Wilson		25
The Art of a Great Conversation: You and Me to We	PERS342A	10/3	5	11–12:30	Mueller		40
Ukraine and Russia: Past, Present and Future	HIST328	10/3	2	1–2:30	Hoogenboom		21
Watercolor Basics for the Serious Beginner	ARTS190	10/3	8	1–3	Hawkins		17
Authentic Movement: Moving From the Inside Out	MOV301A	10/10	6	10–12:15	Odegard & Petermann		32
Accessible Meditation	PERS308A	10/10	7	1–2:15	Huffman		36
Beginning Argentine Tango	MOV128A	10/10	7	5:30–6:45	Nelson & Heyerman		32
Planning to Relocate Outside the U.S.	LIFE306	10/17	3	9–10:30	McCoy & Andreatta		27
Organized Religion in Recovery: A New Direction	SOC335A	10/17	3	3:30–4:30	Young		51
End of Life Preparation, Part 2	LIFE146	10/24	2	1–2:30	Wilson		25
Making Holiday (or Any Day!) Pajamas	REC322A	10/31	4	1–3	Brantley		44
Moving Outside the U.S.: Our Experience	LIFE316	11/7	3	9–10:30	J. & A. McCoy		26

Saturday

Jokers, Jesters, Comics, Clowns, Fools and Funsters	ARTS364A	9/20	9	4–5	Joy		13
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Course Descriptions

One or more of these courses may present aspects of a matter of public debate. Views expressed by the instructor/facilitator are not necessarily those of OLLI at SOU or Southern Oregon University. Please read the course descriptions and notes carefully before registering and contact the OLLI office if you have questions or concerns.



indicates the course requires a signed liability waiver prior to participation

Arts: Film/TV/Radio

NEW! Exploring 'The Reader': The Novel and the Film

Bernhard Schlink's "The Reader," a 218-page novel and 1998 L.A. Times Book of the Year, is a first-person meditation on guilt, personal responsibility and societal accountability. Stephen Daldry's 2008 adaptation of the novel uses all of its 84 minutes to cinematically expose and deconstruct these same questions, which are historically relevant today. Both works explore lust, love, shame, complicity, betrayal, loyalty and patriotism, often through an intergenerational lens. We will discuss how the novelist and the filmmaker developed the two protagonists and portrayed the consequences of their actions. Students are asked to read the novel and see the film before the first session. The book is widely available, and the film can be streamed for free or rented.

ARTS358 • 3 Sessions
Online
class size unlimited
M • 1:00–2:30PM
11/3/2025–11/17/2025

INSTRUCTORS: Lorraine Vail, Diane Crothers

NEW! JPR: The Little Engine That Could

This course will relate the history of public broadcasting in the U.S. and focus, in particular, on the founding and development of Jefferson Public Radio. In many ways, JPR is emblematic of the founding hopes for public radio, although the station, located in rural Oregon, faced huge challenges, which caused National Public Radio to change its membership requirements. Material will be presented in a lecture/discussion format using PowerPoint and some audio/video with a couple of former JPR staff members

as guests. Students need no prior knowledge. Because of the instructor's personal history at JPR and NPR member organizations, the material presented will tend to reflect his viewpoints on issues.

ARTS359A • 6 Sessions
Campbell Center—Room D
class size 42
Tu • 1:00–3:00PM
9/30/2025–11/4/2025

INSTRUCTOR: Ron Kramer

NEW! Mic Check: A Fun Introduction to Voiceover

Step into the spotlight — behind the microphone! Explore the foundations of voice acting and storytelling using just your voice, a microphone and your imagination. Gain an insider's look at the voice-over industry, including commercials, trailers, animation, narration and audiobooks. Students will be guided in script reading to deliver a compelling performance. Sessions will include discussion, small group practice in script reading, as well as movement and improvisational exercises to unlock vocal expression and creativity, all in a supportive setting. Participants will have the chance to record their performance in a professional-quality mobile booth right in the classroom. There are no outside assignments and no experience is necessary. Just bring your curiosity and your voice!

ARTS360A • 6 Sessions
Campbell Center—Room A
class size 25
Tu • 1:00–2:30PM
9/16/2025–10/21/2025

INSTRUCTOR: Rick Wasserman

Arts: Music

Beginning Guitar: Chords

This is a beginning class in guitar, in which students will acquaint themselves with the parts of the guitar, string names, how to play a basic scale, how to tune a guitar, how to play basic guitar chords and possibly more advanced skills. A book on guitar chords is recommended but not required. Class includes learning how to play a few easy songs and later more advanced tunes, time permitting. Students will have the option of learning a song of their choice. Class will include basic instruction on how to write an original song, and if possible, a workshop session. Some previous knowledge of the guitar and/or musical experience is helpful.

NOTE: Students must have their own guitar, or one which they are at liberty to use for practice both in and away from class. There is no class on Tuesday, Nov. 11.

ARTS332M • 9 Sessions
Medford Higher Education
Center—Room 118
class size 8
Tu • 11:00AM—12:00PM
9/16/2025—11/18/2025

INSTRUCTOR: William Lawson

Front Porch Music

We won't actually be playing on our front porches, but we will be playing the kind of music that's fun to play at parties or informal gatherings with like-minded musicians. Students are invited to bring a song to teach to the group, and everybody will play it through. Songs should be accessible, easy to learn and fun to play. Instruments would typically be harmony instruments: guitars, banjos, keyboards, mandolins, ukuleles, harmonicas, basses and fiddles. Students are expected to be able to play chords in the basic keys of C, A, G, E and D and have a tuner for their instrument. The class will include some instruction on chord progressions, chord families, a rhythm style and a session in blues playing. No music reading ability is required. New and former students are welcome.

ARTS307A • 8 Sessions
Campbell Center—Room E
class size 13
Tu • 11:00AM—12:00PM
9/16/2025—11/4/2025

INSTRUCTOR: Norman Hale

NEW! Scandals and Controversies in Rock and Pop Music

Music has always been a source of controversy and scandal. In the search for originality, some artists push the envelope too far and either pay the price or use it for self-promotion. There have been fascinating episodes of plagiarism, cultural appropriation and cases involving sensibilities on race and sexuality. New technologies are dangerously isolating the listener from the world outside, and artificial intelligence is arriving with a group of tough challenges. This class is full of stories and anecdotes involving the Beatles, Pink Floyd, Peter Dinklage, the Rolling Stones, Coldplay and more.

NOTE: This course is part of the online share with OLLI at Arizona State University. The class on Nov. 6 will be held noon-1:30 p.m. PT.

ARTS380 • 2 Sessions
Online
class size 50
Th • 1:00—2:30PM
10/30/2025—11/6/2025

INSTRUCTOR: Emmanuel Abramovits

Social Singing

Singing together is one of the more joyful things in life. Come sing in an informal and interactive session, no matter your experience or skill. We'll sing traditional songs with fine choruses and refrains — sea songs, work songs, drinking songs, love songs, chanteys, silly songs and easy rounds from the U.S., Canada and England. Chorus tunes will be taught by ear and all singing will be done a capella. Most chorus words will be provided.

ARTS318A • 10 Sessions
Campbell Center—Room E
class size 63
W • 1:00—2:30PM
9/17/2025—11/19/2025

INSTRUCTOR: Brooke Friendly



Songwriting

Anyone can write a song! Whether you are a seasoned lyricist or have never written at all, this course will help you create something totally new. Some of the in-class time will be spent listening to and analyzing songs that are well crafted. The class will discuss how the example songs can be used as guides and inspiration. Most of the class will be spent doing writing exercises that will result in the beginning of songs. Over the ensuing week, each student will expand and refine the in-class work to fashion a song. We will listen and talk about the completed (or incomplete) songs the following week.

NOTE: The course will require significant time outside class. It is highly recommended that each student be able to play an instrument. No one has to be an accomplished player, but basic knowledge of chords is helpful.

ARTS211 · 8 Sessions

Online

class size 8

Th · 11:00AM—12:30PM

9/18/2025—11/6/2025

INSTRUCTOR: Denny Caraher

The Anatomy of an Irish Session

This course introduces students to the traditional Irish music session, opening with a discussion of its history, cultural importance, function and place in the modern world. The class goes into depth about solo vocal traditions that one might encounter in an Irish session, such as ballads and sean-nós. Students will have the opportunity to learn songs by rote. They will see and hear some of the traditional instruments played at a session and learn about their history, construction and technique. A mini-session with local players of fiddle, accordion, banjo, bouzouki, flute, uilleann pipes, bodhrán, bones and other instruments concludes the course, along with information on other local sessions. Students are encouraged to attend an Irish session at O’Ryan’s Pub in Ashland any Sunday from 2 to 5 p.m.

ARTS344A · 3 Sessions

Campbell Center—Room E

class size 45

Th · 9:00—11:00AM

9/18/2025—10/2/2025

INSTRUCTOR: Patricia O’Sannell

NEW! The Music of J. S. Bach: The Christmas Oratorio

This is the fourth in a series of courses on the music of J.S. Bach, this time focusing on the Christmas Oratorio, BWV 248, which is made up of six cantatas originally meant to be performed on six feast days in the Christmas season. The class will examine Bach’s church music and the cantata form as well as general characteristics of the Baroque period. We’ll watch a recording of each cantata. No previous musical experience is necessary. PowerPoint with YouTube examples will be used.

ARTS361 · 6 Sessions

Online

class size unlimited

F · 11:00AM—12:30PM

9/19/2025—10/24/2025

INSTRUCTOR: Peggy Evans

NEW! The Songs of Lennon and McCartney

This course will closely track the relationship of John and Paul through the songs they wrote together and apart. The inspiration for the course comes from the recently published book “John and Paul: A Love Story in Songs.” Each week we will focus on one album which represents a particular phase of their writing. The course will trace their arc from the early days in Liverpool to their solo careers. We will listen to samples of their music and/or parts of songs. The emphasis will be on the craft and artistry of their songs and how their complex feelings for one another informed their output.

ARTS362 · 8 Sessions

Online

class size unlimited

Th · 9:00—10:30AM

9/18/2025—11/6/2025

INSTRUCTOR: Denny Caraher

Arts: Theater

NEW! Broadway Musicals, Small Hits and Near Misses, Part 1

This course will review some Broadway musicals that were hits of their time but are rarely produced anymore, or, conversely, were close to success but were considered failures in their initial run but are now deemed minor classics. Each session will feature a full-length video. Due to length, some productions will be divided into two sessions to allow time for in-class discussion. Whenever available, filmed productions of the original stage version will be used rather than less faithful Hollywood movie adaptations. Titles for this term will include: “She Loves Me” (Bock and Harnick) (two parts), “The Boys From Syracuse” (Rodgers and Hart), “The Most Happy Fella” (Loesser) (two parts), and “Li’l Abner” (Mercer and De Paul).

ARTS363A · 6 Sessions
Campbell Center—Room E
class size 78
M · 1:00—3:00PM
9/15/2025—10/20/2025

INSTRUCTOR: Lee Fishel

NEW! Jokers, Jesters, Comics, Clowns, Fools and Funsters

Are you as whimsical as a wallaby, as comical as a crocodile? Would you like to bring your playful self out of the closet and find the clown you have been hiding for years? Well, come play! This class is for all funster fool wannabes, an opportunity to explore that silly side of yourself — how humor helps us hum happily and laughter lifts and lightens us. No books, no lectures. This is recess! Interactive games, multiple modes of movement, silly sounds and lots of group improvisation will be the mad methods leading us to lots of laughter. Along the way we might just find new friends, new fun and new aspects of ourselves — parts that may be dormant as a result of being an adult. You might just discover that you are a fool after all. Or a classic clown!

NOTE: This class has a great deal of movement. Participants need to be able to move fluidly and get onto and up from the floor easily. No experience is necessary.

ARTS364A · 9 Sessions
DanceSpace—280 E. Hersey St., #10
class size 28
Sa · 4:00—5:00PM
9/20/2025—11/15/2025

INSTRUCTOR: Pamala Joy

NEW! Mime, Movement, Magic and Merriment

Do you love movement? Have you ever wanted to learn mime? This course will give you an introduction to the techniques and skills used in the art of mime in a light-hearted and playful way. You will have the opportunity to learn some of the basic techniques, yet the focus of the class is really to enjoy exploring how to extend our movements to new pathways, an exercise that stimulates our brains to add neurons. In addition, the class offers a chance to play through interactive games, innovative ways of movement, and improvisation in groups or solo. We will perform for, and learn from, one another, evaluating our presentations not so much by classical mime standards as by what we appreciate and enjoy.

NOTE: This course focuses on movement. Participants will be expected to be able to move fluidly and to get to the floor and back up again. No experience is necessary.

ARTS365A · 7 Sessions
SOU Art Building—Meese Auditorium
class size 23
Th · 4:00—5:00PM
9/25/2025—11/6/2025

INSTRUCTOR: Pamala Joy





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Arts: Visual Arts

AI-Assisted eBook Stories: Your Life, Your Story

Transform memories into meaningful short stories in this course for writers and photographers. If you have decades of rich experiences (and the photos to prove it) but struggle to share them meaningfully, this course will teach you how to use multimedia e-books to do it. Unlike traditional memoir writing, we focus on stories as relationship-building tools. Learn to select a story that inspires, craft a narrative that invites reflection, use your own photos to enhance the text and host follow-up conversations with readers. Leave a legacy of shared wisdom and connection that inspires long after your stories are told. New this season: AI supports, developed by the instructor, to enrich and organize your writing process.

NOTE: Participants need their own late-model laptop (Mac preferred, but Windows and Android also work with BookCreator). They need to know how to use the audio and video tools built into their laptops, including how to access their digital photos. To use the AI prompts from the instructor, participants also need their own ChatGPT Plus account (\$20 a month). The free version won't work.

ARTS367A • 8 Sessions

Campbell Center—Room C

class size 18

W • 1:00—3:00PM

9/17/2025—11/5/2025

INSTRUCTOR: Meri Walker

Art of the Roman Empire

The Roman Empire, 27 BCE-330 CE, formed a bridge between the ancient and medieval worlds. We will examine how the art of the classical world of Greece was absorbed, transformed and turned toward propagandistic ends. The empire's architects, building on the republic's use of concrete, further developed original structures known for their vast spaces in such iconic monuments as the Colosseum and the Pantheon. They expanded sculptural narratives on the Column of Trajan and concluded with the "de-naturing" of classical naturalism coinciding with the rise of Christianity. The emphasis is on the evolution of visual forms in art and architecture. This is a lecture course illustrated with PowerPoint images. Questions are welcome, but it is not a discussion class.

ARTS348A • 7 Sessions
Campbell Center—Room E
class size 78
W • 11:00AM—12:30PM
9/17/2025—10/29/2025

INSTRUCTOR: Allison Renwick

NEW! Enhance Your Photos Through Post-Processing

Learn how to bring out the best in your photos using the tools and principles of digital photo processing. This beginner-friendly course introduces you to the core concepts of editing — exposure, contrast, color, cropping and more — through instructor demonstrations using Adobe Lightroom. While Lightroom will be the software used, many of the editing techniques and workflow covered will be applicable to other photo editing software. By the end, you'll understand how to enhance, refine and export your images with clarity and confidence. No editing experience is required.

ARTS368A • 4 Sessions
Campbell Center—Room B
class size 19
Tu • 9:00—10:30AM
9/23/2025—10/14/2025

INSTRUCTOR: Bob Palermini

NEW! Imperial Fabergé: Jewelers to the Tsars

The greatest jewelers of all time are most closely associated with the Romanovs, the richest emperors of all time. The story of how the House of Fabergé fits into this world illustrates the culture of the time, as well as the ways in which Fabergé became synonymous with design quality. Meeting the Russian czars who collected these pieces of art as well as learning about the artists who made them describes much about the culture of that court. The love of Fabergé's work after the turbulent end of the Romanov family has only increased the interest over time. The course will trace this history with presentation of the people and the objects that they enjoyed. This is a lecture course illustrated with PowerPoint images. Questions are welcome, but it is not a discussion class.

ARTS369 • 2 Sessions
Online
class size unlimited
M • 1:00—2:30PM
9/29/2025—10/6/2025

INSTRUCTOR: Carol Rudie

NEW! Landscapes With Chalk Pastels

Drawing with chalk pastels offers a unique and versatile artistic experience with several appealing aspects, including richness and vibrancy of color and easy layering and blending. Pastels may be used for a wide variety of subjects, including landscapes, portraits, still life and abstract art. Many iconic artists such as Degas, Cassatt, Renoir and even Picasso explored this medium. This course will offer students the opportunity to learn how to draw landscapes using chalk pastels. Each week we will draw in class, using reference photos of various landscapes. Participants will start out with simple shapes that will evolve into the landscapes provided. There will be no out-of-class work required. No experience is necessary and all skill levels are welcome.

NOTE: As the instructor will supply the pastels and paper, a donation of \$5 would be appreciated.

ARTS370A-1 • 2 Sessions
Campbell Center—Room C
class size 25
M • 11:00AM—12:30PM
10/13/2025—10/20/2025

ARTS370A-2 • 2 Sessions
Campbell Center—Room C
class size 25
M • 11:00AM—12:30PM
10/27/2025—11/3/2025

INSTRUCTOR: Nancy Wilkinson

Let's Tangle: Introduction to the Zentangle Method

If you can hold a pencil, you can do this. Zentangle comes from the words “Zen” and “tangle” (entangled, interwoven) and combines creativity with meditation. Zentangle is an easy method to learn because it consists of structured patterns. Stroke by stroke, simple lines are repeated onto paper. With every line, you can dive further into the world of tangles. In a short time, tangles turn into amazing 3D, graphic, elaborate and beautiful tiles. They are unplanned, abstract, black and white. The practice calms, relaxes and is fun.

NOTE: Students should be prepared with pens, other drawing supplies and Zentangle tiles. A complete materials list will be sent to registered students. Depending on personal preferences and supplies already owned, the cost could range from \$20 to \$45.

ARTS351A • 5 Sessions
Campbell Center—Room C
class size 24
F • 1:00—3:00PM
9/19/2025—10/17/2025

INSTRUCTOR: Joann Cleckner

NEW! Line, Shape, Color: A Deep Dive

If lucky, as children, we scribbled, cut-and-pasted and painted with gusto. As adults, if lucky, we still make art or enjoy seeing drawings, mixed media and paintings. Line, shape and color are the bones of these forms. Each class session, students will choose one of three “stations” — drawing, collage or painting. All sessions can be spent diving deep into the tools and techniques of one form. Or, by the end of the course, all stations and forms can be sampled. Each session will begin with a short talk and demonstration, followed by a prompt — a “problem to solve” — as the activity focus. Still life, landscape and portrait will be explored. The instructor will be a guide-on-the-side, demonstrating, suggesting, answering questions and fostering a supportive environment.

NOTE: All are welcome; no art experience is necessary. Because content in this class will build week by week, for the most satisfying experience weekly attendance is recommended. There will be a \$10 materials fee.

ARTS352A · 7 Sessions
Campbell Center—Room A
class size 21
Th · 3:30–5:30PM
9/25/2025–11/6/2025

INSTRUCTOR: Jane Maitland-Gholson

Playful Art 2

Want to expand your creativity and have fun? Join us to experience joyful, easy art projects. Bring your imagination, an open mind and a willingness to explore possibilities. You may be surprised by what you produce in this four-session course. We will offer ideas and techniques that are different from those presented in Playful Art 1. Together, we'll complete exercises in abstracts, collage, drawing and word art. Card stock paper, watercolor paper and some pens, pencils, markers and magazines will be provided for use during class. If you prefer to do art in a sketchbook or journal, please bring one. A suggested materials list will be sent to registered students a week before class. Playful Art 1 is not a prerequisite for the class, and no experience is needed.

NOTE: A materials fee of \$5 is due at the first class to offset supply costs. No acrylic or oil will be used in the classroom.

ARTS327A · 4 Sessions
Campbell Center—Room C
class size 21
M · 11:00AM–12:30PM
9/15/2025–10/6/2025

INSTRUCTORS: Geri Esposito, Fran Fields

NEW! 17th Century Persia: Book Arts of Isfahan

Learn about three cultures that lived, interacted and clashed in the Persian capital of Isfahan by exploring some of their books. Surviving from the court of the ruling Safavid dynasty are Qurans renowned for their calligraphy, illustrated volumes of poetry and romances, and albums that bind exquisite single sheets of poetry and painting together. Armenian merchants forcibly relocated to Isfahan brought some of the gloriously illuminated older Gospels they possessed into their Persian exile, Christian texts copied and luxuriously illustrated in Isfahan, and the first books ever printed in Persia. From the long-established Jewish population are illustrated romances, translated into Judeo-Persian from Islamic classics, centering on great Jews like Joseph and Esther.

NOTE: There is no class on Tuesday, Nov. 11.

ARTS366 · 5 Sessions
Online
class size unlimited
Tu · 11:00AM–12:30PM
10/14/2025–11/18/2025

INSTRUCTOR: Alice Taylor

NEW! The ‘Painterly Print’: Beginning Monotype Workshop

Monotypes are prints made by applying ink to a metal or plastic plate and transferring the image to paper. The process is immediate and playful. Results can be surprising, subtle and dramatic, as well as loose and painterly. The first day introduces elements of making monotypes: tools, inks, papers and the ins and outs of printing without a press. Participants learn a simple direct drawing technique as well as the use of stencils and chine collé. During day two, explore transfer techniques, including ways to develop an image, and ink-mixing skills. Students will establish an understanding of inks, paper and how to layer color. Day three is a workday in which students have time to develop a series of monotypes exploring a theme or narrative. The course is open to beginner and advanced-level printmakers.

NOTE: A \$20 workshop fee includes the use of plexiglass plates, ink, newsprint, brayers, rags and drawing tools. Beginning printmaking paper will also be supplied. More professional printmaking paper will be available for purchase.

ARTS372A • 3 Sessions
Campbell Center—Room C
class size 12
Tu, W, Th • 3:30–6:00PM
10/7/2025–10/9/2025

INSTRUCTOR: Jan Cavecche

Travel Sketching

This course will teach members how to find their hidden artistic selves and apply knowledge gained in the course to drawing and sketching scenes as they are found in travel or at home. Students will learn basic art concepts and apply them using simple tools such as pencil, pen and watercolor. No drawing experience is required. Instruction will include demonstrations of technique, video clips and many projected images. In eight sessions we will begin with a simple graphite pencil drawing and finish by going on campus to make watercolor sketches. Those on-the-spot sketches will be forever etched in your memory and savored by others and yourself.

NOTE: The instructor will identify inexpensive materials to be used in the course. These include pencil, eraser, pen, watercolor kit, water brushes and paper.

ARTS357A • 8 Sessions
Campbell Center—Room C
class size 24
W • 9:00–10:30AM
9/24/2025–11/12/2025

INSTRUCTOR: Bruce Barnes

Watercolor Basics for the Serious Beginner

Do you dream of painting in watercolor, but have never even held a brush? Did you try watercolor years ago but either forgot everything or didn't like the results? If you are ready to work hard, focus and practice, practice, practice, this is your course. You'll be amazed at how far you can progress in eight weeks. Each class is a live, two-hour Zoom meeting (with breaks), featuring a PowerPoint lecture, Q&A time and in-class, instructor-assisted painting time. Outside class, expect to spend two or more hours weekly on homework, consisting of painting and studying supplementary online materials. Painting assignments come from a required beginner-friendly book that focuses on four foundational watercolor techniques. All levels are welcome; drawing skills are helpful but not required.

NOTE: This course uses Private Padlet, a secure online bulletin board. Students must be able to download and print materials. The required text is "Watercolor Basics: Let's Get Started" by Jack Reid. Required materials can cost \$150-\$175, but students may already have suitable

materials. Registered students will receive a detailed syllabus and materials list by email.

ARTS190 • 8 Sessions
Online
class size 15
F • 1:00–3:00PM
10/3/2025–11/21/2025

INSTRUCTOR: Becky Hawkins

Dates to Remember



Visit sou.edu/olli/news-events for our events calendar and event details.

IMPORTANT DATES

Fall PDF catalog posted online: July 30
Winter course proposal period: Aug. 1-31
OLLI at SOU Open House: Aug. 6, 1-4 p.m.
Fall Priority Registration: Aug. 11-22
Priority Registration results emailed: Aug. 29
Fall Open Registration begins: Sept. 2
Fall Term begins: Sept. 15
Back to School All Member Social: Sept. 27
Spring course proposal period: Nov. 1-Dec. 3
Winter Priority Registration: Nov. 17-28
Fall Term ends: Nov. 21

Campbell Center & office closures

Labor Day: Sept. 1
Veterans Day: Nov. 11
Thanksgiving holiday: Nov. 26-28

Governing Council meetings

Third Tuesday of each month, 3:30-5:30 p.m., on Zoom and at the SOU Campbell Center
Council meetings are open to all OLLI at SOU members. Email olli@sou.edu for more information.

Arts: Writing

Cut-Up Poetry

Would you rather play Scrabble than Monopoly because you love the surprise of creating words from the letter tiles you choose? Magnify that joy and you'll have the experience of cut-up poetry. All participants receive an assortment of pages from a variety of books that range from poetry to recipes to nonfiction texts on sewing or driving. Instead of choosing letter tiles, students pick words and phrases that speak to them from a page of text. Prompts and guidelines give students time to amass enough scraps to create a piece of writing. The juxtaposition available due to the different texts lends a certain nuance of magic to the creativity of the cut-up poem. Students may share their work with the class, but it's not required.

ARTS276A • 4 Sessions
Campbell Center—Room A
class size 18
Tu • 3:30–5:00PM
9/30/2025–10/21/2025

INSTRUCTOR: Sallie Ehrman

NEW! Innovative Approaches to Poetry

In this writing course, students will explore experimental contemporary poetry. These approaches break away from the confines of traditional norms, structure and practices to forge new paths. It is about embracing the unpredictability of the creative process and welcoming the unexplored. Such strategies as erasure, found, braided, collage and appropriation poetry will be considered through the examination of mentor text poems, brief lectures and discussion. Students will be expected to write and post one poem per week and to comment on the other participants' work. Students will receive supportive feedback; however, this is not a workshop in which students' work will be critiqued.

ARTS373 • 5 Sessions
Online
class size 14
Tu • 1:00–3:00PM
9/16/2025–10/14/2025

INSTRUCTOR: Linda Jaffe

NEW! The Practice of Deep Attention for Writers

For any writer, but especially poets, paying close attention is truly a superpower. In this course, we'll learn to employ the various elements of deep attention to our writing. For the sake of brevity, we'll be looking at and writing poems/prose poems, although deep attention can be applied to all genres. We'll begin with a thorough discussion, including examples, of writing that reflects this enhanced attention, and after ample practice, students will write three poems/prose poems — one per week — to share orally with the class. There will be no traditional critiquing of these pieces, but rather an offering of interested, supportive camaraderie. Writers — from novice to the accomplished — should finish the class with improved description, greater reflective powers and a more authentic voice.

ARTS374A • 4 Sessions
Campbell Center—Room A
class size 16
M • 11:00AM–1:00PM
10/27/2025–11/17/2025

INSTRUCTOR: Dianne Oberhansly



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History

NEW! Fall of Reconstruction Through the Progressive Era

Three instructors will explore multiple topics in U.S. history from 1877 to 1929. The requirement for the course is interest about the intersection of history and the current time. Historian William Dunning revealed that the driving contradiction during Reconstruction was reform forces advocating human equality and constitutional changes to achieve interracial democracy versus redeemer forces that fought to maintain white supremacist hegemony after slavery. The industrial revolution and U.S. expansion changed civic society. See how women, white workers, immigrants, Chicanx, Natives and Christianity responded to changes. See the continued efforts of Black people to make an interracial democracy and the rise of populism. Global events changed the world and political parties transformed.

HIST321A · 8 Sessions
Campbell Center—Room E
class size 78
Th · 1:00—3:00PM
9/18/2025—11/6/2025

INSTRUCTORS: Fernando Gapasin, Benjamin Ben-Baruch, Daniel Cazares

NEW! From Alexander to Actium: The Hellenistic World

Over a period of almost three centuries before the Christian era, the Macedonian successors of Alexander the Great ruled from Greece to Egypt and as far east as Central Asia, bringing Greek culture and language to a variety of non-Greek cultures. This course will sample the history of this fascinating period by investigating a number of colorful figures — starting with Alexander's father, King Philip II of Macedon, and ending with the last Macedonian ruler of the Hellenistic period, Cleopatra VII of Egypt. Major events of the Hellenistic period will also be examined, including the Wars of the Successors, the rise of Rome and the original Pyrrhic victories. This is a lecture and discussion class on Zoom. No background in the subject is needed, and ample lecture notes will be provided.

HIST322 · 10 Sessions
Online
class size 76
Th · 1:00—3:00PM
9/18/2025—11/20/2025

INSTRUCTOR: Ean Roby

Gutenberg to TikTok: Media History and Its Impact

In 2024, the average U.S. consumer spent around 12 hours and 42 minutes daily with media. Most people know very little about the history of media or its economic and societal impacts. Over four classes, students will learn about the evolution of media from the invention of the printing press to everyone having a world of information in their hand. Topics to be included: the origins of print, radio, TV, social media and the size of their audiences; how different types of media generate income; how media is or is not regulated; news vs. journalism; an attempt to forecast what might be in the future for media. Discussion will be encouraged, but the course will not be about blame, anger, grievance, opinions or entertainment. No prior knowledge or reading outside class is required.

HIST313M · 4 Sessions
Medford Higher Education Center—Room 112
class size 50
M · 9:00—11:00AM
9/15/2025—10/6/2025

INSTRUCTOR: Phil Meyer

NEW! History of Money in America: Barter to Bitcoin

This course will explore how money has evolved from the earliest colonies to modern America. How goods and services are exchanged has a fascinating history full of interesting stories, intrigue and scandal. Topics will include colonialist trade with Native Americans, the early use of foreign currency, the development of American coinage, the introduction of paper money and the development of digital currency. Intended for anyone interested in coins, paper money or our monetary system, the course will consist of a series of lectures supported by slide show presentations and physical examples of historic coins and currencies.

HIST323A · 4 Sessions
Campbell Center—Room D
class size 53
W · 9:00—10:00AM
9/17/2025—10/8/2025

INSTRUCTOR: John Lane

NEW! John Quincy Adams: 'A Bulldog Among Spaniels'

John Quincy Adams, sixth U.S. president, is a collection of contradictions. Described as “both architect and servant of the republic,” he is considered by historians to have been an ineffectual president but the greatest secretary of state. His support of American expansion westward while opposing the extension of slavery was variously seen as “Yankee hypocrisy” and as “rock-ribbed integrity.” He was simultaneously a “man of the whole nation” who rose above politics and “a mischievous bad old man.” In this course through lecture and discussion, we will examine the three chapters of Adams’ public life — stellar diplomat, sidelined president and heroic Massachusetts congressman — to learn more about the man and his world, seeking as always to find lessons for our own complicated time.

HIST324A • 5 Sessions
Campbell Center—Room D
class size 53
W • 1:00–3:00PM
10/1/2025–10/29/2025

HIST324 • 5 Sessions
Online
class size unlimited
Th • 1:00–3:00PM
10/2/2025–10/30/2025

INSTRUCTOR: Susan Stitham

Pirates!

There have been pirates for nearly as long as there have been boats: Water-borne robbery and criminal violence have been with us since before the Bronze Age. This course will view piracy through a wide-angle lens, from 1200 BC to the present. We’ll look at ships, tactics, havens, living conditions and shipboard culture as well as the role of piracy in the wider world — in particular, its tangled relationship to slavery. There will be women, Chinese, Jewish and monkish pirates. One session will be devoted to pirates in folklore and fiction, with an accent on the cuddlyfication of pirates in popular culture, from ruthless barbarian to swashbuckling Good Bad Guy to harmlessly lovable and goofy. Class sessions will consist of PowerPoint-enriched lecture, with time for discussion and Q&A.

HIST318 • 4 Sessions
Online
class size 99
W • 3:30–5:00PM
10/8/2025–10/29/2025

HIST318A • 4 Sessions
Campbell Center—Room D
class size 53
W • 3:30–5:00PM
10/8/2025–10/29/2025

INSTRUCTOR: David Drury

Revisionist Video History of Western Civilization

This course will view and discuss Raoul Peck’s video series “Exterminate All the Brutes.” Participants will be expected to watch one episode in each class, followed by guided, civil discussion. No prior knowledge or outside reading is required. The content to be discussed is primarily the question of the origin, history and continuity of genocidal practices in the West, and the suppression of those practices in official historical narratives. At the present time “revisionist” histories have come under attack. It is hoped that in this class students will come to see why such “revisionist” histories are an essential part of our education. As James Baldwin said, “Not everything that is faced can be changed, but nothing can be changed until it is faced.”

NOTE: The documentary material is very graphic and the brutality of the violence can be very disturbing. It is recommended that class participants take the time to debrief with someone after each class.

HIST306A • 4 Sessions
Campbell Center—Room D
class size 53
F • 10:30AM–12:30PM
9/19/2025–10/10/2025

INSTRUCTOR: Daniel Cazares

NEW! The American War in Vietnam: Lessons Never Learned

Explore the pathos and tragedy of the American war in Vietnam through the courageous and prophetic sermon by the Rev. Martin Luther King, “Beyond Vietnam: A Time to Break Silence.” View and discuss the 1974 Academy Award-winning best documentary, “Hearts and Minds,” by Peter Davis. Read and discuss the searing anti-war testimony “The New American Militarism” published April 1969 in the Atlantic magazine by retired Marine Corps general and Medal of Honor recipient David M. Shoup. History is always controversial, and never more so than when the subject is America’s most divisive war. This history course will be taught by an admittedly biased anti-war instructor who is open to respectful sharing of contrasting opinion, during the time reserved for class discussion.

NOTE: Course materials will include disturbing subject matter: violence, racism and some brief sexual content. Viewer discretion is strongly advised.

HIST325A · 5 Sessions
Campbell Center—Room B
class size 19
W · 1:00—2:30PM
9/17/2025—10/15/2025

INSTRUCTOR: Daniel Guy

NEW! The Cultural Legacy of Historic Monuments 🧑🧑

The UNESCO (United Nations Educational, Scientific and Cultural Organization) World Heritage Program identifies, protects and preserves natural and cultural sites around the world that have outstanding value to the common heritage of mankind. A review of the history of UNESCO will set the stage for a visual tour of some of the more than 1,000 World Heritage Sites in the world (and at least one that may not even be on the Earth at all). Lighthouses, the focus of class two, have wielded a powerful influence on our history, culture and art. Over 100 photographs of some of the most beautiful lighthouses in the world will illustrate the evolution, structure and function of these magnificent sentinels of the sea. No preparation is required. Come enjoy history and beautiful pictures.

HIST326M · 2 Sessions
Rogue Valley Manor—Skyline Plaza
class size 53
M, W · 10:00AM—12:00PM
9/15/2025—9/17/2025

INSTRUCTOR: Thomas Anderson

NEW! The Scopes 'Trial of the Century' 🧑🧑

A century ago — July 1925 — Americans focused their attention on a trial taking place in Dayton, Tennessee: John T. Scopes, a local high school science teacher, was accused of violating a Tennessee law that prohibited the teaching of evolution in the public schools. This course will look at three dimensions of the Scopes trial. First, we will examine the culture war that defined America in the first three decades of the 20th century: battles over race, politics, immigration, science, women's rights and religion. Second, we will review the trial itself and analyze the arguments for the prosecution and the defense. Finally, we will consider the same question that was asked in that Tennessee courtroom a century ago: What is the meaning of the First Amendment?

NOTE: At the first session of the class, we will view the two-hour film "Inherit the Wind." The instructor will distribute a syllabus and comprehensive bibliography with suggested books and articles in print and online. There will be no class on Sept. 24 and Oct. 1.

HIST327A · 7 Sessions
Campbell Center—Room E
class size 78
W · 3:30—5:30PM
9/17/2025—11/12/2025

INSTRUCTOR: Kenneth Ehrlich

NEW! Ukraine and Russia: Past, Present and Future 🖥️

Russia shocked the world when Putin invaded Ukraine on Feb. 24, 2022. Few believed that Ukraine's military would last a week. Backed by President Joe Biden's strong alliance of the U.S. and Europe, the Ukrainian military has fought the Russian military to a virtual standstill. Since returning to the presidency in January, Donald Trump has questioned the U.S. alliances with NATO, Europe and Ukraine. Europe is undergoing its most profound transformation since the end of the Soviet Union in 1991, seeking a nuclear umbrella with France and the U.K. Europe is ending 50 years of cheap oil, gas, and coal imports from Russia while welcoming 6 million Ukrainian refugees. These talks are a briefing on Ukraine and Russia's relations, the war and sanctions, peace talks and possible outcomes.

NOTE: This course is part of the online share with OLLI at Arizona State University.

HIST328 · 2 Sessions
Online
class size 50
F · 1:00—2:30PM
10/3/2025—10/10/2025

INSTRUCTOR: Hilde Hoogenboom



Languages and Cultures

Adventures in Travel

This course will offer four presentations about various travel experiences that span the globe. Participants will hear about teaching English in China, traveling to Alaska by private plane, touring the Baltic states and exploring the Galápagos Islands. Each presentation will be about 90 minutes, via Zoom, and there will be opportunities for questions and discussion.

LANG105 • 4 Sessions
Online
class size unlimited
W • 3:30–5:00PM
10/29/2025–11/19/2025

INSTRUCTOR: Tony Davis

NEW! Brush Up Your Russian

Students who know a little Russian will profit from this class as we move together at a student-set pace through the free, online textbook “Mezhdru Nami,” a conversation-based introduction to Russian intended for a year’s study in a college course. About 10% of the text was covered in a previous Russian course in spring term, so the course will start that far in. Homework is encouraged in “Mezhdru Nami,” which includes engaging, multimedia exercises. All students who would like to fill in gaps in their command of Russian are welcome, provided that they are willing to join in.

LANG171A • 10 Sessions
Campbell Center—Room B
class size 19
M • 9:00–10:30AM
9/15/2025–11/17/2025

INSTRUCTORS: Alice Taylor, Marcus Levitt



Conversaciones

This course is designed to provide an opportunity to speak and listen to Spanish in a comfortable nonjudgmental atmosphere. It is for those who already speak Spanish with some fluency but who don’t have all the opportunities to converse that they would like. Each week, students will be provided with questions, readings and song lyrics to stimulate conversation on the week’s topic. This term will include transportation, food, exploration and more, but it’s always OK to stray from the theme. Grammar and vocabulary questions that arise will be answered, but the class is about enjoying conversation in Spanish. Students should spend some time with the materials supplied before each class. During each class, we’ll talk in a whole group and in breakout rooms of three or four.

NOTE: This is not a Spanish course per se, and it won’t work for beginners; it’s meant for those who have achieved enough fluency to listen to others, converse freely and enjoy readings and songs that reflect Hispanic culture. Translations are provided for readings and song lyrics but not discussion questions. Those who have been in previous Conversaciones courses will find new themes, readings and music.

LANG155 • 5 Sessions
Online
class size 19
Th • 3:30–5:00PM
10/2/2025–10/30/2025

INSTRUCTOR: Ginny Blankinship

Enjoy German!

This is a previously taught course with new content that aims to broaden a student’s vocabulary and understanding of today’s spoken German. The etymology of certain words will be discussed, and the rules of grammar will be explained on request. This term we will read the author’s memoirs from 1992 and later.

LANG109A • 7 Sessions
Campbell Center—Room B
class size 16
W • 11:00AM–12:30PM
10/8/2025–11/19/2025

INSTRUCTOR: Udo Gorsch-Nies

How Languages Are Learned

This seven-session course will explore how languages are learned, examining native language acquisition and its similarities to second language acquisition; conditions necessary for language acquisition and development; individual differences that promote and facilitate language learning; and communicative competences (linguistic, discourse, sociolinguistic and strategic) needed for language fluency and how they are developed. There will be activities with hands-on analysis of language and the learning process, and participants will explore their own learning styles and other personal factors that influence language learning. While this is not a how-to course, topics covered will contribute to members' own language learning. People will be invited to share their language learning experiences.

LANG169A • 7 Sessions
Campbell Center—Room D
class size 53
Th • 3:30—5:00PM
9/18/2025—10/30/2025

INSTRUCTOR: Bruce Evans

Inching Into Intermediate Spanish

You've studied Spanish for longer than you care to admit and have some basic vocabulary and understanding of mostly present-tense verbs. You can create very simple sentences. You can get around and converse hesitantly, asking only critical questions. Yet, you wish you were more comfortable, confident and fluent. Take this class. Here we'll build stories together, one sentence at a time, with lots of interesting comprehensible input, repetition and questions, and speaking in manageable chunks of language wherein students become part of the story. Students' additions may enhance the story we create, one that each person will retell. We also write the story and read it. We emphasize high-frequency language. Active participation is required. Absences are discouraged.

NOTE: Students in this class are expected to have a basic understanding (like Spanish 1-2) of the elements of Spanish grammar: present tense of common verbs, perhaps some awareness of past or future tenses, as well as some vocabulary that includes common everyday situations. Strong intermediate or advanced students are encouraged to continue their studies elsewhere. There is no class on Thursday, Oct. 9.

LANG151A • 5 Sessions
Campbell Center—Room B
class size 20
Th • 3:30—5:30PM
9/25/2025—10/30/2025

INSTRUCTOR: Teri Coppedge

NEW! The History of the English Language

Why is the English language so absurd, and yet it is the language most often used around the world for business, diplomacy, pop culture and the internet? Why are so many words pronounced differently but spelled the same way? Based on the antics of Bill Bryson, Richard Lederer and Gabe Henry, journey through history to find out why in the world K-N-I-G-H-T has so many silent letters. There is a logic to the language, and there are reasons why English is so crazy. You will discover the solution to these and more mysteries in this two-session course, best for those who are fluent English speakers and readers.

LANG172 • 2 Sessions
Online
class size unlimited
Tu • 11:00AM—12:30PM
10/28/2025—11/4/2025

LANG172A • 2 Sessions
Campbell Center—Room D
class size 53
Tu • 11:00AM—12:30PM
10/28/2025—11/4/2025

INSTRUCTOR: Robin Engel

MORE TO EXPLORE: Programs & Activities

Looking for something beyond the classroom? OLLI at SOU offers a wide range of one-time presentations, local outings and interactive experiences designed to inform, inspire and connect. From thought-provoking talks to engaging group activities, there's always something new to discover.

Exciting opportunities are added throughout the year — so check our Programs and Activities webpage (sou.edu/olli/offerings/programs) regularly for the latest updates and to register. Don't miss out on the learning, fun and community that await!



OLLI at SOU Open House



Wednesday, August 6, 1–4 p.m.



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Life Planning

NEW! Aging Together, in Sickness and in Wealth

This course's discussions examine the ongoing challenges couples face as they transition through life's later phases. Together our "caring phase" discussion will focus on how partners navigate personal and financial decisions to create their most caring, successful life together. Our focus includes psychological research on communication skills and on a couple's "real wealth," which extends far beyond financial assets. Next, we will examine what happens when one partner becomes caregiver for their loved one — emphasizing creating self-care, organized planning and team support. Lastly, we will look at practical planning to set up the clearest path for a future when a surviving partner will need to move forward on their own.

LIFE315 • 3 Sessions

Online

class size unlimited

Th • 1:00–2:00PM

9/18/2025–10/2/2025

INSTRUCTOR: Howard Jay Rubin

Completing Your Oregon Advance Directive

We know we should have an up-to-date advance directive (AD) so that loved ones will know what health care we want if serious illness leaves us unable to make our own decisions. Still, you may not have one. Or yours may be outdated. You may need to appoint someone else to speak for you. This course will enable you to complete the revised 2021 Oregon AD to capture what will be important to you in the future. The course will focus on selecting and preparing your all-important health care representative and defining your wishes for future end-of-life care, as well as prolonged care in nuanced cases of dementia and chronic disease. You'll be able to complete the form and create addenda that may expand its value to you and your loved ones.

NOTE: Besides your engagement in class, you will need to devote time between our meetings to clarify your thinking, compose your statements for the form and talk with your HCR. Prepare for the first class by thinking about who you'd like to have speak for you if you are unable to make decisions for yourself.

LIFE125A • 4 Sessions
Campbell Center—Room A
class size 25
M • 1:30—3:30PM
10/27/2025—11/17/2025

INSTRUCTOR: Joanne Kliejunas

End of Life Preparation, Part 1

This course will explore healthy preparation for end-of-life planning. Each session will be led by an expert on the different aspects of this phase of life, including financial, caregiving and caregiver self-care. This course will use an informational format with ample time for discussion and questions. Topics will include: 1) Importance of end-of-life planning and communicating with those important in your life; 2) Importance of caregiver health, support and use of resources along with a tour of Celia's House; and 3) Discussion of hospice, palliative and home care, and use of these services. This course is open to anyone who is interested in end-of-life planning. This is the first of two courses. Students may opt to take only Part 2.

NOTE: Students should be open to sharing their experiences, concerns and worries about the subject.

LIFE107 • 3 Sessions
Online
class size 21
F • 1:00—2:30PM
9/26/2025—10/10/2025

LIFE107M • 3 Sessions
Celia's House—217 S.
Modoc Ave., Medford
class size 21
F • 1:00—2:30PM
9/26/2025—10/10/2025

INSTRUCTOR: Dwight Wilson

End of Life Preparation, Part 2

These three sessions will focus on important services and support one can receive when providing end-of-life care. Each of the 90-minute sessions will be led by an expert on the different services and support options that are available during this difficult period. The course will use an informational format with ample time for discussion and questions. Topics will include: 1) Stages of dying and the process individuals and families go through; 2) The role of spiritual and self-care; and 3) Bereavement support and the value of recognizing and caring for grief. During these sessions we will also focus on caregiver health and management of caregiver guilt. This is the second of two courses on the subject. One does not need to take the first course to enroll.

NOTE: Students should be open to sharing their experiences, concerns and worries about the subject.

LIFE146 • 2 Sessions
Online
class size 21
F • 1:00—2:30PM
10/24/2025—10/31/2025

INSTRUCTOR: Dwight Wilson

LIFE146M • 2 Sessions
Celia's House—217 S.
Modoc Ave., Medford
class size 21
F • 1:00—2:30PM
10/24/2025—10/31/2025

Home Maintenance and Repair

This course is designed for those with little or no knowledge of maintaining and repairing a home. You'll learn how water, gas and electricity enter a home and how to shut them off; how to change the filter in your furnace; and how to clean the coils on your refrigerator. We'll talk about how to replace a light switch and outlet, fix door problems, plumbing and electricity, and what tools to have. You'll learn what to watch for outside the home, such as clogged gutters, water leaks, siding damage and invasive vegetation. We'll talk about the advantages and disadvantages of buying through big-box stores versus independent merchants and how to choose a contractor and not get cheated. We'll talk about what class members want to know about maintenance and repairs and have a lot of fun doing it.

NOTE: Discussion topics change, so even if you have taken the course before, you will gain more knowledge and deepen your understanding. There is no class on Monday, Sept. 22.

LIFE312A • 9 Sessions
Campbell Center—Room D
class size 42
M • 11:00AM—12:30PM
9/15/2025—11/17/2025

INSTRUCTOR: Mitch Hrdlicka





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LECTURE 1 – AUGUST 28
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LECTURE 2 – SEPTEMBER 4
Library Services (inside the library)

LECTURE 3 – SEPTEMBER 11
Community Engagement

LECTURE 4 – SEPTEMBER 18
Organizations: Structure & Funding

Lectures are held Thursdays, 6–7 p.m.,
via Zoom. Registration is required.

learn more by
scanning the QR
code or visiting
sou.edu/olli/jcls



Home Transition: Sell, Buy or Move to Senior Care

An article in Psychology Today stated that moving “is a top stressor!” Students looking to buy or sell a home can expect to identify strategies to avoid or minimize those stressors. This course will be a combination of lecture and roundtable discussion and will deal exclusively with residential real estate with an emphasis on owner-occupied homes. We will also discuss senior living alternatives such as residential assisted living and continuous care living. Topics to be addressed may be based on other people’s buying and selling experiences along all points of the process. Students need not have any background or experience in buying or selling real estate. The instructor is passionate about making your move successful.

LIFE305 • 5 Sessions

Online

class size unlimited

M • 11:00AM–12:30PM

9/15/2025–10/13/2025

INSTRUCTOR: Jim Berns

NEW! Moving Outside the U.S.: Our Experience

After significant planning, we’ve moved from the U.S. for retirement, leaving Ashland in March to relocate to Plovdiv, Bulgaria. This course will compare the plan we made to our actual experience. Just how prepared were we? What surprises did we encounter? What still concerns us? What do we wish we had done differently? The example will be Bulgaria, but we’ll work to keep the content more generally about becoming an American expat regardless of destination. Our related course, “Planning to Relocate Outside the U.S.,” is not a prerequisite for this one. Only a level of curiosity in the topic is needed. We’ll be providing all resources online. Participants will benefit from having an idea of possible destination countries they’re considering.

LIFE316 • 3 Sessions

Online

class size unlimited

F • 9:00–10:30AM

11/7/2025–11/21/2025

INSTRUCTORS: Jan McCoy, Amy McCoy

Older Drivers and Safety

Using research-backed strategies, the AARP Smart Driver course has been shown to significantly reduce the risk of accidents, help you become more proficient in the current rules of the road, improve your defensive driving techniques, and help you with safe vehicle operation in today's demanding driving environment. This course will focus on the vital relationship between the driver, vehicle and road, and look at how factors such as aging, medications and alcohol can impact driving. You'll also learn about the latest vehicle safety features and technological advancements. Importantly, you will learn how to identify when it's no longer safe to drive and how to find alternative travel options. This course may qualify you for a multiyear discount on your auto insurance.

NOTE: Required materials fee of \$20-25 (discount for AARP members) includes a comprehensive 120-page Participant Guide to bolster learning and reinforce key concepts. Both days are required for course completion and insurance discount.

LIFE308M • 2 Sessions

Medford Higher Education Center—Room 118

class size 28

Tu, W • 1:00—4:30PM

10/14/2025—10/15/2025

INSTRUCTOR: Daniel Wise

Planning to Relocate Outside the U.S.

Americans are increasingly interested in retiring outside the U.S., a move that can benefit from careful planning. The reasons for such a move are personal and myriad. In this course, participants will discuss restrictions on length of stay, health care, bureaucratic issues and resources available to support both decision-making and planning. Through instructor presentations, discussion and selected web resources, students will learn to plan for a long-term relocation outside the U.S. Using Bulgaria and Mexico as examples, we'll discuss many important issues. You need only a level of curiosity and basic online skills to participate. All resources will be available online. There will be no homework, but students may find it valuable to practice with some of the resources between sessions.

LIFE306 • 3 Sessions

Online

class size unlimited

F • 9:00—10:30AM

10/17/2025—10/31/2025

INSTRUCTORS: Jan McCoy, Lora Andreatta

NEW! Resources for Pre- and Post-Procedure Care

Surgery and other procedures that formerly involved at least several days in the hospital are now being done on a same-day outpatient basis or with shorter stays. Many patients have limited understanding of their post-procedure needs and changes in their capabilities. This Zoom course provides resources that may support recovery and help patients avoid negative consequences. Information will be presented via PowerPoint. Information will include patient stories and taped or live appearances of professionals that include care managers, patient advocates, home health providers, occupational therapists and physical therapists. The information will benefit those who anticipate future procedures or encounter an unexpected event, especially if living alone, as well as those who may need to provide informal support for another adult.

LIFE317 • 5 Sessions

Online

class size 99

W • 6:30—8:00PM

10/15/2025—11/12/2025

INSTRUCTOR: Anne Bellegia

Retirement and Your Money: What You Should Know

Have you ever thought: "I'm worried about running out of money." "I need to get my finances organized." "I want to make sure I'm making good financial decisions." If you've worried about any of these things, this course may help you feel more secure about your finances. We will cover the basics in each of six main areas of financial planning: starting financial position (preparing a net worth statement); insurance (including long-term care); minimizing taxes; retirement planning (Social Security, taking withdrawals, how to know how long your money will last); investments (basics of asset allocation); and estate planning (wills and trusts). The course will be taught primarily in lecture format with some optional home assignments.

LIFE121A • 3 Sessions

Campbell Center—Room B

class size 19

W • 1:00—2:30PM

10/22/2025—11/5/2025

INSTRUCTOR: Kenji Bleicker

Understanding Medicare: The ABCs (and D)

This course will inform students on the basics of Medicare and more specific and current topics in Medicare that are locally relevant. Through lecture and interactive discussion, a highly trained Medicare counselor will provide information to ensure that attendees and their loved ones are getting the most out of their Medicare coverage. Topics include Medicare Parts A and B, Medicare Advantage versus Medigap, the prescription drug plan (Part D), annual reevaluation of plans, tips for finding a provider, coverage limitations or exclusions, and local resources for assistance. The course will help prepare soon to-be eligible or current beneficiaries for the Medicare open enrollment period beginning Oct. 15.

LIFE120A • 2 Sessions
Campbell Center—Room A
class size 34
Tu • 3:30–5:00PM
9/16/2025–9/23/2025

INSTRUCTOR: Becky Foster

Literature

NEW! A Glance at the Merry Wives in the Forest of Arden

In two sessions, we will discuss two of the three Shakespeare plays in the 2025 OSF season. “As You Like It” is identified by many as their favorite of the Bard’s comedies while “Merry Wives of Windsor” frequently appears at the bottom of that list, supporting W.H. Auden’s characterization of it as “a very dull play indeed.” Yet both plays have been pleasing audiences for centuries. In this course, we will talk about Shakespeare’s comedies, the two plays themselves and OSF’s current productions. Whether you have already seen the plays this season, are preparing to see them in the fall, or are just curious about why the wives are so merry, these discussions may well be for you. No previous knowledge of Shakespeare is necessary.

LIT326A • 2 Sessions
Campbell Center—Room A
class size 26
W • 1:00–3:00PM
9/17/2025–9/24/2025

INSTRUCTOR: Susan Stitham

NEW! A Twain Legacy: Tom Sawyer and Huckleberry Finn

This course will immerse us in both “The Adventures of Tom Sawyer” and “The Adventures of Huckleberry Finn,” although Huck Finn will get greater attention. Participants need to read “The Adventures of Tom Sawyer” before we reflect on it in the first class. Then we will risk reading and reacting to a book banned from all sides and yet “one of the few American literary classics that has consistently appealed to both academic and nonacademic readers.” Those who have not read “The Adventures of Huckleberry Finn” as adults will find themselves on new ground and may find it speaking powerfully to our place and time. Twain will teach us as we speak and listen to one another.

NOTE: Readers should be aware that they will encounter the racially charged language of the era depicted in these novels.

LIT327A • 5 Sessions
Campbell Center—Room A
class size 21
Th • 11:00AM–12:30PM
9/18/2025–10/16/2025

INSTRUCTORS: Jerry Campbell, Morgan Silbaugh



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Best American Short Stories of the Century, Part 3

Welcome to the final part of “The Best American Short Stories of the Century,” for those who might enjoy a deep dive into some of the finest short stories published in the 20th century. Contributing authors include Alice Munro, Raymond Carver and Susan Sontag, to name a few. Before each session, students will read three designated submissions from the short story anthology, which will then be discussed in warm, inclusive surroundings. We will be covering the final 15 stories, which explore a wide variety of settings, characters and intentions — wrapped in fascinating topics. This is a highly interactive class. Be ready to speak up and engage in dialogue about all the stories so that students and teacher alike will enjoy and learn from this text and each other.

NOTE: A copy of “The Best American Short Stories of the Century” edited by John Updike is required. It is available, new or used, for as low as \$7, through various online platforms.

LIT112A · 7 Sessions
Campbell Center—Room A
class size 26
Tu · 11:00AM—12:30PM
9/16/2025—10/28/2025

INSTRUCTOR: Timothy Kelly

NEW! Contemporary American Poetry

Come explore some of the best contemporary American poets of our time. We will read the poems of such writers as Billy Collins, Mary Oliver and Robert Hass, as well as other diverse and lesser known poets. Each of these writers employs a combination of metaphor, lineation, rhythm, rhyme, tone and theme to create a unique voice. Classes will include an introduction to the poet, the reading of selected poems, followed by an exploration of the poet’s style and impact on the reader. Sessions will also include time for question-and-answer and discussion. No prior knowledge is required, only the desire to enjoy some excellent poetry.

LIT205M · 4 Sessions
Rogue Valley Manor—Skyline Plaza
class size 26
W · 10:00—11:30AM
9/24/2025—10/15/2025

INSTRUCTOR: Linda Jaffe

Drama of the Progressive Era

From the post-Civil War years to the First World War, America changed from an agrarian democracy to a world power. The country we were in 1914 was nothing like the country we were in 1865. Those changes were reflected in our dramas. The issues of labor unions, race relations, women’s suffrage, political corruption, poverty and even Prohibition were all fair game for our dramatists during the Progressive Era. Some of these plays had little success initially, like “Margaret Fleming” and “Under the Wheel,” while others were spectacular hits, like “The Man of the Hour” and “The Lion and the Mouse.” Included will be Teddy Roosevelt’s favorite play, “The Melting Pot,” and Edward Sheldon’s groundbreaking play on race relations.

NOTE: Due to the topics addressed in at least one of the plays, students can expect exposure to racially charged, offensive language.

LIT325A · 8 Sessions
Campbell Center—Room D
class size 53
Th · 9:00—10:30AM
10/2/2025—11/20/2025

INSTRUCTOR: Robert Graybill

NEW! Finding Home: Two Novels by Kate DiCamillo

Newbery Award medalist Kate DiCamillo writes both fantasies and realistic novels that delight children and adults alike. In this course, we will read and discuss one novel from each genre. The fantasy will be her beloved “Flora & Ulysses,” a superheroic tragicomedy about cynical Flora and the highly unusual squirrel she rescues. The realistic novel will be “Louisiana’s Way Home” about the day of reckoning for Louisiana and her granny, and how the winds of fate help Louisiana find her true home. We will discuss the characters, themes, images, setting and style of each book and consider what makes DiCamillo’s stories so moving and memorable. The only course requirements are to read each short book ahead of class and come prepared to ask questions and think aloud.

LIT328A · 3 Sessions
Talent Library—101 Home St., Talent
class size 16
M · 11:00AM—12:30PM
10/20/2025—11/3/2025

INSTRUCTOR: Karen Spence

'James' and 'Huckleberry Finn': Everett vs. Twain

"James," by 2024 Pulitzer winner Percival Everett, inverts Mark Twain's novel "The Adventures of Huckleberry Finn." Students will read the two books side-by-side, gathering impressions of the classic and this new interpretation narrated by the enslaved Jim. We will examine the use of language in both books, uses of the river, superstitions, folklore and film interpretations. We will discuss the motivations of both authors in bringing this story to the page. This course will bring the two authors face to face and examine in depth their implied conversation. For those who took the course previously, the instructor will be introducing literary criticism of "James" not previously available. This will be a natural follow-up to another OLLI course, A Twain Legacy: Tom Sawyer and Huckleberry Finn.

NOTE: Students are encouraged to read the first half of each novel before the course begins. The instructor will be using the Cambridge University Press edition of "The Adventures of Huckleberry Finn," 1995. Readers should be aware that they will encounter the racially charged language of the era.

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LIT308 • 5 Sessions

Online

class size 26

Th • 11:00AM–12:30PM

10/23/2025–11/20/2025

INSTRUCTOR: Dorothy Ormes

NEW! 'This Is Happiness'

"This Is Happiness" by Niall Williams is set in rural Ireland in the 1950s. Williams conveys the essence of living simply, contentedly and yet resiliently in a tightly knit community. We see the reactions of the people to the coming of electricity to their lives, the unfolding of an unusual romance and the bewildering pressures of change through the eyes of the 17-year-old protagonist. The beautiful writing takes the reader into an unfamiliar, traditional culture with pathos and complete absorption. The class will be run as a discussion group. Expect to be engaged and bring your own ideas and questions to the group. Please try to read the entire novel before the first class meeting.

NOTE: "This Is Happiness" is available through most of the ordinary sources. Bloomsbury will have copies available. Be sure to get your copies early and read the book before the course begins.

LIT329A • 4 Sessions

Campbell Center—Room C

class size 26

Th • 11:00AM–12:30PM

9/18/2025–10/9/2025

INSTRUCTOR: Avram Chetron

NEW! Twice-Told Tales

This course explores the ways postmodern novelists experiment with how to tell stories. They fragment the tale into multiple narratives that challenge readers to determine what the "real" story is. They call into question the reliability of a narrator or use a second narrator to revise the story the first narrator tells. They challenge readers to perceive ironies that the narrator(s) may not see and to deconstruct the idea of a unified storyline. We will read three split narratives: "The First Part Last," a short novel by Angela Johnson about an African American teenage single father; "Code Name Verity" by Elizabeth Wein, a historical novel set in World War II Britain; and "Boxers and Saints" by Gene Luen Yang, a graphic novel about the Boxer Rebellion in China.

NOTE: Students will probably have to buy the books, as it is unlikely there will be enough local library copies for the entire class to check out. Please read "The First Part Last" before the first class.

LIT330A • 5 Sessions
Campbell Center—Room A
class size 34
W • 11:00AM—12:30PM
10/15/2025—11/12/2025

INSTRUCTOR: Kara Keeling

Walt Whitman's 'Song of Myself'

Walt Whitman, America's "good, gray poet," endures as a rich, powerful, inclusive voice celebrating democracy and diversity. We will focus on "Song of Myself" for the first nine weeks, following with the structure of "Every Atom," produced by the University of Iowa, created by Ed Folsom and Christopher Merrill. We will then study "Crossing Brooklyn Ferry" in our final session. Weekly activities will include: 1) listening to readings of the poems and reading them aloud ourselves; 2) viewing the University of Iowa MOOC "Every Atom" videos explicating the poetry; 3) participating in the instructor's interactive presentations; 4) processing the text by reading, sharing, commenting and questioning. Students should read the first five sections of "Song of Myself" prior to our first class.

NOTE: Required texts (available free online): "Song of Myself," 1892 version, and "Crossing Brooklyn Ferry."

LIT107A • 10 Sessions
Campbell Center—Room A
class size 26
Th • 1:00—3:00PM
9/18/2025—11/20/2025

INSTRUCTOR: Dave Ferguson



Barry Vitcov

John Ferris

Talk to Us

**Conversations With
Southern Oregon Changemakers**

Hosted on Zoom by retired attorney John Ferris and retired educator Barry Vitcov, these one-hour interviews go deep into the motivations and methods of people who make a difference in the Rogue Valley.

Visit sou.edu/olli/offerings/programs for more information and to register.

Sept. 29, 4 p.m.

Matt Sayre, SOU athletic director

Oct. 20, 4 p.m.

Christopher Briscoe, author and international photographer

Nov. 17, 4 p.m.

Sylvia Massy, sound engineer and owner of Oddio Shop

Movement

These are physically active classes. Please consult your doctor before beginning any new program of physical exercise. All movement courses require a signed liability waiver before participating.

Authentic Movement: Moving From the Inside Out

Authentic movement is a meditative, improvisational practice in which movers access their internal experience (which can include emotions, thoughts, bodily sensations and movement impulses) and allow that experience to be expressed through the body: to move from the inside out. To help participants follow their own process, they are invited to move with their eyes closed (as much as feels safe) and without music. Movers are invited to talk about their movement and will learn to witness each other. Because this class is a self-exploratory one, it works best if we can build a cohesive group early on that allows for greater trust and ease with one another. So, we ask that those interested attend the first class, decide if it's right for them, and then commit to the next five classes.

NOTE: This is NOT a dance course. No movement experience is necessary. Please come in comfortable clothes, and bring dance shoes if you prefer not to be barefoot.

MOV301A · 6 Sessions

Oak Street Dance Studio—1287 Oak St.

class size 20

F · 10:00AM—12:15PM

10/10/2025—11/14/2025

INSTRUCTORS: Lisa Odegaard, Susanne Petermann

Beginning Argentine Tango

In the last 20 years, there has been a worldwide resurgence in dancing authentic Argentine tango. Now, tango dances (milongas) occur in nearly every major city. Although on stage tango can be an aerobic, showy dance, we teach the social style of dancing tango, which is appropriate for all ages and levels of dancer. If you can walk, you can dance tango. No partner or previous dance experience is needed to attend this class. Starting with a brief history of tango, we will quickly move on to the technique of leading and following basic tango walking. Once mastered, more complex step patterns such as the crusada, check turns, side steps and ochos will be introduced and practiced. Finally, the class will be invited to attend a local milonga with us.

MOV128A · 7 Sessions

The Grove, Gymnasium—1195 E. Main St.

class size 60

F · 5:30—6:45PM

10/10/2025—11/21/2025

INSTRUCTORS: Clay Nelson, Nancy Heyerman

NEW! Dancing Through Time

During this course, students will learn and practice dances from the Renaissance, Baroque and Regency eras. At each class, participants will engage in a physical warm-up, targeted dance techniques and have ample time to practice the dance movements as they are taught. The warm-up is to prepare the body to move and dance. The techniques taught will cover basic Baroque dance steps which form the basis for 17th- and 18th-century dances. The course will begin with Renaissance dances from England, France and Italy and progress into the 17th and 18th centuries, which will include a basic minuet. The course will finish with early waltz and quadrille dances. A partner or prior dance background is not required to participate.

NOTE: This is an active, physical class. We will be on our feet for the duration of each 1½-hour class session. Know your own limitations. There is no class on Tuesday, Nov. 11.

MOV316A · 9 Sessions

The Grove, Gymnasium—1195 E. Main St.

class size 20

Tu · 1:00—2:30PM

9/16/2025—11/18/2025

INSTRUCTOR: Daniel Stephens

English Country Dance

From lyrical to lively, silly to sublime, English country dance dates from the 1600s. Discover dances of Jane Austen's time as well as newly composed dances. Learn about cultural aspects and history of this joyful living tradition as you enjoy moving to beautiful music. This is an on-your-feet and social class. No partner is necessary.

MOV106A · 10 Sessions

DanceSpace—280 E. Hersey St., #10

class size 42

W · 11:00AM—12:30PM

9/17/2025—11/19/2025

INSTRUCTOR: Brooke Friendly

NEW! Free the Ribs  

In this course, we will explore the structure and primary movements of the 24 ribs and how they are connected to the entire skeletal system. Each class features a lesson involving gentle movements done slowly with minimal effort, while paying attention to one's own personal experience. Students will be guided through movement sequences, exploring and discovering ways of moving with spontaneity while activating the neuroplasticity of the brain. Think of these exercises as safe, fun puzzles for your nervous system and brain. Each lesson is designed to help students remember, learn and create new patterns of behavior. Through practice, you will learn to increase your balance, turn more easily and reduce tension. This course is ideal for participants of all ages and abilities.

MOV313A · 6 Sessions
Campbell Center—Room A
class size 10
M · 2:00—3:00PM
9/15/2025—10/20/2025

INSTRUCTOR: Moondance Forest

Introduction to Tai Chi for Health and Longevity  

Learn a complete tai chi form for health and longevity that you can do anywhere and is adaptable for all ages, body types and abilities. No previous experience is necessary. Reduce pain and stress, improve balance, gain focus and find comfortable ways to move, gaining benefits from a 3,000-year-old Chinese movement form, tai chi. When students finish the course, they will have three tools for dealing with change, transition and life in general. These tools include the tai chi 17-form, movements from a Yang short form and a sequence called finished the form. A basic knowledge of tai chi, martial arts, and how to promote health and mind/body awareness will be obtained. Each time students take this previously offered course, a deeper understanding of this lifelong practice is gained.

MOV144A · 6 Sessions
Campbell Center—Room A
class size 10
M · 3:30—4:30PM
9/15/2025—10/20/2025

INSTRUCTOR: Moondance Forest

Mindful Movement: Stretching and Qigong  

This course is an introduction to qigong and simple stretching patterns. Movements will be taught as physical and energetic exercises and as methods for improving present-moment awareness and mindfulness of subtle perceptions. Although qigong can be studied for a lifetime, this series will give you a taste of the practices. Students will learn a set of simple movements that can be integrated into a daily routine. The exercises will challenge and enhance flexibility, balance and coordination. Students will have access to videos on the instructor's YouTube channel, and an optional DVD is available for purchase. This online course will include social time with other students using breakout rooms. No special clothing or experience is required. Come as you are, ready to have fun with others!

NOTE: This is an active online class, and students need to be able to move about comfortably. Some movements will involve getting down to the floor and up again.

MOV125 · 4 Sessions
Online
class size unlimited
Tu · 9:00—10:30AM
10/14/2025—11/4/2025

INSTRUCTOR: Nando Raynolds



Nature

NEW! Adventure Awaits at Willow-Witt Ranch

Are you ready for an adventure? We invite you to join us for three fun-filled, educational days at Willow-Witt Ranch in the expanded Cascade-Siskiyou National Monument. Your first day will include a walk on the wetland interpretive trail to the highest known elevation breeding site of the Western pond turtle and place-based activities to connect you with this spectacular natural world. On Day 2 you'll experience a day in the life on the farm, including a walk with the goats and time in the organic gardens. Our final day together will offer a tour of the Forest Conservation Burial Ground and a reflective hike. Each class session, students are invited to arrive early for a BYO picnic lunch at the campground. All of this awaits you on the beautiful 445-acre Willow-Witt Ranch property!

NOTE: Students will hike up to two miles on uneven terrain. Be prepared with sun protection, snacks and water. Willow-Witt Ranch is between 4,000 and 5,000 feet in elevation. Carpooling is encouraged to the ranch, 13 miles from Ashland.

NAT317A · 3 Sessions

Willow-Witt Ranch—658 Shale City Road

class size 26

W · 12:30—2:30PM

9/17/2025—10/1/2025

INSTRUCTORS: Mary Ann Perry, Paul Sheldon

NEW! Exploring the Geography of the Pacific Northwest

This course will provide two highly visual and interactive PowerPoint presentations on Northwest history and geography. The Inside Passage is an intracoastal waterway weaving through a complex inland archipelago stretching from Alaska to Washington state. This sheltered passage, home to many isolated communities, is one of the most scenic waterways in the world. The Passage offers views of massive glaciers, towering mountains, deep fjords and spectacular wildlife, including eagles, sea lions and whales. A cultural mosaic, the Salish Sea is a complex, diverse, geographic region in the Pacific Northwest that includes many cultures and communities. The region is home to Indigenous peoples who have lived here for millennia. It is also an immigration hub for people from around the world.

NAT318A · 2 Sessions

Campbell Center—Room D

class size 53

M, W · 1:00—3:00PM

9/15/2025—9/17/2025

INSTRUCTOR: Thomas Anderson

Have Fun Learning About Birds

PowerPoint presentations are accompanied by facts, anecdotes and stories about mostly local birds, with new photos and information every term. The emphasis is on having fun learning about the natural world with an invitation to enter it, learn about it and take care of it. This course will emphasize what birds are here in the fall, bird behaviors, places to look at birds, birds of the Klamath Wildlife refuge and nature poetry related to birds. No prior knowledge is necessary to take this course. It is an interactive class, and the participants help to guide the content based on what they want to learn about. Curiosity is encouraged.

NAT130A · 4 Sessions

Campbell Center—Room E

class size 78

M · 9:00—10:30AM

10/20/2025—11/10/2025

INSTRUCTOR: Shannon Rio

Shared Interest Groups



OLLI at SOU Shared Interest Groups (SIGs) form when OLLI members who share a common interest want to gather outside of the classroom. SIGs are independent and meet on a recurring basis.

Current Shared Interest Groups:

- Acoustic Guitar Jam
- Online Book Club
- Watercolor Painting
- Zentangle



Visit sou.edu/olli/offerings/shared-interest-groups to start or participate in a SIG.

Hawks! 🧑🧑🧑

These fascinating creatures have captured our imaginations in ways that few other bird groups do; easily seen (but tough to identify), they push our primal poetic buttons. This course is a PowerPoint presentation that will examine the natural history of diurnal raptors — what makes a hawk a hawk, anyhow? There is more than one answer! We will talk about taxonomy, anatomy, and the lifestyle that defines these beautiful animals. We'll also investigate hawks' relationship with humans throughout history. This is not an ID class but, at the end of this course, you are guaranteed to be a hawk enthusiast.

NOTE: There is no class on Monday, Nov. 3.

NAT135M • 4 Sessions

Rogue Valley Manor—Skyline Plaza

class size 53

M • 10:30—11:30AM

10/20/2025—11/17/2025

INSTRUCTOR: Dick Ashford

NEW! Nature Journaling in Your Backyard and Beyond 🧑🧑🧑 📖✍️

Slow down, tune in, be amazed: Join us to experience the magic of nature journaling using a simple, flexible framework that you can use anywhere, any time. Whether you are art-phobic or you're a plein air painter, whether you're a scientist or a poet or neither, this course is for you — this approach to journaling is adaptable and accessible for everyone! The course includes three two-hour sessions. The first session will be indoors with a short trip outside. The second session will be primarily outdoors on the SOU campus. The third session will be at Pompadour Bluff, a preserve near Ashland owned by the Southern Oregon Land Conservancy, for journaling on the land. Each session will include a mix of instruction, journaling time and group discussion.

NOTE: This course will include short walks on the SOU campus (on sidewalks) and at a nature preserve (on a rustic unpaved road). Participants will need to dress comfortably for outdoor conditions and be able to sit on the ground or in a camping chair for journaling. Besides a journal or notebook and pencil or pen, an optional materials list will be provided in a pre-course email.

NAT319A • 3 Sessions

Campbell Center—Room C

class size 13

W • 3:30—5:30PM

9/17/2025—10/1/2025

INSTRUCTORS: Tara Laidlaw, Myco Schroeder

Plumbing the West: Dams, Ditches and Diversions 🧑🧑🧑

"Whiskey is for drinking and water is for fighting over" has been attributed to Mark Twain and frames the controversy over Western water policies. Learn the history of how development of the Western states led to water being moved from its source to distant mines, farms and cities. The course will begin with John Wesley Powell's call for state boundaries to be based on watersheds, which went unheeded. Learn about the underhanded way in which Los Angeles absconded with water from a distant valley or how a dam in a national park was a catalyst for modern environmentalism. The course will conclude with contemporary issues, such as the removal of the four Klamath River dams for salmon restoration, including new material. Classes will include lectures, slides, videos and time for discussions.

NAT111A • 6 Sessions

Campbell Center—Room D

class size 34

W • 9:00—10:30AM

10/15/2025—11/19/2025

INSTRUCTOR: John Schuyler

SPECIAL PRESENTATION

'One Summer in Provence'

Friday, Sept. 20, 3 p.m. PT | Zoom

Join a lively discussion of "One Summer in Provence" — and a special visit from the author herself! Multi-award-winning actress and bestselling writer Carol Drinkwater will join us via Zoom to talk about her novel and answer your questions.

Don't miss this chance to connect with fellow readers and a remarkable storyteller. All OLLI members are welcome!

Visit
sou.edu/olli/offerings/programs
to register.



Scan to
register

Personal Exploration

NEW! A Simple Explanation of the Gnostic Gospel

This course will introduce students to the gnostic philosophy and theology of one of the Nag Hammadi codices. Our focus will be on the ancient text called the Tripartite Tractate, an early Christian adaptation of Gnosticism that was purged from the Christian religion around A.D. 350 and is considered a heresy by modern churches of all denominations. Because of its exclusion by Emperor Constantine, the material remains controversial to this day. This theology answers many of life's most important questions and will be presented from a positive point of view with practical applications to one's life. Because of the inherent controversy surrounding Gnosticism, discussions will be handled with respect for all points of view.

NOTE: The book "A Simple Explanation of the Gnostic Gospel" by Cyd Ropp, PhD, is suggested but not required.

PERS345A • 10 Sessions
Campbell Center—Room B
class size 18
Th • 1:00—2:30PM
9/18/2025—11/20/2025

INSTRUCTOR: Cyd Ropp

Accessible Meditation

This seven-week course, for the novice as well as for seasoned meditators, is designed to be user-friendly, devoid of any ideological framework, and meant to make the practice of meditation accessible. For some, this may entail "un-learning" rigid doctrines and expectations. For others, it's an invitation to quiet, to better regulate your nervous system, to follow your curiosity down the yellow brick road of your inner world, as well as to better understand how we all create our subjective experience. Each class will include discussion, guidance and lengthening periods of meditative practice. No prior meditation experience is required, only a curiosity around inner experience.

PERS308A • 7 Sessions
Campbell Center—Room A
class size 18
F • 1:00—2:15PM
10/10/2025—11/21/2025

INSTRUCTOR: Thomas Huffman

Accessing Inner Guidance

Everyone has the ability to access their inner guidance. This course offers focusing techniques and coaching to support access to the intuitive part of you that holds wisdom and information which is beyond the conditioned mind — your inner guidance. Being able to access clear inner guidance can support you in navigating day-to-day life. You can develop a deeper understanding around decisions you make, as well as correct action with respect to areas such as family issues and relationships. Inner guidance can help you gain insight into your personal growth path, why you are having certain experiences and what you can do to transform your experience. This class will be fun and experiential, with lots of discussion, coaching and feedback.

PERS102A • 4 Sessions
Campbell Center—Room C
class size 32
Tu • 1:30—2:30PM
10/14/2025—11/4/2025

INSTRUCTOR: Stephanie Lash

NEW! An Introduction to the Ancient Practice of Dowsing

Dowsing has been referred to as witching for water, divining, pendulum use and doodlebugging. It taps into an intuitive side of our consciousness and structures the response to make it usable. The course will cover the history, development and practical use of dowsing in everyday life. You will learn to access your intuition in a structured format and practice using instruments that amplify the slight subconscious movements you make. In order to progress in dowsing ability, practice is essential, and proving our results will be part of the exploration process. This is a science-based inquiry and practice. There are no prerequisites except for an open, inquiring mind and the confidence to try something new that may challenge conventional understanding.

PERS336A • 6 Sessions
Campbell Center—Room B
class size 19
W • 3:30—5:00PM
9/17/2025—10/22/2025

INSTRUCTOR: Stephen Bosbach

Becoming a Refugee: Six Ukrainian Women's Stories

What is the journey of a Ukrainian woman refugee? What was the experience of growing up in Soviet Ukraine? What is the impact of the transition from communism to a free Ukraine? Becoming a refugee involves a change of identity, loss of status and economic stability, and a descent into an unknown world. Through stories of six Ukrainian refugee women living in Ashland, these questions will be explored in the context of Ukrainian history, women's spirituality and the refugee experience as a path of spiritual transformation. The course will include new information due to the changing situation in Ukraine and in the U.S. for Ukrainian refugees. It includes lecture and discussion, ritual circles, reflective writing, local Ukrainian women speaker presentations (videos), and out-of-class readings.

NOTE: Required Text: "Displaced: The Ukrainian Refugee Experience" by Tamar Jacoby. Independently published (Sept. 9, 2022). ISBN-13: 979-8351886237

PERS315 · 6 Sessions
Online
class size 25
Tu · 1:30–3:30PM
9/16/2025–10/21/2025

INSTRUCTOR: Louise Paré

NEW! Celebrating the Beauty We Have Lived

This experiential course, designed especially for older adults, is a joyful, structured exchange of love, reflection and soul-level celebration. It will introduce participants to the Divine Love Legacy Circle, a structured, intuitive practice of heartfelt reflection and affirmation. The circle offers a safe and uplifting space to be seen and celebrated for one's enduring essence, kindness and contributions. Each session offers a highly interactive practice of sharing only what is positive, in which participants give and receive short, loving reflections. Sharing is essence-based, uplifting and appreciative — without advice or lengthy storytelling. The perspective is spiritual, but not religious. Expect meaningful connection, deep appreciation and gentle joy.

PERS337A · 4 Sessions
Campbell Center—Room B
class size 8
M · 11:00AM–1:00PM
10/27/2025–11/17/2025

INSTRUCTOR: Marion Assenmacher

NEW! Ditch the Drama: Fall in Love With Being Yourself

In a world that often urges us to "improve" or "fix" ourselves, this course invites us to reconnect with who we truly are — our innate, whole and sacred self. Inspired by the teachings of Robert Holden, Michael Neill and Sydney Banks, we'll explore a refreshing and transformative perspective: that happiness, wisdom and creativity naturally flow when we live from our inner essence. Through short videos and discussions, we'll explore the "holy shift" moments that transform the way we experience ourselves and the world. Topics include being our sacred self, following our soul path and unreasonable happiness. This course is for anyone curious about a simple, direct path to personal transformation. No previous experience is needed — just bring your open heart and a curious mind.

PERS338 · 4 Sessions
Online
class size 22
W · 11:00AM–12:30PM
9/17/2025–10/8/2025

PERS338A · 4 Sessions
Campbell Center—Room A
class size 22
W · 11:00AM–12:30PM
9/17/2025–10/8/2025

INSTRUCTOR: Dan Altman

Effective Decision Making

We make multiple decisions in our daily life. While we spend more time making important decisions, the results are not always effective. Usually this leads to frustration. Sometimes, the consequence is more significant. We will examine the external and personal factors that can lead to more effective personal decisions. In addition, we will take a lighthearted look at how luck might factor into these decisions. A number of decision processes will be presented for your daily and long-term decisions. The course will cover: subconscious decision psychology, conscious decision psychology, decision process and luck, short-term decisions and long-term decisions. The material will be drawn from 12 references. PowerPoint presentations will be used and class discussion encouraged.

PERS149 · 5 Sessions
Online
class size 26
W · 11:00AM–12:30PM
10/1/2025–10/29/2025

INSTRUCTOR: Tysen Mueller

NEW! Elemental Wisdom: The Roots of Climate Change

What if reversing climate change began within each of us? This course invites participants to explore the roots of global warming, not just in policy or science, but in our relationships with ourselves, one another, with spirit and with the living earth. Through reflective dialogue and elemental inquiry (earth, water, air, fire and ether), we'll uncover how personal healing and collective reconnection can help define, mitigate and even reverse climate change from the inside out. During a closing nature immersion, we'll integrate the course content; reflect on personal shifts; and explore how our relationships with ourselves, each other and nature have evolved. No scientific background is needed — just curiosity, compassion and a willingness to look both inward and outward.

PERS339A • 7 Sessions
Campbell Center—Room B
class size 19
F • 1:00—3:00PM
9/26/2025—11/7/2025

INSTRUCTOR: Diane Victor

NEW! Give the Soul What It Needs: Symbols and Metaphors

The most basic qualities of the mythic dimension open to us through our intuitive understanding of metaphors and symbols. This applies to all of humanity. It is a language largely lost by our Western culture as we realize that the logical, literal and linear world we inhabit is somehow not enough. When we experience this other world as deepening, expansive, creative and somehow feminine, we recognize it as a kind of rebalancing. The mythic reality is the language of the soul. And the soul, in the view of myth, needs to be fed and acknowledged in order to come into balance with our external reality. Through discussion and interaction, we'll see what turning points in students' lives were actually rites of passage. Drawing on the experience of each student to find our collective wisdom.

NOTE: You will be asked to have the simple tools to create a mandala (a symbol) and to be open to watching three YouTube videos at home over the course of six weeks.

PERS340A • 6 Sessions
Campbell Center—Room A
class size 15
W • 1:00—3:00PM
10/1/2025—11/5/2025

INSTRUCTOR: Catherine Hammond

Journaling With Joy!

Indulge in the joys of journaling for creative self-expression, personal development and well-being. In this light-hearted, engaging course, students will learn about the benefits of journaling for personal growth, wellness and fun. Along with some brief lectures and discussions, most of our class time will be spent engaging in guided experiential activities and sharing (encouraged but optional). This class is about personal process, not craft or skill, and all levels of experience with journaling — including novices and longtime journal writers — are welcome. You only need to bring a journal or notebook and some colored pens. For those who cannot write, you are welcome to use a device (computer, iPad or similar). And please bring your curiosity and a playful spirit!

NOTE: This experiential course will be taught via Zoom. To ensure the confidentiality of all student participants, sessions will not be recorded. This is an interactive class and participants' cameras are expected to be on whenever possible.

PERS243 • 2 Sessions
Online
class size 11
M • 1:00—3:00PM
10/13/2025—10/20/2025

INSTRUCTOR: Elisa Friedlander

NEW! Mediumship Development: Brazilian Style

Mediumship is part of the history, lifestyle and health care in Brazil. In this course we'll discuss what mediumship means, what it can do and its modern manifestations, plus the diversity of ways mediumship is used in Brazil. Book and film titles will be shared for further study. Students will practice techniques used in Brazil to heal and enlighten people through spirit communication and interaction. This course will include lectures, personal experiences, discussion, some energy work demonstrations and trainings and is open to all.

NOTE: There is no class on Tuesday, Nov. 11.

PERS300A • 7 Sessions
Campbell Center—Room C
class size 13
Tu • 11:00AM—12:30PM
9/30/2025—11/18/2025

INSTRUCTOR: Helene Vala

NEW! Overcome Your Fear of Feeling Vulnerable

Would you like to reduce the emotional suffering you experience by consciously resolving your irrational fears and feelings of vulnerability? In this course you can learn how to distinguish destructive illusions of the unhealthy ego from “the truth” that nurtures your health and happiness. In our guided “wisdom sharing” sessions, you’ll hear how others have transformed the energy of fear and vulnerability into a stable inner peace that is supported by truth-based self-confidence. By honestly answering the question, “If I were not afraid, I would ...,” you will learn how to overcome your ego-driven fears and dismiss your irrational feelings of vulnerability so that you can more completely perceive of — and enjoy — your birthright invulnerability. Some sensitive growth issues may be discussed.

PERS341A • 3 Sessions
Campbell Center—Room B
class size 19
Th • 11:00AM—12:30PM
10/2/2025—10/16/2025

INSTRUCTOR: Mark Gibson

Purifying Yourself Through Deep Nature Immersion

Enjoy supercharged refreshment from your time spent in nature! This course will explore nature-based mental “noise canceling techniques” that you can easily apply to create more natural inner peace that overrides distractions from the restless outer world. Multiple ways to reduce emotional clutter through the cleansing power of nature will be discussed. We’ll consider how people can “drop into” mental calming and healing spaces in forests, meadows, gardens — any appealing places in nature. In highly interactive sessions, participants will learn how to empower their nurturing connections to creation and life. Students will get specific suggestions on mindset, comfort, security, selecting ideal locations, timing and sustaining health and inner serenity.

PERS326A • 2 Sessions
Campbell Center—Room B
class size 19
Th • 11:00AM—12:30PM
10/30/2025—11/6/2025

INSTRUCTOR: Mark Gibson

NEW! Sacred Walks: Caminos and Other Ventures

When is a walk sacred? When is a long-distance hike a pilgrimage? This course covers the theology and philosophy of walking, the notion of religious pilgrimages and application to the Camino de Santiago. Each class covers a key topic: the sacred place, the method of walking, how one becomes a pilgrim and how the journey story is framed. This Zoom course offers lectures, discussion, practice and resources for pilgrimages. We discuss theories and theologies on the nature of modern pilgrimage. Between each class, students will take a weekly walk on their own and journal about it. Open to students of various capabilities who can envision themselves on such a long-distance sacred walk.

PERS346 • 4 Sessions
Online
class size unlimited
W • 9:00—10:30AM
9/17/2025—10/8/2025

INSTRUCTOR: Kathryn Poethig

NEW! Stress Relief: Deep Relaxation and Wisdom Teachings

Come and enjoy stress melting away with guided, deep relaxation integrated with recordings of great contemporary spiritual teachers such as Alan Watts, Ram Dass, Eckhart Tolle and Shinzen Young. The focus will be on cultivating equanimity with challenging circumstances, both personal and collective, and connecting to your own inner resources for letting go when holding on is too difficult. Deep relaxation also greatly helps with accessing and trusting your inner wisdom and intuition for healing and peace of body and mind. Previous experience with meditation is not needed and no belief system is necessary.

PERS309A • 5 Sessions
Campbell Center—Room E
class size 32
Tu • 1:00—3:00PM
10/7/2025—11/4/2025

INSTRUCTOR: Lisa Hubler

NEW! The Art of a Great Conversation: You and Me to We

A great conversation involves more than just the dialogue between two people. It includes the setting, the body language and more. It is remembered months later, and even a stranger can be enriched by it. What is a “great” conversation? It means learning about someone’s deeper stories. Examples are learning that someone who has a resonant voice used to be in the entertainment business in L.A. decades ago or witnessing a special moment (solar eclipse) with a stranger sitting on a bench. This course will explore techniques on how to get to know a person and have a great conversation. It will be based on David Brooks’ book “How to Know a Person: The Art of Seeing Others Deeply and Being Deeply Seen” and will explore the techniques and dynamics of great conversations through PowerPoint lectures and exercises.

PERS342A • 5 Sessions
Campbell Center—Room B
class size 19
F • 11:00AM—12:30PM
10/3/2025—10/31/2025

INSTRUCTOR: Tysen Mueller

NEW! The Body’s Wisdom: Discovering the Chakra System

Chakras as energy centers in the body are a core concept in yogic philosophy. This course explores this subtle energy system through a guided journey of the seven chakras — from root to crown. Each session will focus on one chakra, offering information on its emotional, physical and energetic influence. Participants will learn how each center is thought to affect daily life and how imbalances may show up. Gentle, guided meditations are integrated to help awaken and balance each center, supporting greater self-awareness and inner harmony. This course is accessible to beginners and welcomes all who are curious about energy, wellness and personal growth.

PERS343A • 7 Sessions
Campbell Center—Room A
class size 25
M • 9:00—10:30AM
9/15/2025—10/27/2025

INSTRUCTOR: Ashley Schultz

Unraveling the Mysteries of Consciousness

Let’s explore together the greatest mystery in all of science and philosophy: consciousness. What could be more basic or important? Everything we know, love and experience, including our sense of self, depends upon it. How does the most complex object in the known universe — our brain — create something that is simultaneously both the most mysterious and the most intimate to our awareness? We will explore this mysterious nature of consciousness, the most important theories explaining it and why it even exists. In addition, we will examine out-of-body experiences, near-death experiences, psychedelics and self-transcendence. This is primarily a science-based course (with some excursions into metaphysics and Buddhist philosophy), using slides, lecture, discussion and Q&A.

PERS273 • 5 Sessions
Online
class size unlimited
Tu • 1:00—3:00PM
9/16/2025—10/14/2025

INSTRUCTOR: John Kalb

WisdomCircle: Journey Between Your Heart and Soul 3.0

This personal incubator course cultivates self-discovery through self-exploration. Participants navigate emotional and spiritual balance, integrity and psyche, via facilitated discussions. During these discussions one’s personal growth takes place. The first three classes feature short video clips from three world-renowned personal visionaries. Following each clip there will be facilitated class discussions about the point of each clip. There are no right or wrong answers. The course then moves into the metaphysical realm of the “JourneyBetween” sourced from the instructor’s own writings. Each class offers a safe space for personal truth and awareness to blossom, while participants open up to a meaningful self-reflection and genuine connection to their own unique journey.

NOTE: People who have taken this course before are encouraged to take it again. The instructor will use Zoom breakout groups and polling to promote participant interaction. There will be new content using the writings of Carl Jung and others.

PERS269 • 4 Sessions
Online
class size 13
W • 6:30—8:30PM
9/17/2025—10/8/2025

INSTRUCTOR: Ronnie Kaufman

Recreation

A Pickleball Round-Robin

FUNdamentals Collective

This course is designed for round-robin play. This fun and active course is for pickleball players who understand/play the game and want to meet new players through a rotation/competitive type of play. As this is a rotation, all levels of players are welcome. There will be three classes during the term, each with three hours of play. Players will learn format, partnering, stacking (when and how to), hand signals, types of scoring, byes and types of pickleballs and when to utilize them. Timing and numbering of rotations will be taught with an emphasis on safety. There will be six games played with rest in between. You will be an active participant and connect with your partners to strategize and incorporate new techniques such as hand signals. The course is taught by experienced local players.

NOTE: If you have mobility issues this may not be the course for you. There is a \$3 ball fee. Wear court shoes and a hat or visor and bring a hydrating drink. Protective eyewear is recommended. Class will meet on 10/9, 10/23 and 11/6.

REC313A • 3 Sessions

Lithia Park—Winburn Way, Ashland

class size 20

Th • 8:30—11:30AM

10/9/2025—11/6/2025

INSTRUCTOR: Cori Frank

NEW! Absolute Beginners American Mah-Jongg

This course is a one-week introductory “boot camp” geared for absolute beginners who want to learn the basics of playing American Mah-Jongg (AMJ). This is a one-week, five-day series of hands-on play and practice activities. Instruction will cover the game materials and the rules of play. This is not for people who have played before and want to get back into the game. Intermediate or advanced game play strategies are not part of this course. At the conclusion of the week, students will understand the game materials, objectives and rules of play, and will be ready to form a group of beginner players to continue their AMJ play. Each variation of Mah-Jongg (American, Chinese, and Japanese) has a unique play style and set of rules. Learning one style does not prepare you for the other styles.

NOTE: The required reference text is provided by the instructor. Text fee is \$10, payable at the first class. Please

commit to the full week of classes. Missing one class can disrupt the learning experience for all participants.

REC318A • 5 Sessions

Campbell Center—Room C

class size 10

Daily • 9:00—10:30AM

9/15/2025—9/19/2025

INSTRUCTOR: Rebecca Jurta

Absolute Beginners Pickleball

This course is designed for the person who wants to learn the fundamentals of the fastest-growing sport in America. It is played by all age groups and physical abilities in recreational or tournament play. Join the fun, led by experienced instructors from the Ashland Oregon Pickleball Club. We will meet for 1½ hours a day for five consecutive afternoons. Beginning players will learn the basics: choosing a paddle, paddle position, serving, return of serve, dinking, drills, scoring and calling “out balls.” You might meet “Nasty Nelson!” An emphasis will be placed on safety, court etiquette and sportsmanship. AOPC will provide the paddles, balls and instruction. If we have inclement weather, the class will be canceled. Information on courts in the Rogue Valley will be included.

NOTE: Please wear court shoes and a hat or visor and bring a hydrating drink. Protective eyewear is recommended.

REC103A • 5 Sessions

Lithia Park—Winburn Way, Ashland

class size 20

Daily • 2:30—4:00PM

9/15/2025—9/19/2025

INSTRUCTOR: Cori Frank

Advanced Beginners Pickleball

If you have a rudimentary knowledge of pickleball or have taken the Absolute Beginners Pickleball course, this is the course for you! It will be taught by seasoned players from Ashland Oregon Pickleball Club who have experience teaching pickleball. Expect to build upon the basics including strategies of team versus singles play. We will meet at Lithia Park pickleball courts for five consecutive days for 1½ hours a day. Each day we will cover different types of serves, lobs, third-shot drops, drop shots, drives, stacking and, most importantly, partner communication. An emphasis will be placed on sportsmanship and safety. We will identify Bert, Ernie and Nasty Nelson. The last day will be a fun round-robin in which you will rotate play with your fellow players, a great way to connect!

NOTE: Please bring your own paddle, court shoes and a hat or visor and a hydrating drink. Eye protection is recommended.

REC137A · 5 Sessions

Lithia Park—Winburn Way, Ashland
 class size 20
 Daily · 2:30—4:00PM
 9/29/2025—10/3/2025

INSTRUCTOR: Cori Frank

Autumn Decor: Pumpkin Variations and Wreaths

Experience the beauty of fall with decor that brings the outdoors in and makes one's home a cozy retreat from the chilly weather. Students can embrace the season and let their homes shine with the warm, welcoming spirit of autumn. This course offers a fun and rewarding experience. Join us and take home beautiful decor items that add a personal touch to your fall celebrations! This hands-on workshop is designed for crafters of all skill levels. Over the course of three 90-minute sessions, students will learn to create stunning velvet pumpkins, living succulent pumpkins and festive autumn wreaths that perfectly capture the cozy elegance of fall.

NOTE: Each participant will pay \$25 for materials needed for their projects. There will be no class on Monday, Sept. 22.

REC311A · 2 Sessions

Campbell Center—Room A
 class size 20
 M · 11:00AM—1:00PM
 9/15/2025—9/29/2025

INSTRUCTOR: Michelle Ortiz

Beginning and Winning Poker

This is an introduction to the wonderful game of poker and specifically Texas Hold'em. Learn the basics beginning with a deck of cards. This course is appropriate for someone with no knowledge of poker as well as the casual amateur looking for some new information about modern poker strategy. Learn to shuffle and deal. Learn the rules and etiquette of playing poker in any setting, be it a home game or casino game. This course will cover all the basics of poker and a few advanced ideas like bluffing. The goal is for you to feel comfortable and capable in any poker game. Know when to hold'em, know when to fold'em. Know when to walk away, know when to run. However, you should absolutely count your money while sitting at the table.

NOTE: We will not be using real money in this class.

REC304A · 6 Sessions

Campbell Center—Room C
 class size 21
 Th · 1:00—3:00PM
 9/18/2025—10/23/2025

INSTRUCTOR: Bon Stewart

NEW! Cook Along: Aprons in Autumn

You cook in your kitchen and I'll cook in mine. Let's explore fall delights together! We'll make cranberry sauce (with a twist); twice-baked sweet potatoes with bacon, feta or goat cheese; lemon cakes with chèvre; savory mushroom-butternut bread pudding; and Aunt Jennifer's brandied pumpkin pie. You will be provided with recipes prior to our meetings; basic kitchen skills and equipment are needed.

NOTE: Some recipes are not gluten-free.

REC319 · 2 Sessions

Online
 class size 30
 W, F · 3:30—5:30PM
 11/12/2025—11/14/2025

INSTRUCTOR: Barbara Schack

NEW! Cook Along: Tomato, Tomahto — It's All Delish!

You cook in your kitchen and I'll cook in mine. Together we'll celebrate the tomato in all its glory. We'll enjoy a variety of dishes that feature the essence of ripe summer-time tomatoes: best gazpacho, raw tomato pasta, burst tomato galette with corn and zucchini, and warm tomato and white bean stew. You will be provided with recipes prior to our meetings. Basic kitchen skills and equipment are needed.

NOTE: Recipes will not be gluten-free, but students are free to adapt to their own dietary needs.

REC136 · 2 Sessions

Online
 class size 30
 Tu, Th · 3:30—5:30PM
 9/23/2025—9/25/2025

INSTRUCTOR: Barbara Schack

NEW! How Do Rogue Valley and European Wines Compare?

The wines in the Rogue Valley are made with grapes from Europe that were planted here in the hope they would produce wines comparable to European wines. This course will examine varieties of grapes transplanted from Europe to the New World, specifically, the Rogue Valley. Each week the class will focus on a different variety. The terroir, climate, viticulture and the winemaking practices in Europe and the Rogue Valley will be compared. We will examine the practice of testing organic acids and sugars before harvest and discuss how decisions based on the test results affect the flavors of the wine. Then, students will taste wines from both areas. Over six weeks, the class will examine red and white wines from France, Italy and Spain. Wines of a similar price level will be compared.

NOTE: Students will be charged a fee to cover the cost of the wines we taste. The fee will be based on the cost of the wines but will not exceed \$100. The fee is due at the first class. Students are required to pay the full fee for all six classes, even if they miss some sessions.

REC320A • 6 Sessions
Campbell Center—Room C
class size 23
M • 3:30—5:00PM
9/15/2025—10/20/2025

INSTRUCTOR: John Pratt

Japanese Mah-Jongg

Mah-Jongg is a tile game that originated in China, then moved to Japan before coming to the U.S. Each variation of Mah-Jongg (American, Chinese, and Japanese) has a unique play style and set of rules while using the same tiles. Learning one style does not prepare students for the other ones. In this course, students will learn to play Japanese Mah-Jongg. It is a game of skill, strategy and luck. The class will be held at the Elks Lodge. After a short lecture each week, students will start playing at a table of four. Each table will have a sensei (teacher) to guide students as they play. Students who need a refresher are welcome, as are beginners. After the course is over, each student will be invited to continue to play with the senseis and existing groups at the lodge.

REC110A • 8 Sessions
Ashland Elks Lodge—255 E. Main St.
class size 24
Th • 10:00AM—12:00PM
9/18/2025—11/6/2025

INSTRUCTOR: Linda Gamble

Knitting for Beginners

This class is for right- or left-handed absolute beginners, those who have tried knitting before but struggled with technique and tension, or for crocheters ready to try knitting. Starting from the basics, this class will teach my preferred method for Continental-style knitting, also called German, European, picking or left-hand knitting. Students will learn to cast on, knit, purl, tink, frog and bind off while knitting a series of beginner-level coasters.

NOTE: Knitting needles and other tools will be available to use for the duration of the class and various yarns used for the beginner projects will be provided.

REC312A • 3 Sessions
Campbell Center—Room C
class size 12
Th • 3:30—5:00PM
10/30/2025—11/13/2025

INSTRUCTOR: Margaret Mallette

NEW! Learn How to Play Bridge!

Bridge is a rich card game which is challenging and fun. This course targets beginning players: people who have never played bridge, those who are returning to the game after an absence and beginning players looking to improve their game. Using many prepared examples, students will learn how to bid, how to play and many tips for advancing beyond the basics. Most class days will include playing some full hands of bridge with guidance by the instructor.

NOTE: The instructor will provide all materials needed for the course. There is no required homework or activities outside the class, but students are welcome to play the game as much as they want between class sessions. There is no class on Monday, Sept. 29.

REC321A • 8 Sessions
Campbell Center—Room C
class size 20
M • 9:00—10:30AM
9/22/2025—11/17/2025

INSTRUCTOR: Kemble Yates



NEW! Making Holiday (or Any Day!) Pajamas

Do you gift your kids or grandkids with pajamas for birthdays or holidays but get frustrated because you're stuck with buying SpongeBob or Bluey when you'd prefer something timeless? This course is the solution to that because we will be making holiday (or any day) pajama pants from scratch. Choose your holiday print to be ready for the season of giving or choose a print for giving to yourself. Over the course of three weeks, we'll take you from a cut of fabric to a pair of pants for you or your giftee. And, of course they'll have pockets! Then the last week of class, we'll share our experiences and celebrate by making a gift bag for our creation while we enjoy cookies, music — and, of course, the coolest outfits in the world.

NOTE: Students should be comfortable sewing straight seams and learning to sew curved seams, and will need to bring their own sewing machines. A materials list will be in the precourse email. We'll take it from there!

REC322A • 4 Sessions
Campbell Center—Room C
class size 8
F • 1:00—3:00PM
10/31/2025—11/21/2025

INSTRUCTOR: Kathy Brantley

Round Kumihimo Braiding

What is kumihimo? The word “kumihimo” means “gathered threads” and involves using a multistrand cord or string known as the “koma.” Originally used for practical purposes such as securing armor and clothing, kumihimo now serves many decorative functions, including jewelry making and home decor. Participants will learn the craft by starting out making a friendship bracelet. After that is mastered, they will move on to more advanced design and projects. Both new and returning students are welcome. We will try simple and advanced designs to keep everyone engaged.

NOTE: This is round, not square, kumihimo. A supply list will be sent to registered students prior to the first class. The cost of supplies may range from \$15-\$40, depending on the project.

REC301A • 4 Sessions
Campbell Center—Room C
class size 15
M • 1:00—3:00PM
10/27/2025—11/17/2025

INSTRUCTOR: Peggy Foster

NEW! Slow Down to Run Fast

This course is based on two methods described in the books, “Slowing Down to Run Faster” by Edward Yu and “5K/10K Running: Run-Walk-Run Method” by Jeff Galloway. Each class, we will focus with intention on one function of running/walking. Students will be guided to observe and explore the movements involved in performing that function, such as using the entire surface of the sole of the foot. The intention will be incorporated into running/walking around the SOU track to bring the whole self into the movement. In addition to circling the track and using the stadium steps to keep moving, students will be introduced to some novel warm-ups and cool-downs. Rests will be encouraged throughout class. This course will give students options for new ways to move with ease, grace and comfort.

REC323A • 5 Sessions
SOU Track—1465 Webster St.
class size 11
W • 11:45AM—12:30PM
9/17/2025—10/15/2025

INSTRUCTOR: Moondance Forest

The Art of Agitation: Shrink Wool to Knitted Felt

Expand on your knitting repertoire by joining this knit-along (KAL) and create a knitted felt tote bag. Knitted felt is created by shrinking your loosely knit 100% wool piece with agitation and warm water to make a thicker and more durable fabric. Participants will learn specific knitting techniques used in the provided pattern, knit in class and on their own between classes, and then learn how to use the washing machine agitation method to shrink their oversized project into a practical and versatile tote bag.

NOTE: Participants must know how to knit, purl, cast on and bind off. In this class we will not be going over the basics of knitting. Instructions for a knitted felt fiber test swatch to be completed before the first class, as well as the list of required materials, will be sent to registered students in a precourse email.

REC130A • 3 Sessions
Campbell Center—Room C
class size 12
Th • 1:30—3:00PM
10/30/2025—11/13/2025

INSTRUCTOR: Margaret Mallette

NEW! The World of Salads 

Salads provide a wonderful part of our diet, and though we eat them as side dishes, we can also make a salad an entire meal. Salads come from all over the world and use a myriad of ingredients, incorporating a variety of dressings to add flavor. Each week in this course students will be asked to bring to class a salad and the corresponding recipe to share with other class members. The salads can be recipes you want to experiment with or tried-and-true standbys. A PowerPoint lecture on a different salad type will be presented each session. Besides sharing our recipes with other class members, we'll report on our cooking processes and on any adventures we had procuring ingredients.

NOTE: If you have any serious allergies that put you in danger when exposed to certain foods, this is not the right class for you, as students will bring-home cooked dishes to share at each class session.

REC324A • 4 Sessions
Campbell Center—Room C
class size 24
M • 1:00—2:30PM
9/15/2025—10/6/2025

INSTRUCTOR: John Pratt

Science, Technology, Engineering and Math

Beginning Excel for PCs

Do you think spreadsheets are only for accountants? Spreadsheets can be used by everyone! We will demystify Excel spreadsheets and show how they can be used to plan and organize activities, keep track of expenses and do simple analyses. The course will start with the basics, including an introduction to the Excel Window and options in the ribbons, creating spreadsheets and saving workbooks. Students will learn techniques for entering and formatting numerical and alphabetic data, navigating using shortcut commands, editing and moving data within spreadsheets and workbooks, and manipulating page layouts. Other topics include using basic arithmetic operations, analyzing data with simple functions such as SUM and AVERAGE and the use of simple IF statements.

NOTE: This course is not for Apple laptop users. Students must have Excel for PCs (version 2013 or later) loaded on their PC laptop computers and know how to download, save and open files from emails. The instructor will email files to students with exercises to use during class and to practice techniques at home. Before each class, students must download the files from emails and save them on their laptops to use in class.

STEM138A • 8 Sessions
Campbell Center—Room A
class size 11
W • 9:00—10:30AM
10/1/2025—11/19/2025

INSTRUCTOR: Holly Campbell

Coming of Age: The Rise of Orphan Genes

Anyone who took college biology before about 2015 learned that evolution occurred as genes gradually modified. However, a vast body of recent research has shown a second way new genetic functions can arise. Completely new genes can pop up willy-nilly from scratch. These are termed “orphan genes.” Orphan genes code for proteins that share no sequence similarity with proteins in any other species. They provide organisms with a reservoir of genetic elements to quickly respond to changing selection pressures. Every species, including humans, has thousands of orphan genes. We will discuss what orphan genes are, how they form, what they do and why they



ASHLAND PARKS AND RECREATION



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are essential to life. The first session will include a basic introduction to cell biology so students can get up to speed with the concepts.

STEM316A • 4 Sessions
Campbell Center—Room D
class size 53
Th • 11:00AM—12:30PM
10/2/2025—10/23/2025

INSTRUCTOR: Eve Wurtele

Cybersecurity in an Online World

The Pew Research Center estimates that 77% of Americans connect to the internet on a daily basis. However, most people do not understand what cyberattacks they may be subject to, nor do they understand the methods commonly used to secure online transactions or to attack or hack these systems. This course will describe the types of attacks most commonly used by cybercriminals; describe and explain the fundamental capabilities used to secure the internet; explain how these capabilities are used to authenticate users, secure content, manage digital certificates and perform other security/cryptographic functions encountered in the online world; and discuss what actions people can personally take to experience a more secure online lifestyle.

NOTE: Students need not be familiar with online security. Security concepts will be described in simple but accurate terms to allow students to better understand the risks and consequences of various online activities.

STEM130 • 8 Sessions
Online
class size unlimited
M • 1:00—2:00PM
9/15/2025—11/3/2025

INSTRUCTOR: Thomas W. Anderson

Further Experiments in AI

As artificial intelligence continues its rapid development, it is important that those interested in AI continue experimenting with current AI implementations. This course will explore developments in the implementation of “pay for service” products, including those produced by OpenAI (ChatGPT, DALL-E), Anthropic (Claude.AI), Google (Gemini, Gemma) and Microsoft (Copilot). Participants should have some familiarity with artificial intelligence. The historical development of AI will be discussed briefly. The primary focus will be on use of AI in professional services and individual utilization. The course is similar to the Practical AI Applications course the instructor taught in Winter 2025 but about half of the material is new.

NOTE: This will be a Level II course focused on establishing usable personal and professional skills in artificial intelligence. Participants should have a basic understanding of computer operations, including using word processing, presentation software and installing new programs and apps on computers and mobile devices.

STEM210 • 5 Sessions
Online
class size 50
W • 1:00—2:30PM
10/15/2025—11/12/2025

INSTRUCTOR: James Jarrard

NEW! Introduction to Drones

This course will focus on bringing beginner learners to the exciting world of drone operation. Over the span of the course, participants will learn how to safely and confidently operate beginner-friendly drones and gain insight into drone regulations and safety procedures. The course will also feature guest speakers from the fields of environmental science and military/defense, who will share how drones are used for conservation, disaster response, surveillance and strategic operations. No experience with drones or technology is required.

STEM322A • 4 Sessions
ScienceWorks Museum—1500 E. Main St.
class size 10
W • 9:00—10:30AM
9/17/2025—10/8/2025

INSTRUCTORS: Johnnie Snow, Liz Koonce

NEW! Living With Climate Change: The Rogue Valley

Students will learn the science of global warming and its climate consequences. Topics include regional trends and projections; how climate change intersects with energy use, construction, transportation, human health, social justice, weather and water; agriculture, forests, terrestrial ecosystems, carbon sequestration and wildfires; and how to address the crisis. Students will develop the tools to effectively communicate about climate change, assess their greenhouse gas footprint and develop individual action plans. The course will focus on the current climate science consensus. It is designed for participants with a range of scientific backgrounds and familiarity with climate science. The format will be slide-supported presentations, with opportunities for interaction and discussion.

STEM323A • 10 Sessions
Campbell Center—Room A
class size 20
W • 3:30—5:30PM
9/17/2025—11/19/2025

INSTRUCTORS: Alan Journet, Kathy Conway

Nuclear Energy: The Past Is Prologue

The existential crisis we face due to global climate change has brought renewed interest in nuclear energy as a means of reducing or eliminating carbon emissions. Advances in fission reactor technology such as small modular reactors and fusion reactor science (the “breakeven” experiment at Livermore National Laboratory) hold promise for achieving these goals. In this course students will learn: 1) A contextual perspective for nuclear energy, 2) Fundamental physics of radioactivity, fission and fusion, 3) How nuclear reactors work, 4) Safety and risk of nuclear power, 5) Recycling and radioactive waste disposal, and 6) Current developments regarding advanced fission and fusion reactors. We will also discuss the socioeconomic and sociopolitical issues that have confronted nuclear energy.

NOTE: This course is intended for students with a nontechnical or a technical background. Some simple arithmetic, as well as an open mind and heart are all that is required.

STEM208 • 8 Sessions
Online
class size 26
Th • 11:00AM—12:30PM
10/2/2025—11/20/2025

INSTRUCTOR: William Kastenberg

NEW! Organizing Computer Files on PCs

Have you ever downloaded or saved a document on your PC and then had trouble finding the file? This course is for beginning computer users who want to learn how to organize and manage the files on their PC. The course will cover how to create folders and subfolders; create or download files and store them in appropriate folders; move files between folders using cut/paste, drag/drop and copy/move; and use File Explorer to find files and sort files by date and type. Students will create a personal filing system for their documents, organize files in the documents folder and move them into the newly created folders. Students will also learn how to navigate from subfolders to other areas of their filing system. Additional topics include how to rename, delete and recover files.

NOTE: This course is only for students with PCs (not Apple) using Microsoft Windows v.10 or v.11. This is a hands-on

course, and students must bring their own PC laptops to class.

STEM324A • 2 Sessions
Campbell Center—Room A
class size 11
W • 9:00—10:00AM
9/17/2025—9/24/2025

INSTRUCTOR: Holly Campbell

Physics for Nonphysicists: Musical Instruments

Can you count? Can you tap your foot? Then you already have enough knowledge to understand what happens when you pluck a string on a guitar, bow a violin or sing in the shower. Learn how the energy that you put into the instrument is selectively transferred by the instrument into the room. Learn what makes a guitar sound like a guitar or a violin like a violin. Why does a soprano sometimes sound like a chicken? What compromises are necessary in the design of a piano? No musical experience is necessary. Experienced musicians are especially welcome to share their expertise. Learn the physics behind the guitar, human voice, piano and an instrument chosen by the class, presented through PowerPoint lectures, animations, videos and demonstrations.

STEM105A • 6 Sessions
Campbell Center—Room E
class size 78
M • 11:00AM—12:30PM
10/13/2025—11/17/2025

INSTRUCTOR: John Johnson

OLLI at SOU Membership Fee Financial Assistance

Thanks to the generous support of the Osher Foundation, OLLI members, and other donors, OLLI at SOU offers financial assistance to those in financial need.

To apply, please visit
sou.edu/olli/resources



See Like a Geologist: The Landscapes of Iceland

Iceland is a unique location on our planet. It sits atop a tectonic plate boundary where two oceanic plates are moving apart. Although usually located deep in the ocean, in Iceland this type of plate boundary can be viewed at Earth's surface. Because hot magma is rising to create new ocean crust, Iceland has a large variety of volcanic and geothermal features. Iceland's high-latitude position causes glaciers to form and northern lights to be visible. The course will explore the locations and causes of these phenomena via PowerPoint presentations with many photos; questions will be encouraged. The sites we will investigate are ones that visitors to the island are likely to see. This course was previously taught in Fall 2022, but new material has been added.

STEM121 · 4 Sessions
Online
class size 53
Tu · 3:30–5:00PM
10/14/2025–11/4/2025

STEM121A · 4 Sessions
Campbell Center—Room E
class size 78
Tu · 3:30–5:00PM
10/14/2025–11/4/2025

INSTRUCTOR: Karen Grove

Sex Education: Factors Influencing Sexual Identity

This course will cover the development of sexual organs in humans and the known factors that can influence that development. It will identify human conditions known to affect the appearance of the external sexual organs at birth and at puberty. The genetics of sexual presentation will be discussed, as well as maternal conditions and environmental factors that can affect the presentation at birth. Embryological development will also be presented. The information will be based on only what has been reported in the scientific literature and presented in understandable terms. Students will be encouraged to ask questions and share information. The course will consist of PowerPoint lectures and discussions.

STEM308 · 2 Sessions
Online
class size unlimited
Th · 11:00AM–12:30PM
10/23/2025–10/30/2025

STEM308A · 2 Sessions
Campbell Center—Room A
class size 34
Th · 11:00AM–12:30PM
10/23/2025–10/30/2025

INSTRUCTOR: Mary Ellen Gordian

NEW! There's Magic in Math (and Vice Versa)

Why do magic tricks work? Sometimes, the answer is mathematics. In this fun and accessible course, we'll explore how math can create a true sense of wonder. You'll learn some easy-to-perform magic, and together we'll uncover the clever mathematical ideas that underlie each trick. Whether you're looking for entertaining ways to amaze family and friends, or you're simply curious about what makes the magic happen, you'll enjoy discovering the "how" and "why" behind each unexpected twist. No advanced math or performance skills are needed — just curiosity and a desire to learn. Let's have fun doing math together!

STEM325A · 3 Sessions
Campbell Center—Room E
class size 78
Th · 11:00AM–12:30PM
10/30/2025–11/13/2025

INSTRUCTOR: Irv Lubliner

Using Apple Apps and iCloud

Learn how to use iCloud to sync and share Apple apps across your devices. This introductory course covers the benefits of cloud-based tools; setup and syncing across iPhone, iPad and Mac; sharing with others while managing access; and key privacy and security tips. Apps include mail, calendar, notes, reminders, photos, Find My, iCloud drive and files, and passwords. We will explore common features across applications and provide a solid foundation for how to use them effectively. Students should have basic familiarity with the iPhone or other Apple devices. This introductory course provides essential background knowledge and is strongly recommended for those interested in upcoming classes on Apple digital photos, calendars, reminders and notes.

STEM174 · 4 Sessions
Online
class size 50
Th · 1:00–3:00PM
9/18/2025–10/9/2025

STEM174A · 4 Sessions
Campbell Center—Room D
class size 35
F · 1:00–3:00PM
9/19/2025–10/10/2025

INSTRUCTOR: Neal Strudler

Social Science

NEW! A Few Words on Activism

Have you heard the idea that a dictator cannot remain in power if 3.5% of the population resists him? Do you wonder whether nonviolent actions really work better than violent ones? Do the good guys ever win? In this very short class, we will hear from a couple of modern-day thinkers and activists who can give us the best information about these questions. Using video presentations by the academic Erica Chenoweth and the activist Srdja Popovic, we'll learn the basics of current nonviolent thought and have the chance to discuss these ideas. No prior knowledge or work is required. No readings will be required, but you may want to read "Pranksters vs. Autocrats: Why Dilemma Actions Advance Nonviolent Activism" by Srdja Popovic and Sophia A. McClennen.

SOC332A • 2 Sessions
Campbell Center—Room C
class size 25
Th • 3:30–5:00PM
9/18/2025–9/25/2025

INSTRUCTOR: Ursula Shepherd

Better Together: The Work of the City of Ashland

Get to know city staff and the services we provide. This course will provide a high-level understanding of how our local government delivers services such as water, electricity, public safety, housing, wildfire mitigation, parks, streets and more. Each session will be on Zoom and will include a 20- to 30-minute presentation by city staff followed by questions and answers moderated by City Manager Sabrina Cotta. The course will include optional field trips to tour various city facilities, based on participants' interest. Please note this is a course about how the city operates, not a course on policy issues or political statements.

SOC312 • 9 Sessions
Online
class size unlimited
W • 1:00–2:00PM
9/17/2025–11/12/2025

INSTRUCTOR: Sabrina Cotta

Capitalism: The Good, the Bad and the Ugly

We will start with the history of capitalism and how it has evolved. We will discuss government support for capitalism and the importance of competition in bringing out the best of capitalism, as well as regulations that have been developed to control the bad aspects of capitalism. In the last two sessions of the class, we will explore how banking and the creation of money influence the behavior of capitalists as well as society in general. Students should have a curiosity about why humans want satisfaction and how people monetize their ideas, skills and abilities. We will do our best to present a full range of ideas about the subject. Each session will begin with a PowerPoint presentation, followed by discussion of relevant books, articles and documentaries.

SOC110M • 8 Sessions
Medford Higher Education Center—Room 118
class size 34
Th • 1:00–3:00PM
9/18/2025–11/6/2025

INSTRUCTOR: Jim Earley

Ethics in an Age of Existential Crises

This course will focus on the complex ethical questions posed by certain immediate and long-term existential threats to individuals and society. Among these are the use of AI, the politicization of government institutions, the effect of mass media, genetic manipulation of embryos, global climate change and pandemics. The course will be taught seminar-style. Students working in small groups will be responsible for researching a topic of their choice, writing a one-page paper and making a 10-minute presentation in class. Class discussion will focus on the nature of specific threats, their ethical ramifications and the influence of philosophy, religion and science on these issues. We will inquire into whether our current value system is adequate or a new set of values is required.

NOTE: This course is open to all students, including those who have taken it previously, since the discussion will be different.

SOC314A • 9 Sessions
Campbell Center—Room C
class size 22
W • 11:00AM–12:30PM
9/24/2025–11/19/2025

INSTRUCTOR: William Kastenberg

NEW! Gen Z Speaks: Literature's Newest Stars

Now entering their mid-20s, many talented Gen Z authors are lifting their voices and carving out strong stances regarding their novel experiences and perspectives. As digital natives, they are acutely aware of how identity is negotiated between real circumstances and incomplete virtual performances. Gen Z authors often speak passionately about 21st-century crises, bringing their verve to issues such as climate volatility and untenable social and economic systems. They have impressed audiences not only with what they say but also with how they say it: with clarity, conviction, freshness and hypnotic beauty. We will explore works by notable Gen Z authors — Amanda Gorman, Chloe Gong, Fatimah Asghar, among others — to examine the cultural provenance of this newest literary generation.

NOTE: This course is part of the online share with OLLI at Arizona State University.

SOC338 • 2 Sessions
Online
class size 50
W • 10:30AM—12:00PM
10/1/2025—10/8/2025

INSTRUCTOR: Heather Ackerman

NEW! Genius and the Gifted Brain: Exploring Intelligence

Have you ever wondered if you are cognitively gifted? What about your family members? Brilliant minds are my passion and my curiosity. Join in as we delve into the mind of genius, as well as the emotional and psychological attributes of the cognitively gifted brain. Explore what genius might mean with the impending Singularity (when humans merge with AI). Be dazzled as we study some savants. Take a deep dive into the history and definition of intelligence, neuroenhancement and the physiology of genius. Teaching methods include lecture, a Google slide presentation, brief movie clips, handouts and a few brief activities. Interactive discussion is encouraged.

SOC333 • 3 Sessions
Online
class size unlimited
Th • 11:00AM—12:30PM
10/30/2025—11/13/2025

SOC333A • 3 Sessions
Campbell Center—Room D
class size 53
Th • 11:00AM—12:30PM
10/30/2025—11/13/2025

INSTRUCTOR: Robin Engel

Hot News & Cool Views

This course is an open discussion forum to explore and discuss breaking news from Oregon and around the globe each week. All differing views and opinions are not only welcome but essential to create lively discussion in the group. We cover a wide range of topics, including politics, climate change, technology and medicine. An agenda with articles will be sent to you before each class. Students are encouraged to send in topics and news articles to add to each week's agenda. Please join us for a sizzling hot journey around the world in our fast, fun and sometimes controversial class whose success is largely a product of the wisdom, knowledge and experience of our great group. Many veterans take the class again because it's better than a strong cup of coffee to get your week going!

NOTE: There is no class on Tuesday, Nov. 11.

SOC139 • 9 Sessions
Online
class size unlimited
Tu • 9:00—10:30AM
9/16/2025—11/18/2025

SOC139A • 9 Sessions
Campbell Center—Room A
class size 34
Tu • 9:00—10:30AM
9/16/2025—11/18/2025

INSTRUCTOR: Rick Vann

How Congress Works in the Trump Era

In this course, we will follow how the Congress of the United States deals with day-by-day issues, including public hearings and statements by members. We will also review the role established by the Constitution, the organization and rules of procedure of the two houses, the leadership and the Oregon delegation. Finally, we will review the relationship between the Republican-controlled House and Senate and the Trump administration.

SOC113A • 10 Sessions
Campbell Center—Room A
class size 34
Th • 9:00—10:00AM
9/18/2025—11/20/2025

SOC113M • 10 Sessions
Medford HEC—Room 112
class size 50
F • 9:00—10:00AM
9/19/2025—11/21/2025

INSTRUCTOR: David Runkel



NEW! How the Alphabet Got Its Groove: Hidden Influencers

We will explore the alphabet's origins, tracing its lineage back nearly 4,000 years to Semites living in the Sinai region. We'll examine current scholarship and the problem of a set order to the early alphabet, an early feature that left its imprint on our own alphabet. Academia has considered this order mostly to be due to an unknown mnemonic. We will analyze the script's features along with language clues for insights on the relevance of an existing numerical design behind the script, and the idea that it had deep ramifications for the evolution of the alphabet, a thesis not yet peer reviewed. Sessions will be lecture/discussion with slide and video presentations providing a firsthand experience of source materials. Bring an enquiring mind; questions and skepticism are warmly encouraged.

SOC334A • 5 Sessions
Campbell Center—Room D
class size 42
Tu • 10:30AM—12:30PM
9/16/2025—10/14/2025

INSTRUCTOR: Roylon Mortensen

Lesbian Culture, Community and Relationships

This course brings to life lesbian community, culture and relationships, from Sappho (590 B.C.) to the 1950s. Particular emphasis will be on the impact of economic class and race on lesbians' relationships and the preservation of their viewpoints in art, literature, music and academia. We will use writings, art, music, video, lecture and drama in academic and popular sources. We may have sharing by Oregon lesbian elders. Teaching methods include presentation of the above material, sharing of your experience and knowledge and discussion. The perspective is shaped by the instructor's experience in lesbian culture.

NOTE: There is no class on Tuesday, Nov. 11.

SOC316 • 9 Sessions
Online
class size unlimited
Tu • 11:00AM—1:00PM
9/16/2025—11/18/2025

SOC316A • 9 Sessions
Campbell Center—Room B
class size 19
Tu • 11:00AM—1:00PM
9/16/2025—11/18/2025

INSTRUCTOR: LauRose Felicity

NEW! Organized Religion in Recovery: A New Direction

There has been a marked decline in the membership and relevance of organized religion over the past 70 years. This course will explore the dynamics behind this decline as measured in the loss of active members, further fragmentation into divisive sectarianism, decline in moral authority, and loss of influence in the wider dialogues of society. One response to this scenario is the rise of the Bahá'í Faith community. We will look at the Bahá'í Faith's history, extent and main tenets, which include a unifying theology emerging from comparative religion studies and the belief that an evolution of global community and communion is now occurring. This course will utilize the viewpoint of the Bahá'í Faith community, but its purpose is not to proselytize. All viewpoints will be respected.

SOC335A • 3 Sessions
Campbell Center—Room A
class size 34
F • 3:30—4:30PM
10/17/2025—10/31/2025

INSTRUCTOR: David Young

NEW! Plato's 'Charmides' or The Tyrant's Temperance

Plato's "Charmides" is a recounting by Socrates of an event of some apparent import following his military service and return to Athens early in the lengthy Peloponnesian War. Perhaps it's been many years since you've read the often-assigned "Apology," "The Republic" or "Symposium." Perhaps you've never read a Platonic dialogue or perhaps you've cultivated a liberal education throughout your adult life. Regardless, here's your chance to read and converse on this still timely and timeless dialogue on a theme of sound-mindedness — translated variously as moderation, self-control, discretion or prudence. In a small-group setting, we will have a playfully serious — if we're not being playful, we're probably not being serious — conversation with the work and one another.

NOTE: Any English translation will do. Students need to have read at least the first half of the work prior to our first class.

SOC336A • 2 Sessions
WaFd Bank—175 Lithia Way, Suite 100
class size 9
Tu • 10:00—11:30AM
10/14/2025—10/21/2025

INSTRUCTOR: Gregory Rhoades

NEW! Revisiting Our Founding Documents

The Constitution is the supreme law of the land. All courts, states and people are bound by it. The Declaration of Independence is our fundamental ethical document. It contains our aspirations as a nation. Both the Constitution and the Declaration are flawed documents. How are they functioning today? The fundamentals of both are being challenged today. What role do “we the people” have in understanding and dealing with these seminal pieces of our lives as citizens? No prior knowledge is required, although it would be helpful to have read the body of the Constitution (about seven pages) and the Bill of Rights — the first 10 amendments — and the Declaration beforehand. Participants of all political, ethical and societal viewpoints are welcome to this discussion.

SOC337M • 2 Sessions

Medford Higher Education Center—Room 118
class size 34
M • 9:00—10:30AM
10/27/2025—11/3/2025

INSTRUCTOR: John Frohnmayer

The Constitution in Everyday Life

We are experiencing challenges to our democracy that we have not had since the Civil War. Unfortunately, many of us can no longer identify the constitutional issues that are being threatened. The purpose of this class is to identify

current developments which present a direct challenge to our democracy and why. We will study current events through the prism of the Constitution.

SOC146-1 • 4 Sessions

Online
class size 30
W • 9:00—10:00AM
9/17/2025—10/8/2025

SOC146-2 • 4 Sessions

Online
class size 30
W • 11:00AM—12:00PM
9/17/2025—10/8/2025

INSTRUCTOR: Betsy Massie

The Healthy Brain and Aging

This course is an opportunity to learn skills to promote brain health and improve quality of life in aging. The goal is to support a healthy brain as one ages by providing education and focus on the Four M's: What Matters, Medication, Mentation and Mobility. These are the foundations of an age-friendly system of care. The course objective is to improve awareness of health behaviors and promote change through individualized goal setting, regulation and support. This is an evidence-based course and has four components: social connection, sleep, physical activity and cognitive engagement. The instructional methods include lecture, discussion, activities and short videos.

SOC319A • 5 Sessions

Campbell Center—Room A
class size 26
F • 11:00AM—12:30PM
9/19/2025—10/17/2025

INSTRUCTOR: Jennine Greenwell

Volunteer with OLLI at SOU!

We can help you match your interest, skills, and experience with an opportunity that fits your schedule. It's all about doing what you love and loving what you do.

See current volunteer openings at sou.edu/olli/get-involved/volunteer/.

For more information, contact Program Specialist Megan Rutherford at olli@sou.edu or call 541.552.6583



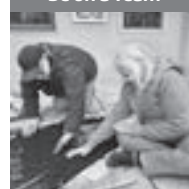
Teach at OLLI at SOU



Join a Committee



Be on a Team



Become a Leader



Instructor Biographies

Emmanuel Abramovits is a cultural manager and concert promoter based in Florida, with 25 years of professional experience organizing concerts by international artists in the U.S. and South America. He served as the cultural director at Union Israelita de Caracas for 11 years and has been teaching/lecturing for many institutions for four years.

Heather Ackerman has a PhD from Arizona State University, where she teaches composition. Her dissertation examined the semantic range and rhetorical value of the word “accommodation,” which garnered attention for being a “perfumed term” (Jonson), a “good phrase” (Shakespeare) and a stumbling block (Milton).

Dan Altman is an experienced teacher, passionately interested in personal transformation, innate well-being and spiritual insight. He has taught previous OLLI courses including Finding Peace in Times of Chaos. Altman, a former software entrepreneur, is also a writer, coach and owner of a neuro-feedback practice.

Thomas Anderson is a retired Navy captain who for over a decade has been providing lectures on different luxury cruise ships sailing to all parts of the world. His two fall courses are taken from his most popular cruise ship lectures and include his own personal explorations.

Thomas W. Anderson is an ATIS principal technologist specializing in standards, architecture and the evolution of service provider networks. He has worked in the chief technology office for major industry vendors including Cisco, Juniper and Bell Labs. He is the ATIS representative on industry advisory councils to advise DHS on cybersecurity issues.

Lora Andreatta is currently planning and preparing for a move to Manzanillo, Mexico, in retirement, where she and her spouse are building a home. Andreatta currently teaches management courses for the Oregon Department of Human Resources.

Dick Ashford has served as board president of Klamath Bird Observatory as well as board chair of the American Birding Association. He is emeritus director of the KBO board. He taught the Advanced Raptor Workshop at the Winter Wings Festival in Klamath Falls for 15 years. Ashford describes himself as a continuing student of birds and birding.

Marion Assenmacher has an MA in the science of education (University of Düsseldorf, Germany) and is the originator of the Divine Love modality. She has over 30 years of experience facilitating uplifting, intuitive group work focused on affirmation, meaning and connection for adults of all ages.

Bruce Barnes has studied watercolor painting through UC Berkeley extension and numerous workshops both in the U.S. and Europe. He has taught Travel Sketching twice before at OLLI at SOU. He is a member and co-leader of Ashland Urban Sketchers.

Anne Bellegia had a career in product management, strategic planning and communications in the health care industry and has extensive volunteer experience in services for the

aging. She has helped produce OLLI lectures and forums on the implications of longevity and the need for care planning and offered previous OLLI courses on related topics.

Benjamin Ben-Baruch has an MA in history and sociology from the University of Michigan and has taught at the University of Michigan and Eastern Michigan University.

Jim Berns was named principal broker of the year five times before retiring in California and moving to Oregon in 2022. During his career as a broker, Berns listed and sold over 600 homes. As a principal broker, Berns oversaw more than 15,000 transactions as a company owner and as a chief compliance officer.

Ginny Blankinship, while not a native speaker, graduated from UC Davis with a Spanish major and taught high school Spanish at all levels for 25 years. She has traveled to Spanish speaking countries whenever possible as a student, a tourist, an NGO volunteer, and continues to seek opportunities to stay fluent.

Kenji Bleicker is a local certified financial planner professional and investment adviser. He holds degrees from UC Santa Cruz and the University of Michigan. He has been a CFP professional since 2010.

Stephen Bosbach is a life member of the American Society of Dowsers. He began dowsing professionally for water in 1975. In 1987, he established the Armadillo Chapter of Dowsers in Austin, Texas, and he was its chairman for 12 years. He is very interested in dowsing harmful and beneficial earth energy.

Kathy Brantley studied mechanical engineering and geology at Caltech, but her career was cut short by some strokes just as it was beginning. She took up sewing to keep her hands busy and hasn't looked back! She's made many bags, pajama pants, purses, shirts, sweaters and pants, but she has settled on “anything with pockets” as her signature make.

Holly Campbell has multiple university degrees in education. She taught MS Word and Excel classes for 13 years at Rogue Community College and five years at New Horizons Computer Learning Center. She uses MS Word and Excel for PCs extensively in writing and formatting her work.

Jerry Campbell has a lifelong love of literature and welcomes the opportunity to look at the way that fiction provides a window into real life. He has a BA in music from Arizona State University, an M.Div. from the Pacific School of Religion and a love of great literature. He has led classes at OLLI for five years.

Denny Caraher has been writing songs for decades and has often taught OLLI courses related to music. His work has been featured on NPR. Three recordings for children have been awarded gold and silver medals from Parents' Choice. He has also recorded albums for adults. While a former resident of Ashland, he now lives in Northampton, Massachusetts.

Jan Cavecche holds an arts degree from UC Santa Barbara. She is a seasoned graphic designer and visual artist. She has taught fine art at the city college level and loves teaching small

workshops She has co-curated art shows and has shown in galleries in both California and Oregon.

Daniel Cazares comes from a long line of ancestors that thrived in Central Coast California and in northern Mexico before the Conquest. Cazares has a BA in psychology from Cal State Los Angeles, an MA in American studies from SUNY Buffalo and an MA in marriage and family therapy.

Avram Chetron is a retired public high school teacher who has led OLLI discussion groups about novels for many years. His experience teaching and his love of literature has stood him in good stead for guiding students to deeper appreciation for literature and for the life lessons it offers.

Joann Cleckner has taken art, quilting, Zentangle and book-binding classes for over 20 years. After retiring, she completed the 36th Zentangle teacher training to earn a Certified Zentangle Teacher certificate, which ensures that the Zentangle philosophy and quality are maintained.

Kathy Conway has over 30 years' experience teaching high school and university-level courses and has made many presentations dealing with climate science and the climate crisis. She co-founded and co-facilitates Southern Oregon Climate Action Now.

Teri Coppedge has taught Spanish for over 40 years, including a dozen at OLLI. She has a BA in Spanish and an MA in teaching foreign languages. She has lived, worked or studied in Spain, Mexico and Peru, and has traveled in several Spanish-speaking countries. She believes that anyone and everyone can learn another language.

Sabrina Cotta is the city manager of Ashland. She has worked in local government since 2007 for cities, counties, states and special districts. She has taught courses on public policy and public administration at the University of Arizona and with OLLI at SOU.

Diane Crothers is a former civil and women's rights lawyer. She has been a federal and NYC government executive. She has taught film, fiction, history, race and law at SUNY, NYU, Vassar, CUNY, Rutgers and three lifelong learning programs. In post-retirement, Diane has taken classes in historiography, modern French history and the rise of fascism.

Tony Davis has taught several courses at OLLI. His academic background is in linguistics, and he worked with computers and language before moving to Ashland in 2016. He enjoys travel and spending time in nature.

David Drury has a master's degree in city and regional planning and a PhD in cultural and applied anthropology. A lifelong history buff and fan of good storytelling, he has been a lecturer at UC Berkeley and for 10 years at the University of Hawaii at Hilo. At OLLI at SOU, Drury has taught a wide variety of courses.

Jim Earley has an MS and a BS in agricultural and resource economics from Oregon State University. In almost 40 years in the wholesale banking industry, he has developed an understanding of the economics of businesses in many industries. He has taught banking courses to experienced bankers as well as new recruits to commercial banking.

Kenneth Ehrlich, a retired rabbi, has written, lectured and taught courses and seminars on a variety of topics, including American Jewish literature, Jewish humor, ethics, New Testament studies, biblical interpretation, Holocaust studies, American religious history and thought, feminist biblical criticism, rhetoric and the literature of fly fishing.

Sallie Ehrman has taught this course for many years through OLLI. Her cut-up poems have received acclaim in literary magazines and contests. She has notebook upon notebook filled with her own cut-up poems created since 2006.

Robin Engel had 30-year career teaching English language arts across all grade levels. She holds a master's degree in curriculum and instruction and an endorsement in gifted education. She recently moved to Oregon from Arizona, where she also taught OLLI courses.

Geri Esposito has done and taught soul collage and vision board for 25 years. She likes collage-based formats because no drawing or painting is required. She began to draw and paint in an art journal in 2020. Her style is whimsical and free-flowing with plenty of color.

Bruce Evans has 40 years of experience as a second language and foreign language teacher, instructor, researcher and consultant. Evans has an MA in Teaching English to Speakers of Other Languages (TESOL) and PhD work (ABD) in educational linguistics. Evans has taught ESL in various settings and also taught language acquisition at SOU.

Peggy Evans, SOU professor emerita of music, has taught music courses, including OLLI courses, for many years. She holds degrees from Chatham University, the University of Michigan, and the Eastman School of Music at the University of Rochester. For over 50 years she has been an organist, a concert artist, a church musician and an educator.

LauRose Felicity has a JD, an MA in social work, and a CLAD (Cross-cultural, Language and Academic Development) teaching credential. She is a retired attorney, social worker and teacher, and she has taught at multiple educational levels, including third grade, college, law school and legal and social work professional forums.

Dave Ferguson is a lifelong lover of poetry. In graduate school at UC Davis, he took classes taught by poets Louise Gluck, Karl Shapiro and Alan Williamson. He has taught Walt Whitman's "Song of Myself" as an OLLI course for many years.

Fran Fields has taught three Playful Art OLLI classes and several workshops at other venues. She enjoys doodling, drawing, photography and watercolor painting but dabbles in other media too. Her style is meditative, precise and intentional.

Lee Fishel has a BA in political science from UC Santa Barbara, where he also studied extensively in classical theater. He has worked as a professional actor in Southern California and served on the board of directors of 42nd Street Moon Musical Theater Company in San Francisco.

Moondance Forest has an MEd in physiology and sports medicine, and a BA in PE and dance/movement. She has taught at universities, wellness centers, elder hostels and camps for over 35 years. Forest completed Feldenkrais teacher training

and is certified in tai chi. Her goal is to help people move in the way they desire throughout life.

Becky Foster volunteers with the local SHIBA program, counseling Medicare beneficiaries on how to navigate this complex health program. She did similar work in the Bay Area for six years. She has a master's in public health from UC Berkeley.

Peggy Foster has been teaching crafts to children and adults for over 20 years. She grew up doing crafts from a young age, and learning new crafts has always been a part of her life. She is a certified adult learning facilitator with Girl Scouts of the USA. Foster has a bachelor's degree in recreation education from Utah State University.

Cori Frank, a member of the Ashland Senior Advisory committee, is a retired health care professional who has been playing and teaching pickleball for a number of years. She has participated in and organized tournaments, round-robins, and jamborees. She also developed and teaches the youth program at Ashland YMCA and all OLLI pickleball courses.

Elisa Friedlander, owner of Ink To Insight LLC, is a psychotherapist who facilitates engaging journaling, therapeutic writing and poetry workshops globally. She also trains health professionals to better work with chronic pain. Elisa loves sharing the creative joys and transformative power of journaling.

Brooke Friendly has taught English country dance since 1981 and has been singing since she was a child. She teaches dance and leads social singing sessions at workshops and events throughout North America, England and Australia. Her website is brookefriendlydance.com.

John Frohnmayr has degrees in American history, ethics and law and was a trial lawyer for over 25 years. He lived the First Amendment during a stormy tenure as chairman of the National Endowment for the Arts (1989-92). He is the author of a book on the First Amendment and has presented a short course on it at numerous colleges and universities.

Linda Gamble learned to play Mah-Jongg in 2004 in an OLLI class taught by Japanese American senseis Sachi Fujikawa and Chiyemi Doyle. She has played ever since and has taught this class before, in 2010 and 2022.

Fernando Gapasin is a sociologist with a PhD from UC Santa Barbara. He has been faculty and taught at UCSB, Penn State, Yale, UCLA and the University of Oregon, as well as OLLI at SOU. He has numerous publications and has taught classes about research methods, labor relations, race, class, gender and ethnic studies.

Mark Gibson has an MS in science and a life coaching certificate. His life purpose is to nurture motivated people to honor truth and love over fear. His coaching focuses on fearless living and truth facilitation. He has authored three books: "Living Unconditional Love," "How to Find Love Through Online Dating" and "Truth Is the Path to Freedom."

Mary Ellen Gordian received her MD degree from Indiana University. She practiced as a family doctor for 35 years and delivered approximately 2,000 babies. She later completed a residency in public health and served as medical officer in the U.S. Army and in Anchorage, Alaska. She did research at the University of Alaska Anchorage until she retired.

Udo Gorsch-Nies is a native German speaker who has taught German classes at SOLIR/OLLI since 2005. He immigrated to the U.S. in 1992 and became a citizen in 2004. His academic background is in high-energy/elementary particle physics. Professionally, he worked in computing, systems analysis and computer systems' validation in the EU and the U.S.

Robert Graybill is a theater geek and a history buff. He has an MA in the former but none, alas, in the latter. In earlier lives Graybill was a newspaper editor, a schoolteacher, a technical writer at Los Alamos National Laboratory and the president of a community theater. He has taught at OLLI since 2013.

Jennine Greenwell holds a master's degree in human services and a bachelor's degree in behavioral science. She earned a postgraduate certificate in behavioral health and aging. She is the older adult behavioral health specialist with Jackson County Health and Human Services and part of the Oregon Older Adult Behavioral Health Initiative.

Karen Grove is a geologist with a PhD from Stanford University. She was a professor of geosciences for 26 years at San Francisco State University, where she taught a wide variety of courses and did research focused on sedimentation and tectonics. She now focuses on traveling to interesting geologic locations and reporting on what she finds there.

Daniel Guy is a lifetime student of history and war. He is a former reserve infantry officer with 12 years of service, mostly in the Army National Guard. His career ended in 1997 due to an acquired brain injury. Since 2013 Guy's primary focus for OLLI at SOU has remained the true costs of war and militarism.

Norman Hale has been playing guitar for more than 30 years and likes nothing better than to play music with a group of friends. He has degrees in literature and film from the University of Oregon and has taught at the college level. He believes strongly in the power of music to draw people together and views his role as facilitator more than an instructor.

Catherine Hammond was a transpersonal counselor, integrating spiritual and holistic perspectives into her practice for 30 years. She was first introduced to the mythic dimension by Tibetan monks who brought their teachings of mythic reality to the U.S. with them. Later she was inspired to learn from mentors and gurus of every stripe.

Becky Hawkins was midway in her 38th year as a career editor when she returned to college to pursue her first love: art. She has studied watercolor since 2008 and taught for OLLI since 2020, when she also founded the Watercolor Shared Interest Group (SIG) and still leads its meetings.

Nancy Heyerman is an experienced modern dancer taking classes and performing many times in the last 20 years. She has partnered with Clay Nelson in teaching tango and swing and has attended all his tango festivals in Portland and in McCloud, California.

Hilde Hoogenboom is an associate professor of Russian in the School of International Letters and Cultures at ASU, with research on relationships between 19th-century Russian literature, culture and history. She has a PhD from Columbia University and a Harriman Institute Certificate in Russian, Eurasian and East European Studies.

INSTRUCTOR BIOGRAPHIES

Mitch Hrdlicka has been doing home repairs and maintenance since early childhood. Upon retiring as a police detective after 31 years in law enforcement, he began building homes for Habitat for Humanity and had a handyman business, Mitch'll Fix It, for over 20 years. He is the technical director for the Rogue Theater Company in Ashland.

Lisa Hubler is a meditation teacher and hypnotherapist with over 25 years of experience in mindfulness, Rinzai Zen and yoga. Her calming voice and background in singing and literature bring musicality and poetry to her use of words. She has a degree in English and American literature from the University of Southern California.

Thomas Huffman is a long-term meditator who has also studied different meditative and contemplative practices and orientations extensively. By profession, Huffman has been a psychotherapist for 50 years working with groups, families and individuals. He graduated with an MSSW from the University of Tennessee.

Linda Jaffe holds an MFA (writing) degree. She has been published in numerous literary journals and has published a chapbook with two other poets. Jaffe served as poetry editor for a literary journal and has taught numerous writing and literature courses at OLLI. She believes that creativity brings self-understanding, surprise and joy.

James Jarrard worked as a technology and information professional with the federal government for over 25 years. In the early 1990s he worked with the Advanced Research Projects Agency (ARPA) to transfer the internet from military to civilian application. He also worked as a knowledge management coordinator for the Peace Corps.

John Johnson has degrees in physics from Grinnell College, Carnegie Tech and Carnegie-Mellon. He taught physics, including musical acoustics, at the college level for 10 years. He has attempted several musical instruments, including trombone, guitar and voice. He has performed in public many times singing ersatz tenor, and no one was ever injured.

Alan Journet has over 30 years' experience in college and university level teaching of biology and has taught many courses and given many presentations dealing with the climate crisis. He co-founded and co-facilitates Southern Oregon Climate Action Now.

Pamala Joy has been a mime, clown and street theater performer since 1972, with experience teaching and performing in 16 countries. With a BA in theater, she worked with many theater groups in Europe, India and the U.S.; directed the Fools School in Amsterdam's Fools Festival; and founded an international school of creativity in Italy.

Rebecca Jurta started playing American Mah-Jongg a year ago, and now plays weekly. She is not an expert, but the early hands-on play instruction, coupled with a reference text, helped her gain the confidence to join a group of seasoned players. Using similar guided practice lessons and hands-on beginner play, she will help other OLLI members learn AMJ.

John Kalb has 40-plus years of experience as a chiropractor and wellness coach. He earned a BA from NYU in psychology and chemistry, an MS from the University at Buffalo in biology, and a DC degree from the University of Western States.

He has taken numerous postgraduate courses in psychology and neuroscience. It is his 14th year teaching at OLLI.

William Kastenbergh, PhD, is distinguished professor of engineering, emeritus at UC Berkeley. His teaching interests have included nuclear reactor analysis and safety, risk analysis and engineering ethics. He has taught a freshman seminar at Berkeley and a course at OLLI titled Ethics in an Age of Existential Crises.

Ronnie Kaufman is a longtime explorer of personal growth practices and philosophical teachings. Having studied the works of visionary thinkers for years, he brings enthusiasm and thoughtful facilitation skills to create welcoming discussion spaces. His strength lies in fostering inclusive conversations where diverse perspectives enrich the class.

Kara Keeling earned her PhD in Victorian literature from Indiana University. She taught children's and young adult literature to undergraduates and graduate students at Christopher Newport University in Virginia for 31 years. Keeling takes great pleasure in (re)introducing adults to literature for young readers.

Timothy Kelly has been with OLLI for over 15 years and has taught classes for several terms, including the course, Live! Greatest American Speeches in History, and many terms of short story classes. Kelly has written three stage plays and has performed at Camelot Theatre, Oregon Stage Works and the Oregon Cabaret Theatre. He loves the short story format.

Joanne Kliejunas, PhD, has taught versions of her advance directive course for 10 years. She has been a hospice volunteer and serves on the Rogue Regional Medical Center Ethics Committee. Kliejunas is passionate about all of us developing ADs that truly reflect our values and strengthen our connections with loved ones.

Liz Koonce is the exhibits and facilities coordinator at ScienceWorks. Throughout her graduate studies and work as a landscape architect, she has used drones for site and vegetation analysis, photogrammetry and even to photograph wild horses. She is well-versed in the ecological applications of drone technology and owns a drone for photography.

Ron Kramer taught media courses at Lewis and Clark University (1967-74) and at Southern Oregon University (1974-98). He served as Jefferson Public Radio's executive director from 1974 to 2012. Nationally, he represented Western U.S. public radio stations to NPR/CPB and served on numerous policy committees for both organizations.

Tara Laidlaw has worked in place-based education for nearly 20 years. She currently serves as Southern Oregon Land Conservancy's education program manager, where she teaches nature journaling for learners of all ages. She holds a BA from Stanford University and an MAEd in natural science and environmental education from Hamline University.

John Lane is a retired engineer and an avid collector of historic U.S. coinage who has developed an interest in the history of money, how it is created, how it is valued and how it is exchanged. Lane has read several books on the topic and would like to share his experience and knowledge with anyone interested in this fascinating subject.

Stephanie Lash has a BA in psychology and has been involved in personal growth practices since 1975. She has taught meditation and stress reduction classes since 1978 and has formal training as a personal growth coach. In addition to a full-time career in human resources, she has taught meditation and accessing inner guidance for over 40 years.

William Lawson has played guitar for over 50 years. He has written a multitude of songs, recorded and released numerous albums and performs regularly. He has taken guitar lessons privately and at SOU. He knows piano and drums, and has taken classes in voice and choir. He has taught classes in history and writing for OLLI.

Marcus Levitt taught Russian literature in both English and Russian at USC for more than 30 years. His Russian is excellent. He has lived in the Soviet Union or Russia for many years, usually with his wife, Alice Taylor.

Irv Lubliner is excited to teach math, blues harmonica and literature classes at OLLI. An emeritus SOU professor specializing in mathematics education, he taught younger learners in the Bay Area for 30 years and led seminars for teachers in 39 states. Since 2021, he has given online presentations for 86 different OLLI programs throughout the country.

Jane Maitland-Gholson holds a BS, MA and doctorate in art education. She spent six years in the public schools learning how to teach. Then, in 1984 she joined the University of Oregon art education faculty, preparing aspiring art teachers. Her favorite course to teach, Art and Visual Literacy, resulted in a book for teachers titled “Engaging Visual Culture.”

Margaret Mallette first learned to knit as a teenager, but only after learning to knit Continental-style 20 years ago did she begin to speak knit. Always looking for project inspiration and trying to expand on her knowledge of techniques, she frequently browses yarn shops, the library and online. She especially enjoys learning from other knitters.

Betsy Massie taught U.S. history and the U.S. Constitution to 11th- and 12th-grade alternative students. She has taught OLLI courses focused on the Constitution in our everyday lives for over seven years. In addition, she has prepared and delivered a Ted Talk on the Constitution titled “Use It, or Lose It.”

Amy McCoy moved from Ashland to Plovdiv, Bulgaria, in March after multiple years of planning. She has extensive experience in education at all levels and has traveled extensively as part of her time in higher education. She will be highlighting the importance that planning and preparation play in a successful move, particularly with large pets.

Jan McCoy moved from Ashland to Plovdiv, Bulgaria, in March after multiple years of planning. He has extensive experience in delivery of education from preschool through doctoral level, both in person and online. He will use his experience in education and in living outside the U.S. to help others with their potential move.

Phil Meyer, CEO of Southern Oregon PBS, has worked more than 30 years in public media. The recipient of four Regional Emmy Awards, he is a past PBS Communication Professional of the Year. As an adjunct instructor at Indiana University for 11 years, Meyer taught promotion and marketing in telecommunications. He has taught at OLLI since 2023.

Roylon Mortensen, an accomplished wood sculptor, has an education in Near East studies and ancient Hebrew. An avid student, he is passionate about research and discovery. Driven by an outside-the-box philosophy and an urge to figure things out, he tackles challenging math courses for fun at SOU, plays guitar, folkdances, hikes, bikes and invents.

Tysen Mueller has a BS and MA in physics. He has read extensively on psychology as well as taken workshops and courses. During his 40 years as an aerospace engineer, he developed and used sophisticated statistical models to predict performance and has been fascinated by the vagaries of luck. He practices being an empathic compassionate listener.

Clay Nelson has taught Argentine tango in Portland, Seattle, Ashland, Medford and other U.S. cities. He is the organizer of the Portland ValenTango (annually for 25 years) and McCloud (California) BurningTango (10 years). He learned tango from the instructors he has hired and from the tango masters themselves during various trips to Buenos Aires.

Dianne Oberhansly holds a BA and MFA in creative writing from Arizona State University. She is a multigenre writer, and her work has been honored nationally. Oberhansly has taught in a variety of schools and writing workshops and for the National Foundation for Advancement of the Arts.

Lisa Odegaard has relied on dance and movement to express herself since childhood. She has trained in and practiced authentic movement for over 30 years. She worked as a marriage and family therapist for 25 years.

Dorothy Ormes taught academic library research methods for 20 years and was the subject specialist for English at SOU from 2011 to 2020. She received an MLIS from Emporia State University and an MA in storytelling from East Tennessee State University. She is also a professional storyteller who researches literature and folklore.

Michelle Ortiz is an event planner experienced in creative design, and she is able to conceptualize and design seasonal themes that reflect current trends. She is meticulous in the execution of projects producing high-quality results for all participants. She has owned her own business for over 25 years planning events, staging, designing and teaching.

Patricia O'Scannell holds a BA in music from UC Riverside. She has played and sung in Irish sessions throughout the U.S., Canada and Ireland since 1980. She toured in the '80s and '90s with the Irish band Criona and has taught widely at SOU, privately and with the nonprofit Musica Matrix. From 1980 to 2007 she performed and directed music at OSF. Her music has aired on NPR worldwide.

Bob Palermi has been a photographer since high school. He studied photojournalism in college and went on to management roles in newspaper technology and production. He returned to serious photography in 2008 as a freelance photographer. He has worked for Ashland.news, the Special Olympics, SOU Athletics and a variety of other local organizations.

Louise Paré holds a PhD in women's spirituality from California Institute of Integral Studies and an MA in religious studies from Mundelein College. She is an international women's spirituality and social justice educator and published writer with 40-plus years of teaching experience. In 1997 she taught

workshops at the Cherkasy Women's Center and researched in Kyiv and Cherkasy, Ukraine.

Mary Ann Perry is the sexton of the Forest Conservation Burial Ground. She is a certified home funeral guide and green burial educator. Her background is in teaching special education and environmental education. She has a passion and skill for community education and outdoor adventure.

Susanne Petermann has a BA degree in German. She works as an organizer and a writer. She is currently in the process of writing a book translating Rilke's poems. She has trained in and practiced authentic movement for 35 years.

Kathryn Poethig has a PhD and Master's of Divinity degree. She has walked and helped others prepare for caminos in Spain, Portugal and France. She taught Sacred Walks at San Francisco Theological Seminary, which focused on the intersection of spirituality, theories of pilgrimage and long-distance walking.

John Pratt has owned and operated a commercial vineyard in the Rogue Valley since 2007. He makes wine in his garage to share with friends and to donate to OLLI. Cooking is a lifelong passion, and he finds salads a more and more important part of his diet. After 40 years of teaching in California, he now exercises his teaching muscles at OLLI.

Nando Raynolds, MA, has studied and taught tai chi, karate, kenpo, escrima, qigong, massage and contact improvisation dance over the last 45 years. He is an author in the counseling and martial arts fields. He works in private practice as a psychotherapist with couples and adults and has taught courses at OLLI since 2019.

Allison Renwick has BA and MA degrees in art history from the University of Oregon. She taught community college art history and drawing in Portland for 30 years before retiring to Ashland in 1998 and joining SOLIR, now OLLI. In addition to Western art history, she has also taught PowerPoint courses at OLLI.

Gregory Rhoades, your guide for a conversation about Plato's work, has a BS and MA in English and an MA in liberal education and will work to uncover a deep understanding of the work via a text-based, shared-inquiry approach.

Shannon Rio is president of the Klamath Bird Observatory. She teaches in a number of different venues and is a bird guide. Rio has lived in the Rogue Valley for 43 years and is dedicated to a number of nonprofits and to community engagement.

Ean Roby is professor emeritus at Ohlone College in Fremont, California, where he taught for 34 years. He regularly teaches courses at OLLI on such topics as ancient history, the history of philosophy and the history of religions.

Cyd Ropp holds advanced degrees in classical rhetoric, education and Christian counseling, as well as a bachelor's degree in psychology. Her doctoral specialty of classical rhetoric looks at ideologies and worldviews that uphold modern beliefs through the lens of ancient manuscripts and comparative religions.

Howard Jay Rubin, CFP, is a financial life planner and writer with decades of expertise guiding people through the financial and human sides of moving through life's major transitions.

He has a BA in behavioral psychology from Duke University and a lifelong passion for positive, transformational psychology.

Carol Rudie used her college teaching skills to research and to present background to Russian and Soviet art and culture. Now retired from her position as outreach education coordinator for the Museum of Russian Art in Minneapolis, she continues to offer presentations to various continuing education programs around the country.

David Runkel reported on the Congress for the Philadelphia Bulletin, lobbied for the Commonwealth of Pennsylvania, and served as the communications director for the House Banking and Financial Services Committee. While acting director of the Institute of Politics at Harvard's Kennedy School, he directed a program for new Congress members.

Barbara Schack graduated from UC Santa Barbara with a BA in art and earned an MS at SOU in education. She has won awards in cook-offs and has cooked for private parties, a vineyard in the Napa Valley and for family and friends. Having taught elementary grades through graduate levels, and now at OLLI, Schack is delighted to share her kitchen magic.

Myco Schroeder has worked as an outdoor educator for the past 10 years and is currently working as the education and engagement specialist for the Southern Oregon Land Conservancy. They hold a BS in environmental studies from San Jose State University.

Ashley Schultz is an energy alignment adviser with extensive experience in energy healing, chakra education and guided meditation. She helps individuals understand their energetic systems and release blockages.

John Schuyler is a retired forester who received a BS in forestry from UC Berkeley. During his 32-year career with the USDA Forest Service, he worked on national forests in Oregon, California and Arizona — working in timber management, recreation, minerals, planning and administration.

Paul Sheldon is an internationally recognized authority on environmental education, sustainability, bioregional resilience, food planning, natural capitalism and fundraising. Board member of Bellview Grange, consultant to Pollinator Project Rogue Valley, he holds an MA in human development and is the executive director of the Crest at Willow-Witt.

Ursula Shepherd has studied nonviolent action for many years. She has trained with the Rev. William Barber II's Moral Mondays group, and has participated in a few civil actions over the years. She has an MA in social sciences and a PhD in ecology and evolution. She occasionally taught classes in the history of nonviolent action at the University of New Mexico.

Morgan Silbaugh majored in English and received a master's degree from Cornell University. He has led classes at OLLI for more than 10 years. He has extensive experience facilitating small groups, and works to create a secure place for learning where even controversial ideas and problematic attitudes can be aired safely.

Johnnie Snow is the education manager at ScienceWorks Hands-On Museum in Ashland. She has spent the last 10 years in STEAM education for elementary, middle and high school

students. In her role at ScienceWorks, she develops and maintains curriculum, facilitates educational programs and hopes to spark curiosity about the world around us.

Karen Spence was the children's services manager for the Yakima Valley Libraries system for much of her career. She also taught children's literature at Heritage College in Toppenish, Washington. She has led book discussions for all ages, and one of her retirement pleasures is sharing her love of children's books with fellow OLLI students.

Daniel Stephens has a BA in speech/theater from SOU and an MFA in dance from Southern Methodist University with a thesis in Elizabethan dance and movement. He performed in the OSF Green Show for nine seasons. He has taught workshops in the Shakespeare Studies program at SOU and has taught and performed Renaissance and Baroque dance for many years.

Bon Stewart has been playing poker for over 40 years. He has been a member of the Ashland Invitational Poker Club for over 22 years and is the current club champion. He is the creator and commissioner of the Sundays at Springhill Poker League, which is in its third season. Bon is an amateur poker player successful in cash games and tournaments.

Susan Stitham retired in 2003 as a high school English and European history teacher. She discovered the pleasures of studying American history and has shared insights with OLLI classes over the past 20 years. Helping people enjoy Shakespeare's plays is a lifelong passion. She is grateful to OLLI at SOU for making it possible to do both.

Neal Strudler holds an MA in elementary education and a PhD in curriculum and instruction from the University of Oregon. A former elementary teacher, assistant principal and professor of technology and teacher education, he has enjoyed teaching a variety of OLLI courses, sharing his passion for helping others make the most of technology.

Alice Taylor curated the exhibition "Book Arts of Isfahan" at the Getty Museum in 1994 and authored the accompanying book, "Book Arts of Isfahan; Diversity and Identity in Seventeenth-Century Persia." She loves teaching Russian and art history for OLLI.

Lorraine Vail has taught film and literature courses at OLLI for nine years. She has a BA from State University of New York at New Paltz and Penn's Wharton School. She has been a film screener, adviser and co-producer of the 2023 Ashland Independent Film Festival. In 2012, her novel was one of Amazon's Best 400 for first-time authors.

Helene Vala spent 11 years living in Brazil learning and training alongside Brazilians on how mediumship works, and she became an official medium in Brazil. Helene has been a shamanic trauma-clearing medium for over two decades, which has given her personal experience regarding how different levels of being affect our physical reality.

Rick Vann is a retired corporate executive from the food service industry. In addition to four decades of experience in the corporate world and a business degree from San Diego State University, Rick brings enthusiasm and organization to Hot News & Cool Views.

Diane Victor, certified in traditional naturopathy from Trinity School of Natural Health, spent 25 years in private practice. Bridging the intuitive and the empirical and drawing on the ancient wisdom of Five Elements (earth, water, fire, air and ether), she brings professional depth and heartfelt wisdom toward mitigating climate change.

Meri Walker has a BA in English and philosophy and an MA in communication. She has taught writing, printmaking and photography across the country while exhibiting and publishing for over four decades. She's been teaching mobile photography and multimedia storytelling at OLLI for three years and published 15 of her own e-Books on Apple Books.

Rick Wasserman is a voice actor with more than 30 years of experience. He's voiced for AMC, Marvel, NBC and top video games, and teaches nationally through Bookable Voiceover, where he is director and lead educator. Wasserman holds a BA in theater arts from Temple University and an MFA in acting performance from the University of Missouri, Kansas City.

Nancy Wilkinson holds an MA in art education. She has taught art in public schools and has held art workshops in Arizona, New Zealand and Costa Rica. Wilkinson has taught a number of art courses at OLLI, and she continues to teach in her home art studio in Ashland.

Dwight Wilson, a registered nurse, is the executive director of Southern Oregon Friends of Hospice and administrator of Celia's House. He has experience in managing and providing palliative and hospice care. He has directed home, hospice and extended-care programs.

Daniel Wise has an MA in education from California Lutheran College and an MBA from Cal Poly San Luis Obispo. He has been teaching for over 40 years in adult and childhood education settings. He has taught the AARP Smart Driver class for seven years and has also instructed with the Team Oregon Motorcycle Safety program.

Eve Wurtele, PhD, is professor emeritus at Iowa State University, where she led the development of cutting-edge computational technologies for identifying and characterizing orphan genes, as well as looking at large biological data sets. She has over 250 journal publications. In Ashland she draws, paints, gardens and does research.

Kemble Yates is a professor emeritus of mathematics at Southern Oregon University. He has played bridge for over 50 years and is a Sapphire Life Master in the American Contract Bridge League. Since his retirement in 2022, he has actively pursued his passions — hiking, travel, attending live music and playing bridge.

David Young MD has had a lifelong interest in comparative religion and is committed to the emergence of global community based on the Oneness of the Human Family and its religious history.

OLLI Annual Fund 2024-2025

Donations to the Annual Fund support OLLI at SOU's operating budget, which help keep our membership fees low and program quality high.



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 Sylvia and Keith Whitman
 Bennie Williams
 James Williams
 Jody Willis
 Dickie Wilson
 Dwight and Julie Wilson
 Joe and Michael Wirth
 Vince Wixon
 Shannon Wolff
 Mary Wooding
 Tom and Julia Woosnam
 Linda Wright
 Michael Wright
 Lillia Young
 Steven Yungen
 Elisabeth Zinser

We work hard to ensure all donor names are included. If your name has been inadvertently left off, please let us know by emailing olli@sou.edu.





Thank You to Our 2024–25 Volunteers

This past year brought many opportunities for growth. As always, your flexibility and willingness to adapt to meet the needs of OLLI at SOU made for an exceptionally rewarding year. Your generosity and commitment to this community are noticed and appreciated by OLLI members, staff and fellow volunteers. Thank you!

Alan Ackroyd	Beata Chapman	Fran Fields
Sarah Aitken	Avram Chetron	Peter Finkel
Colet Allen	Cody Christopherson	Lee Fishel
Dan Altman	Paul Christy	Shawn Flot
Alma Rosa Álvarez	Teresina Christy	Lynne Foley
Scout Ames	Karen Clarke	Moondance Forest
Dick Ashford	Joann Cleckner	Becky Foster
Viki Ashford	Diana Clennan	Peggy Foster
John Aufderheide	Anne Coleman	Flavia Franco
Joyce Avery	Jim Coleman	Mitchell Frangadakis
Kent Bailey	Kani Comstock	Cori Frank
Rick Baird	Russell Copley	Sid Frederick
Jane Ballback	Teri Coppedge	Brooke Fredericks
Barb Barasa	Sabrina Cotta	Alli French
Don Barry	Marcia Couey	Elisa Friedlander
John Barth	Vern Crawford	Brooke Friendly
Christine Beekman	Karen Culver	Fernando Gapasin
Anne Bellegia	Tony Davis	Dave Garcia
Barbara Bergan	Dan Dawson	Andrea Gay
Jim Berns	Leslie Dawson	Mark Gibson
Anne Billeter	Sharon Dean	Marta Gomez
Ginny Blankinship	Ginnie Deason	Robert Good
Kenji Bleicker	Diane DeMerritt	Cheryl Goodman-
Rick Bonetti	Paul Derezotes	Morris
Lynn Bonetti	Mary Devlin	Mark Goodman-Morris
Kathy Brantley	Robert Dorney	Mary Ellen Gordian
DeeAnna Breazeale	Ellen Downes	Deborah Gordon
Scott Bucy	Jim Doyle	Udo Gorsch-Nies
Sandy Burd	Terry Doyle	Robert Graybill
Gene Burnett	David Drury	Jennine Greenwell
Samarra Burnett	Sarah Dunfee	Liz Greenwood
Liz Caldwell	Thomas Eckert	Karen Grove
Kori Calvert	Cliff Edwards	Daniel Guy
Roxanne Camacho-	Sallie Ehrman	Norman Hale
Flynn	Geri Esposito	Charles Hall
Holly Campbell	Bert Etling	Myrna Hall
Jerry Campbell	Bruce Evans	Ruth Halpern
Kathy Campbell	Peg Evans	Elaine Hamlin
James Cannon	LauRose Felicity	Barb Hansen
Denny Caraher	Dan Fellman	Mark Harling
Carol Carlson	Sandy Felton	Bill Harris
Bonnie Cassel	Dave Ferguson	Lynne Hasselman
Jan Cavecche	Christine Fernlund	Becky Hawkins
Daniel Cazares	Phyllis Fernlund	Sunny Hawkins
Enrique Chacón	John Ferris	Elaine Hebert

Bob Heilbroner	Phil Meyer	Ruth Sloan
William Hering	Lucy Moore	Ed Smith
Nancy Heyerman	Tam Moore	Michael Smith
Alys Holden	Beth Morris	Becky Snow
Mitch Hrdlicka	Tysen Mueller	William Southworth
Lisa Hubler	Gerald Murphy	Karen Spence
Thomas Huffman	Louisa Nahem	Paul Stang
Talent Maker City	Muna Nash	Paul Steinle
Instructors	Clay Nelson	Daniel Stephens
Dale Jaffe	Dianne Oberhansly	Susan Stitham
Linda Jaffe	Lisa Odegard	Neal Strudler
Daya Jagers	Charlotte O'Hare	Mike Sullivan
James Jarrard	Dorothy Ormes	JoAnn Sustrick
John Johnson	Michelle Ortiz	Roy Sutton
Kay Johnson	Patricia O'Scannell	Sue Swarbrick
Rebecca Jurta	Bob Palermi	Kathy Tarr
John Kalb	Tracy Palermi	Alice Taylor
William Kastenber	Louise Paré	Sandy Theis
Ronnie Kaufman	Margaret Pashko	Allen Thomashefsky
Kara Keeling	Kent Patrick-Riley	William Thompson
Timothy Kelly	Fred Perloff	Penny Thorpe
Barbara Klein	Mary Ann Perry	Judy Ticehurst
Joanne Kliejunas	Susanne Petermann	Sarah Tisch
John Kloetzel	Janet Pinneau	Noriko Toyokawa
Susan Koenig	Carmen Portnoy	Mark Axel Tveskov
Urban Kohler	John Pratt	Mary Twomey
Cathy Kreisman	Tom Pratum	John Tyler
Jeff LaLande	Cathy Prazenica	Kathy Uhtoff
Joan Lamont	Susan Kay Preslar	Lorraine Vail
Denise Landre	Ana Ramana	Sarah Vaile
John Lane	Nando Raynolds	Ginger van der Linden
Karla Langland	Miriam Reed	Rick Vann
Murphy Larson	Andrew Reilly	Mike Vergeer
Stephanie Lash	Allison Renwick	Karl Vischer
Sally Lau	Michael Reynolds	Barry Vitcov
Megan Laurenti	Ray Rhamey	Dustin Walcher
Judy LaVally	Michael Rhoades	Ellen Waldman
William Lawson	Shannon Rio	Meri Walker
Kristina Lefever	Jeff Roberts	Randall Walker
Victoria Leo	Dale Robinette	Toni Wallick
Peggy Leviton	Ean Roby	Lindsey Warwick
Marcus Levitt	Deborah Rosenberg	Derek Washington
MaryBeth Limpert	Kim Rosmaier	Bob Wetmore
Terry Limpert	Herbert Rothschild	Steve Weyer
Mitzi Loftus	Howard Jay Rubin	David Widup
Irv Lubliner	Jerry Rubin	Nancy Wilkinson
Connie Lyssand	Jeff Rucks	Dwight Wilson
Anne Magill	Grant Ruiz	Maureen Wilson-
Jane Maitland-Gholson	John Rumps	Jarrard
Martin Majkut	David Runkel	Daniel Wise
Scott Malbourn	Asadour Santourian	Shannon Wolff
Margaret Mallette	Barbara Schack	Kathleen Woods
Kelly Marcotulli	John Schuyler	Tom Woosnam
Robin Martin	William Scott	Jerry Wujek
Betsy Massie	Jeffrey Seideman	Shelly Wujek
Deb Matson	Barb Settles	Eve Wurtele
Kevin McCarthy	Philip Settles	Jeff Wyatt
Jan McCoy	Jay Sherwin	Irene Young
William McDonald	Lisa Shinohara	Deb Yturralde
Sean McEnroe	Morgan Silbaugh	Alice Yucht
Robin McKenzie	Laura Simonds	Elisabeth Zinser
Robbi McMinimy	Richard Simonds	

With so many volunteers and the variety of ways that you contribute to OLLI, we may have inadvertently omitted some names. If your name is missing, please accept our sincere apologies for the oversight, and contact Program Specialist Megan Rutherford at olli@sou.edu or 541-552-6583 so we can correct the error. Thank you for your understanding.

Membership Form

Membership:
☐ new member
☐ renewing member

Member Information

First name	Middle initial	Last name
Date of birth	Day phone	Cell phone
Street address		<input type="checkbox"/> This is a change of address
City	State	Zip
Email address		<input type="checkbox"/> This is a change of email
Emergency contact		Phone
Relationship to member		<input type="checkbox"/> I want to opt out of receiving a print catalog

Volunteering

- ☐ I might be interested in volunteering! Please have the Program Specialist contact me.
☐ I am already volunteering and satisfied with my role.
☐ I just want to take classes for now.

One Credit Program – I am 65+, have been an Oregon resident for at least 12 months, and want to participate in the one credit program to help SOU get additional funding.

☐ Yes ☐ No

Payment and Donation Options

The OLLI at SOU membership fee is nonrefundable.

The membership fee may be combined with a donation. Checks and credit cards are accepted.
Please contact the OLLI office for information about membership fee financial assistance.

Annual membership payment @ \$150 per person: \$ _____

I want to support the OLLI at SOU annual fund with my tax-deductible gift of: \$ _____

☐ Please keep my gift anonymous

Total payment amount (membership fee + annual fund donation): \$ _____
(TOTAL)

To pay by check: Make check payable to "OLLI at SOU".

OLLI is an affiliate of the SOU Foundation. OLLI's federal tax I.D. number is 23-7030910.

To pay by credit card: ☐ VISA ☐ MasterCard

Card number: _____

Expiration date: _____ / _____ **3- or 4-digit security number on back of card:** _____

Signature: _____

Note: You may pay by credit card over the phone at 541-552-6048. Mailing address: 1250 Siskiyou Blvd, Ashland, OR 97520. Street address: 655 Frances Lane, Ashland.

Please turn the page for the Course Request Form.

Course Request Form

Registration Tip

The online catalog at sou.edu/olli has the most up-to-date registration information and is the fastest way to register. Please allow up to three business days for paper request forms to be processed.

Name	Phone
Email	<input type="checkbox"/> This is a change of email

Priority Registration

This phase of registration increases your chances of getting the course(s) you want (but is no guarantee). Enter requests in preferred order below. Results are emailed to members.

Note: Please ensure that the course number has the correct letter at the end for an in-person class.
A = Ashland, M = Medford – for example, PERS310A. No letter at the end = online course – for example, SOC130.

Choice	Course Number	Course Title
1		
2		
3		

Open Registration

During Open Registration, you may register for any course(s) that have space until they are closed to registration. Enter in any order above. If a course is full, you will be added to the waitlist. Please use a separate form for each member.

If you are unable to register online, please complete this form and return it one of two ways:

by mail

OLLI at SOU
1250 Siskiyou Blvd.
Ashland, OR 97520

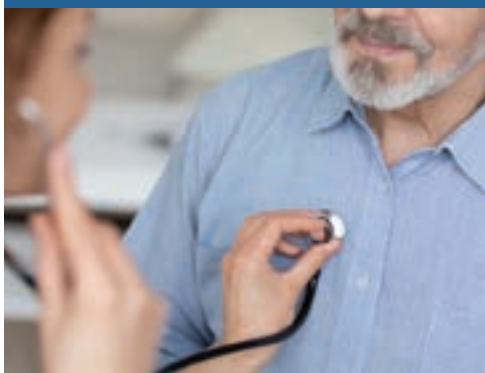
in person

SOU Campbell Center
655 Frances Lane
Ashland, Oregon

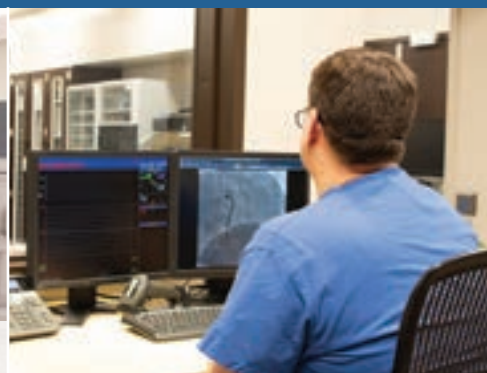


Expanding services for our community

The next phase of our cardiac expansion is underway at Rogue Regional Medical Center.



Rendering of a future cath lab.



Access to award-winning cardiac care didn't just happen. It's been built, supported and sustained by people like you—our community.

Since the first cardiac surgery in 1973, our teams have helped neighbors, families and friends live healthier, fuller lives. Now, with your continued support, we're expanding access to advanced, lifesaving care.



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we've built
together—
and help us go
even further.*

asanteforward**2030**
transforming the health of our community



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or call
541-552-6048

**Free OLLI
Open House**

**August 6
1–4 p.m.**

Register:
sou.edu/olli



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Come for the classes ... Stay for the connections